

Dual Degree Program in Recreational Therapy B.S. and M.S.

The field of recreational therapy is moving towards a master's level entry (much like physical therapy, occupational therapy, and speech-language pathology recently have). The creation of a dual degree program will provide students with a more efficient path towards completion of their master's degree. This dual degree program will allow students to complete a bachelor's and a master's degree (+1) in less time in the recreational therapy program and to be eligible to become a Certified Therapeutic Recreation Specialist™.

Major requirements

Admission to the program

To be considered for admission to the dual degree program, the student must:

1. Be a current recreational therapy student who has been accepted into the program and has completed at least 75 undergraduate credits.
2. Have completed or is concurrently taking RTH 229, RTH 319, RTH 352, PSY 204, ESS 205 (or BIO 312).
3. Have a minimum cumulative UWL GPA of 3.2 to apply.

Further selection is based on the following criteria:

- Cumulative UWL GPA
- Pre-professional experience
- 250 word essay explaining why the applicant wants to pursue a degree in recreational therapy

Graduation requirements

Bachelor of Science

- All courses required in the Recreational Therapy Program during the undergraduate portion of the dual degree program must be passed with a minimum grade of "C" or better with a GPA of 2.5 or better on a scale of 4.0.
- All program and university requirements must be met (120 credits total).

Master of Science

- A total of at least 30 credits of graduate level courses that must be completed with a "B" or better (3.0/4.0) in each course. This includes the courses taken during the undergraduate period: RTH 556, RTH 570, and RTH 592. These credits will count towards both the undergraduate and graduate degrees.
- A cumulative GPA of 3.0/4.0 scale in all graduate courses is required for graduation from graduate school.

Curriculum

(College of Science and Health)

86-87 credits, excluding general education credits

Code	Title	Credits
General education courses		
Select one of the following:		4
BIO 100	Biology for the Informed Citizen	
BIO 105	General Biology	
MIC 100	Microbes and Society	
PSY 100	General Psychology	3
Total Credits		7
Code	Title	Credits
Interdisciplinary requirements		
PSY 204	Abnormal Psychology	3
PSY 212	Lifespan Development	3
ESS 205	Human Anatomy and Physiology for Exercise Science I	3
	or BIO 312 Human Anatomy and Physiology I	
Professional core requirements		
REC 150	Leisure, Quality of Life, and Well Being	3
RTH 229	Diagnostic Groups in Recreational Therapy	3
RTH 250	Introduction to Recreational Therapy	3
RTH 319	Recreational Therapy Management and Special Event Planning	3
RTH 352	Modality Preceptorship in Recreational Therapy I	3
RTH 355	Medical Language and Digital Competencies for Allied Health Professionals	3
RTH 376	Assessment and Treatment Planning in Recreational Therapy	3
RTH 452	Modality Preceptorship in Recreational Therapy II	3
RTH 493	Advancing the Recreational Therapy Profession	3
RTH 494	Research Methods and Program Evaluation in Recreational Therapy	3
RTH 496	Fieldwork Preparation in Recreational Therapy	3
RTH 498	Internship in Recreational Therapy	12
Elective courses		
Select a minimum of two credits from the elective list.		2-3
RTH 333	Therapeutic Recreation and Corrections	
RTH 412	Animal Assisted Therapy	
RTH 414	Recreational Therapy and Adaptive Sports	
RTH 416	Recreational Therapy for Youth and Adolescents	
RTH 420	Nature and Forest Therapy	
RTH 430	Recreational Therapy and Mental Health	
RTH 432	Recreational Therapy for Physical Disabilities	
RTH 445	Recreational Therapy for Older Adults	
RTH 491	Workshop in Recreational Therapy	
RTH 495	Independent Study in Recreational Therapy	
RTH 497	Special Projects in Recreational Therapy	
Courses taken after admission to dual degree program: ^{1,2}		
RTH 556	Program Design and Administration of Recreational Therapy	3
RTH 570	Recreational Therapy Processes and Facilitation Techniques	3
RTH 592	Clinical Education Experience in Recreational Therapy	3
Required courses taken after admission to graduate program:		
RTH 701	Philosophical Foundations of Leisure, Play and Recreation	3

RTH 720	Research Methods for Recreation, Parks, and Leisure	3
RTH 730	Advanced Clinical Aspects in Recreational Therapy	3
RTH 740	Evidence-Based Practice in Recreational Therapy	3
RTH 750	Authentic Leadership and Clinical Supervision in Recreational Therapy	3
REC 761	Graduate Project in Recreation	3
Elective ³		3
Total Credits		86-87

¹ Typically, RTH 556 and RTH 570 are taken concurrently in a student's second to last semester on campus, and RTH 592 is taken in a student's last semester on campus. These nine credits apply to both the undergraduate and graduate degrees.

² Students must have special non-degree graduate student status before registering for their graduate courses.

³ The elective course will be determined jointly by the student and the program director.

Internship in senior year:

RTH 498 Internship in Recreational Therapy will be taken for 12 credits while the student is an undergraduate. To be admitted to RTH 498, students must achieve a 2.5 cumulative and major GPA and have successfully completed all program course work. The internship will be in either the Spring or Summer term of the student's senior year.

After RTH 498 Internship in Recreational Therapy is completed, the student will graduate with their Bachelor of Science with a major in recreational therapy.

Master of Science curriculum

- **Fall semester:** RTH 701, RTH 740, RTH 750
- **Spring semester:** RTH 730, RTH 720, three credit elective
- **Summer or Fall 2:** graduate capstone (three credits)

Total for M.S. = 30 credits, including the nine credits of graduate courses (RTH 556, RTH 592, and RTH 570) taken during the undergraduate years

For complete details regarding application procedures, contact the Recreational Therapy Program Director in the Department of Recreation Management and Therapeutic Recreation.

Degree requirements

All students must complete the general education, college core (waived for therapeutic recreation majors), major/minor, and university degree requirements in order to qualify for a degree. The easiest way to track all of these requirements is to refer to the Advisement Report (AR) found in the Student Information System (WINGS) Student Center. All enrolled students have access to the AR.

- General education (<http://catalog.uwlax.edu/undergraduate/generaleducation/>)
- Baccalaureate degree requirements (p. 2)

Baccalaureate degree requirements

Candidates for the Bachelor of Arts or the Bachelor of Science degrees must accomplish the following:

1. Fulfill the general education requirements.
2. Complete at least one ethnic studies (diversity) course.
3. Complete the courses prescribed by the Undergraduate Curriculum Committee for the degree desired in the respective school or college.
4. Earn a minimum of 120 semester credits with at least a 2.00 cumulative GPA.^{1, 2}
5. At least 40 credits must be earned in 300/400 level courses. Transfer courses earned or transferred at the 300/400 level apply to this requirement.
6. Complete major and minor requirements with at least a 2.00 GPA^{1, 2} in each major and minor (and concentration or emphasis, if selected).
7. A minimum of 30 semester credits in residence at UWL is required for graduation. (See undergraduate resident requirement (<http://catalog.uwlax.edu/undergraduate/academicpolicies/graduation/#undergraduate-residence-requirement>)).
8. Submit an application for graduation via the "Apply for Graduation" link in the WINGS Student Center as soon as the student has registered for his or her final semester or summer term in residence. December and winter intersession graduates should apply by May 1. May and summer graduates should apply by December 1.

¹ Grade point average requirements for some programs will be considerably higher than 2.00. Re-entering students may be required to earn credits in excess of the 120 needed for graduation in any curriculum in order to replace credits earned in courses in which the content has changed substantially in recent years. Each case will be judged on its own merit.

² The grade point average recorded at the time the degree is awarded will not be affected by future enrollment.

No degree will be awarded unless all requirements are fulfilled and recorded within 30 days after the official ending date of each term.

Sample degree plan

Below is a sample degree plan that can be used as a guide to identify courses required to fulfill the major and other requirements needed for degree completion. A student's actual degree plan may differ depending on the course of study selected (second major, minor, etc.). Also, this sample plan assumes readiness for each course and/or major plan, and some courses may not be offered every term. Review the course descriptions or the class timetable (<http://www.uwlax.edu/Records/registration/>) for course offering information.

The sample degree plans represented in this catalog are intended for first-year students entering UWL in the fall term. Students should use the Advisement Report (AR) in WINGS (<https://wings.uwlax.edu>) and work closely with their faculty advisor(s) and college dean's office to ensure declaration and completion of all requirements in a timely manner.

General Education Program

The general education curriculum (Gen Ed) is the common educational experience for all undergraduates at UWL. Sample degree plans include Gen Ed placeholders to ensure completion of the general education requirements. Courses may be rearranged to fit the needs or recommendations of the student's program of study. Gen Ed courses may be taken during winter term (January between the semesters) and summer to reduce the course load during regular terms (fall and spring). Students should consult with their advisor and/or the college academic services director in their college/school for assistance with course and schedule planning. Refer to the general education requirements (<http://>

catalog.uwlax.edu/undergraduate/generaleducation/) for more specific details.

At least 40 credits of the 120 credits required must be earned at the 300/400-level.

Note: New students and transfer students with 15 or fewer credits earned are required to take FYS 100 First-Year Seminar (3 cr.) during one of their first two semesters at UWL.

This sample degree plan does not establish a contractual agreement. It identifies the minimum requirements a student must successfully complete, to qualify for a degree, in a format intended to assist the student in planning their academic career. Actual degree plans may differ.

This major is exempt from the CSH College Core requirement.

Year 1		
Fall	Credits Spring	Credits
REC 150 (Gen Ed Health & Well-Being)	3 CST 110 (Gen Ed Literacy-Oral)	3
ENG 110 or 112 (Gen Ed Literacy-Written)	3 PSY 212	3
PSY 100 (Gen Ed Self & Society)	3 ESS 205	3
BIO 100, 105, or MIC 100 (Gen Ed Natural Lab Science)	4 Gen Ed Arts	2-3
FYS 100 (Gen Ed First-Year Seminar)	3 Gen Ed Math	3
	16	15
Year 2		
Fall	Credits Spring	Credits
RTH 250	3 RTH 319	3
RTH 229	3 RTH 355	3
PSY 204	3 Gen Ed Math/ Language/Logical Systems	3-4
Gen Ed Arts	2-3 University Elective	1
Gen Ed Minority Cultures	3 Gen Ed Humanistic Studies	3
University Elective	2 Gen Ed World History	3
	16	16
Year 3		
Fall	Credits Spring	Credits
University Elective	3 RTH 570	3
RTH 376	3 RTH 452	3
RTH 352	3 RTH 556	3
Gen Ed Global Studies	3 RTH 496	3
University Elective	3 University Elective	3
Apply to RT Dual Degree Program ²		
Apply for "special non-degree graduate student status" for spring semester		
	15	15

Year 4			
Fall	Credits Spring	Credits	
RTH 493	3 RTH 498	12-16	
RTH 494	3		
RTH 592	3		
RTH Elective	3		
University Elective	3		
Apply for "full graduate status" for next fall			
	15	12	
Additional year			
Fall	Credits Spring	Credits Summer	Credits
RTH 701	3 RTH 720	3 REC 761	3
RTH 740	3 RTH 730	3	
RTH 750	3 RTH Elective	3	
	9	9	3
Total Credits: 141			

¹ PSY 212 Lifespan Development, PSY 204 Abnormal Psychology, and ESS 205/BIO 312 Human Anatomy and Physiology I fulfill, in part, criteria for becoming a Certified Therapeutic Recreation Specialist (CTRS). For any PSY 212, PSY 204, or ESS 205/BIO 312 course substitutes/transfers, students are advised to verify satisfactory content with the National Council for Therapeutic Recreation Certifications (NCTRC). See the Therapeutic Recreation Program Director for more information.

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