

# Health Coaching Certificate

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(All colleges, open only to degree-seeking UWL students.)

12 Credits

| Code          | Title                                          | Credits |
|---------------|------------------------------------------------|---------|
| CHE 345       | Issues in Mental and Emotional Health          | 3       |
| CHE 370       | Motivational Interviewing for Health Educators | 3       |
| CHE 405       | Physical Activity and Public Health            | 3       |
| CHE 474       | Nutrition Education                            | 3       |
| Total Credits |                                                | 12      |

Students must earn a minimum 2.0 cumulative GPA in the certificate's coursework.