

Recreation Management and Recreational Therapy Department (REC/RTH/MIND)

College of Science and Health
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www.uwlax.edu/academics/department/recreation-management-and-recreational-therapy (<https://www.uwlax.edu/academics/department/recreation-management-and-recreational-therapy/>)

Outdoor, Recreation, Tourism and Event Management Program (ORTEM)

The Outdoor, Recreation, Tourism and Event Management Program at UW-La Crosse is the only nationally accredited recreation management program in the Universities of Wisconsin. The mission of the program is to train students in the skills of the recreation and tourism professions and instill an appreciation of the vital role of leisure in people's lives. An experiential approach to our teaching makes students uniquely competitive in job market and provides an excellent transition into the professions.

The program serves students interested in a wide range of professional recreation careers. Four emphasis areas (tourism and event management, community-based recreation, outdoor recreation, and generalist) provide the opportunity to create a personalized program of study. Graduates of the outdoor, recreation, tourism and event management program find employment in government agencies, YMCAs, Boys and Girls Clubs, camps, environmental education, military bases, tourism enterprises including resorts, and other for-profit recreation organizations ranging from adventure operations to tourism service providers.

Recreational Therapy Program (RTH)

The Recreational Therapy Program at UW-La Crosse prepares majors eligible to become Certified Therapeutic Recreation Specialists (CTRS) who improve functioning, facilitate leisure education, and promote inclusive recreation participation for people of all abilities and their families and caregivers. We advocate a strengths-approach to helping people reach dreams and goals for healthy functioning, well-being, and satisfying leisure. This health and human service profession is designated as "recreational therapy" in the Bureau of Labor Statistics' *Occupational Outlook Handbook*.

Students learn to assess, plan, implement, evaluate, and document recreational therapy programs using recreation interventions such as physical activity, expressive arts, horticulture, games, music, animal-assisted therapy, nature-based activities, adventure, stress management, and play. These goal-directed programs help vulnerable individuals and groups with disabling conditions, and acute and chronic health conditions to learn, adapt, and grow through engaging in meaningful recreation and leisure pursuits.

Recreation Management & Recreational Therapy Department programs transfer policy

Students transferring into the outdoor, recreation, tourism and event management major must have a cumulative GPA of 2.00 or higher at the time of transfer. Students transferring into recreational therapy must have a cumulative GPA of 2.50 or higher at the time of transfer.

General education writing emphasis

This department incorporates a significant amount of writing through the required courses instead of identifying particular courses as writing emphasis courses. Students who complete a major in this department will fulfill the general education writing emphasis requirement (<http://catalog.uwlax.edu/undergraduate/genealeducation/#genealeducationrequirementstext>).

2024-25 Faculty/Staff

The following is the department's faculty and staff as of the publication date of this catalog. This list will not be updated again until the next catalog is published in July.

Professor

Laurie Harmon, Ph.D., Department Chair

Kate Evans, Ph.D.

Associate Professor

Namyun Kil, Ph.D.

Brian Kumm-Schaley, Ph.D.

Dan Plunkett, Ph.D.

Assistant Professor

W. Thomas Means, Ph.D.

Jennifer Taylor, Ph.D.

Associate Teaching Professor

Tara DeLong, M.S.

Lisa Savarese, M.S.

Assistant Teaching Professor

Jon Evans, M.S.

Lindsey Kirschbaum, M.S.

Administrative Support

Janet Craig

Majors

- Outdoor, recreation, tourism and event management major: community-based recreation emphasis - BS (<http://>)

catalog.uwlax.edu/undergraduate/recreationmanagement/outdoor-recreation-tourism-event-management-community-based-bs/)

- Outdoor, recreation, tourism and event management major: generalist emphasis - BS (<http://catalog.uwlax.edu/undergraduate/recreationmanagement/outdoor-recreation-tourism-event-management-generalist-bs/>)
- Outdoor, recreation, tourism and event management major: outdoor recreation emphasis - BS (<http://catalog.uwlax.edu/undergraduate/recreationmanagement/outdoor-recreation-tourism-event-management-outdoor-recreation-bs/>)
- Outdoor, recreation, tourism and event management major: tourism and event management emphasis - BS (<http://catalog.uwlax.edu/undergraduate/recreationmanagement/outdoor-recreation-tourism-event-management-tourism-and-event-management-bs/>)
- Recreational therapy major - BS (<http://catalog.uwlax.edu/undergraduate/recreationmanagement/recreationaltherapymajor/>)

Dual degree programs

- Dual degree in outdoor, recreation, tourism and event management: community-based recreation BS and recreation management MS (<http://catalog.uwlax.edu/undergraduate/recreationmanagement/dual-degree-community-based-rec-bs-recreation-management-ms/>)
- Dual degree in outdoor, recreation, tourism and event management: generalist BS and recreation management MS (<http://catalog.uwlax.edu/undergraduate/recreationmanagement/dual-degree-generalist-bs-recreation-management-ms/>)
- Dual degree in outdoor, recreation, tourism and event management: outdoor recreation BS and recreation management MS (<http://catalog.uwlax.edu/undergraduate/recreationmanagement/dual-degree-outdoor-rec-bs-recreation-management-ms/>)
- Dual degree in outdoor, recreation, tourism and event management: tourism and event management BS and recreation management MS (<http://catalog.uwlax.edu/undergraduate/recreationmanagement/dual-degree-tourism-event-management-bs-recreation-management-ms/>)
- Dual degree in recreational therapy BS and MS (<http://catalog.uwlax.edu/undergraduate/recreationmanagement/dual-degree-recreational-therapy-bs-ms/>)

Minors

- Inclusive recreation minor (<http://catalog.uwlax.edu/undergraduate/recreationmanagement/inclusiverecreationminor/>)
- Outdoor and recreation management minor (<http://catalog.uwlax.edu/undergraduate/recreationmanagement/outdoorandrecreationmanagementminor/>)
- Outdoor and recreation management minor for recreational therapy majors (<http://catalog.uwlax.edu/undergraduate/recreationmanagement/outdoorandrecreationmanagementminorforrecreationaltherapy/>)
- Tourism and event management minor (<http://catalog.uwlax.edu/undergraduate/recreationmanagement/tourismandeventmanagementminor/>)

Minor-to-master's pathways

- Outdoor and recreation management minor to recreation management MS pathway (<http://catalog.uwlax.edu/undergraduate/recreationmanagement/outdoorandrecreationmanagementminor-to-mastersrecreationmanagementpathway/>)

- Outdoor and recreation management minor to recreation management MS pathway for recreational therapy majors (<http://catalog.uwlax.edu/undergraduate/recreationmanagement/outdoorandrecreationmanagementminor-to-mastersrecreationmanagementpathwayforrecreationaltherapy/>)
- Tourism and event management minor to recreation management MS pathway (<http://catalog.uwlax.edu/undergraduate/recreationmanagement/tourismandeventmanagementminor-to-mastersrecreationmanagementpathway/>)

Mindfulness Courses

+MIND 110 Cr.3

Introduction to Mindfulness

This course introduces students to key components of mindfulness and contemplative literature, history, and practices. Students will explore multiple perspectives informed by the sciences and humanities. Emphasizing the benefits of mindfulness practices at both individual and interpersonal levels, this course is experience-based and centers around developing the practical skills of meditation and awareness. Participants are expected to engage in a personal practice that is relevant and meaningful to their academic, personal, and/or career goals. Ultimately, this course will facilitate expanded self-awareness, enhanced social connectivity, and purposeful engagement in students' studies, lives, and future careers. Offered Fall, Spring.

Recreation Management Courses

+REC 150 Cr.3

Leisure, Quality of Life, and Well Being

This course will focus on the knowledge and skills necessary for integrating the major elements of well-being (physical, emotional, spiritual, environmental, intellectual, social, and occupational) through the lens of a leisure perspective into a balanced and fulfilling lifestyle throughout one's lifespan. Course content will include theories and methods related to leisure as the foundation for enhancing overall wellness, building coping strategies, and negotiating a balanced, fulfilling life. Additionally, this course will explore philosophical and historical aspects of leisure and recreation. Offered Fall, Spring, Summer.

REC 201 Cr.3

Introduction to Outdoor Skills & Leadership

In this course, students gain knowledge about the history and philosophy of outdoor leadership. The foundational elements related to outdoor recreation leadership is explored through learning technical skills and facilitation techniques. Students also learn about the interrelationship between leisure behavior and the natural environment; administrative functions such as staffing, risk management, and transportation; and trip planning for outdoor settings. Prerequisite: REC 150. Offered Fall - Even Numbered Years.

REC 204 Cr.3

Introduction to Outdoor Education

This course introduces students to the regional ecology and engages them with specific ecological niches, e.g. wetland, forest, prairie and riverine, which frequently serve as outdoor recreation contexts. Students learn about regional native and non-native plants, fauna, and associated natural history while developing ecological observational and recording skills for the purpose of applying this information to outdoor recreation and education programming. Offered Fall - Odd Numbered Years.

REC 215 Cr.3

Introduction to Community Recreation

This course provides an overview of community-based recreation including municipal and non-profit recreation agencies. The course will focus on the histories, functions, and unique roles recreation holds for diverse communities. Offered Spring.

REC 301 Cr.3

Introduction to Recreation Programming and Event Management

This course provides practical knowledge and experiences on the essential elements and design concepts of recreation programming and event planning. Emphasis is placed on student involvement in planning, directing, and evaluating programs that enhance well-being for diverse populations in a variety of physical settings. Offered Fall, Spring.

REC 304 Cr.3

Maintenance of Recreation Facilities

An introduction to the maintenance of recreation facilities, parks, and outdoor recreation areas. Offered Occasionally.

REC 305 Cr.2

Operation and Management of Swimming Pools and Spas

This course explores the efficient operation and management of swimming pools, spas, and other aquatic facilities, including the promotion of attractive aquatic programs. Prerequisite: junior standing; REC major/minor or ESS-sport management major. Offered Occasionally.

REC 306 Cr.3

NatureRx: Environmental Ethics and Behaviors in Recreation and Tourism

This course provides an overview of the natural resources used for outdoor recreational pursuits and nature-based tourism. Students analyze leisure, recreation, and tourism activities dependent on natural resources, present issues associated with recreational land use, and develop environmental awareness and a personal environmental ethic. Offered Fall, Spring.

REC 310 Cr.3

Youth Development in the Recreation Profession

This course provides an overview of the theories and processes that form the foundation for youth services in the field of recreation in the United States. The course explores the history of youth development with an acute focus on the theories and practices necessary for implementing strategic and effective youth development recreation programs. Offered Fall.

REC 317 Cr.3

Experiential Facilitation in Recreation

This course provides students with an overview of techniques necessary for effective facilitation of recreation and leisure experiences. Students learn and apply techniques related to program leadership, understanding and managing group dynamics, and processing and debriefing experiences. Prerequisite: REC 301 or concurrent enrollment. Offered Fall, Spring.

REC 320 Cr.3

Introduction to Tourism

This course provides an introduction to tourism through the examination of tourism as a system of interconnected parts. The topics include the history of tourism, destination mix, tourist motivation and behavior, destination marketing, and destination management. It explores the role of natural and built environments in creating tourism, economic implications for travelers and local communities, and social and cultural connections. Students gain an understanding of event and non-event based tourism. Offered Spring.

REC 325 Cr.3

Leisure in a Diverse Society

This course explores the increasingly diversified nature of society and its impact on individuals' experiences of leisure. A focus is placed on the experiences of members of minority populations including issues related to race, gender, sexual orientation, gender identity, religion, social status, age, and disability. Students are introduced to factors that influence the experience of leisure and leisure service delivery. Offered Spring.

REC 330 Cr.3

Principles of Recreational Land Management

Students explore the interactions between natural resources and users specific to facilitating outdoor recreation. Students learn to assess natural resources of regional public lands using carrying capacity, limits of acceptable change, or other relevant land management frameworks. Methods for monitoring recreational impacts and approaches to managing resource quality and recreational opportunities are addressed. Offered Spring - Odd Numbered Years.

REC 335 Cr.3

Environmental Interpretation

Based on experiential education and interpretive principles, students learn methods and materials for effectively teaching environmental concepts in schools, communities, nature centers, camps, and parks. Students also explore history, theory, philosophy, and goals of environmental interpretation programs. Offered Spring - Even Numbered Years.

REC 340 Cr.3

Evaluation Methods and Practices

This course is designed to provide students with foundational skills necessary to evaluate existing recreation, tourism, and leisure research. Students develop relevant and appropriate evaluations of such services and apply these techniques in practice. Students are exposed to both qualitative and quantitative evaluation approaches. Offered Fall, Spring.

REC 345 Cr.3

Ecotourism

Students will examine theories, policies and practices specific to nature-based tourism. We will consider both the tourist and host community perspectives as we explore opportunities and constraints related to ecotourism development including social, environmental and economic outcomes. Offered Occasionally.

REC 350 Cr.3

Experience Design, Promotion, and Communication

This course introduces students to the experience design process. A focus of the course is placed on how to promote services offered to both customers and supporting stakeholders with the overall experience in mind. Students learn how to create engaging content and enhance communication during all phases of an experience. Offered Fall, Spring.

REC 351 Cr.3

Civic Engagement in the Recreation Profession

Recreation professionals need to be leaders in their communities and advocates for quality recreation and leisure. This course explores the recreation profession's role in civic engagement and identifies ways the general citizenry can be brought into public discussion on issues about recreation programs and facilities. Prerequisite: REC 340; REC major/minor; junior standing. Offered Occasionally.

REC 360/505 Cr.3

Sustainable Tourism

This course explores the role of sustainability in tourism. Students learn about tourism planning and development from a sustainability perspective. The course covers factors that influence tourism sustainability and strategies tourism organizations can utilize to become more sustainable. The course content is covered in one of a variety of contexts, including a broad focus on sustainable tourism, through a focus on Wisconsin freshwater-based sustainable tourism, or in an international setting. Offered Spring.

REC 375 Cr.1-3

Workshop in Recreation Management

This is a group study of various recreation, leisure, or tourism topics. University professors and/or visiting lecturers will conduct the workshops. Repeatable for credit under different subtitles. Repeatable for credit - maximum 6. May require field trip. Prerequisite: REC or RTH major/minor. No student may earn more than six credits in REC 375, RTH 490, REC 491, and RTH 491. Offered Occasionally.

REC 390 Cr.3

Principles of Management in Recreation

Study of theories and techniques in leadership, group dynamics, and personnel management as they relate to programming and staff supervision in recreation agencies. Emphasis on personnel management techniques, including job analysis, recruitment, selection training, motivation, career development, and evaluation of paid staff and volunteers. Course includes issues common to full-time entry-level professional positions in recreation. Prerequisite: junior standing. Offered Fall, Spring.

REC 400/500 Cr.3

Parks, Recreation, and Tourism Facility Planning

This course is designed to equip the student with the basic knowledge necessary to understand and implement the planning process in the development of parks, recreation, and tourism facilities. Students learn about federal, state and local statutes, and other related documents. This course is taught largely at an undergraduate level. Graduate students have additional course requirements/expectations. Prerequisite: REC major/minor; junior standing. Offered Fall.

REC 402/502 Cr.3

Risk Management in Leisure Service Organizations

This course identifies the primary components of risk management and detail legal aspects of tort liability, waivers, and indemnification agreements in leisure service organizations. The course equips students with basic knowledge and skills necessary to appropriately manage legal liability and risk exposure associated within various professional leisure and recreation contexts. This course is taught largely at an undergraduate level. Graduate students have additional course requirements/expectations. Prerequisite: junior standing. Offered Fall, Spring.

REC 404/504 Cr.3

Budgeting in Recreation Services

Emphasis is placed on budget development, implementation and management decision-making within the recreation and park enterprise. This course introduces students to various contextual operational budgets within governmental and non-profit enterprises. This course is taught largely at an undergraduate level. Graduate students have additional course requirements/expectations. Prerequisite: REC major/minor; junior standing. Offered Fall.

REC 415/515 Cr.3

Camp Administration

This course provides an overview of the history of the camping movement and its evolution over time. In addition, the course provides foundational knowledge necessary to successfully operate a camp facility including administration, day-to-day operations, staffing, camp counseling, and program activities. This course is taught largely at an undergraduate level. Graduate students have additional course requirements/expectations. Prerequisite: junior standing. Offered Spring.

REC 420/520 Cr.3

Revenue Management in Recreation, Tourism, and Events

This course covers prices and pricing from both managerial and behavioral perspectives in recreation, tourism and event settings. While the managerial aspects of pricing include pricing policy/strategy and revenue management (defined as selling perishable service products to the right customer at the right time for the right price), the behavioral aspects include the psychology of pricing, price fairness, price perceptions, and willingness-to-pay for activities and experiences. This course is taught largely at an undergraduate level. Graduate students have additional course requirements/expectations. Prerequisite: junior standing. Offered Fall.

REC 440 Cr.1

Professional Wellness in Contemporary Leisure Services

A reflective practice and an ethic of care toward self and others is essential for recreation professionals to meet the diverse demands of contemporary leisure services effectively and successfully. This course allows students to explore personal and professional well-being, self-care, and reflective practice as they prepare to complete their program of study and begin their professional career. The course focuses on well-being and self-care from a variety of perspectives, and activities and practices in which students can develop reflective skills necessary for meaningful engagement with contemporary professional concerns while reducing stress and enhancing both short- and long-term well-being. Prerequisite: junior standing. Offered Fall, Spring.

REC 445/545 Cr.3

Advanced Event Planning and Management

This course advances students' understanding of the event planning and management profession. The course is intended to expose students to planning and management aspects in the areas of meetings, conventions, and other special events, while gaining an understanding of how special events impact tourism. Students further develop the professional skills necessary to plan, manage, and evaluate the success of a meeting, convention, or large-scale special event. This course is taught largely at an undergraduate level. Graduate students have additional course requirements/expectations. Prerequisite: REC 301 or RTH 456; junior standing. Offered Fall.

REC 449 Cr.1

Internship/Professional Preparation

In-depth coverage of the requirements for REC 450 internship and preparation of students for a smooth transition to the recreation management profession. Prerequisite: REC major; senior standing; and completion or concurrent enrollment in all remaining 300 and 400 level REC required courses except for REC 450. Consent of instructor. Offered Fall, Spring.

REC 450 Cr.12-16

Internship

Internship with a university approved recreation business or agency. An on-site practitioner and university faculty supervisor closely supervise the student's progress. The student experiences a smooth transition from university academics to the recreation management profession. Approved sites include public sector (e.g., parks and recreation agencies, public schools and universities); non-profit/private sector (e.g., voluntary and youth agencies, church organizations); and for-profit sector (e.g., fitness/sport centers, hospitality, tourism, and retail businesses). Prerequisite: REC 449; REC major; senior standing; 2.50 cum UWL GPA; all required REC courses completed. Offered Fall, Spring, Summer.

REC 481 Cr.1-3

Outdoor Pursuits

This course provides skill development and leadership techniques in outdoor recreation activities commonly associated with wilderness and roadless areas. Emphasis on backcountry ethics and safety will be stressed. A field trip will be required. Examples: backpacking, canoeing, bicycling, rock climbing, fishing, camping, and/or cross country skiing. Repeatable for credit - maximum six. Prerequisite: junior standing. Offered Occasionally.

REC 491/591 Cr.1-3

Workshops in Recreation and Parks

Group study of varying recreation and parks topics. University professors as well as visiting lecturers will be invited to address the students and conduct specialized phases of the workshops. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Repeatable for credit under different topics. Prerequisite: junior standing; REC or RTH major/minor. No student may earn more than six credits in REC 375, RTH 490, REC 491, and RTH 491. Offered Occasionally.

REC 495 Cr.1-3

Independent Study in Recreation

Individualized study of areas not available in existing courses. Repeatable for credit - maximum six. Prerequisite: junior standing; REC or RTH major/minor. Consent of instructor. Offered Fall, Spring.

REC 497 Cr.1-3

Special Projects in Recreation Management

Individualized study of areas not available in existing courses or independent study. Program Project: planning, implementation and evaluation of a project. These projects will be completed under the supervision and direction of a staff member with permission from the student's advisor within the department. Examples include Camp Placement Day, Riverfest, and Oktoberfest events. Repeatable for credit - maximum six. Prerequisite: RTH 493; junior standing; REC or RTH major/minor. Consent of student's advisor. Consent of department. Offered Fall, Spring.

REC 499 Cr.1-3

Seminar in Recreation

Intensive study of some specific area of interest in recreation. Repeatable for credit - maximum 3. Prerequisite: minimum 2.75 GPA; senior standing; REC or RTH major/minor. Offered Occasionally.

Recreational Therapy Courses

RTH 229 Cr.3

Diagnostic Groups in Recreational Therapy

This course provides an understanding of the International Classification of Function Disability and Health (ICF) from the World Health Organization (WHO) framework for classifying the consequences of disease into diagnostic groups. A broad working knowledge of a variety of diagnostic groups are examined, focusing on prevalence, etiology, diagnostic criteria, pathology and symptomatology, recommended course of treatment, and prognosis. Prerequisite: REC 150 or concurrent enrollment. Offered Fall, Spring.

RTH 250 Cr.3

Introduction to Recreational Therapy

The course introduces the history, service models, theory/philosophy, social implications, and potentials of recreational therapy practice. Basic skills of a recreational therapist are described and practiced. The need for, use of, and employment opportunities in recreational therapy are examined. Prerequisite: REC 150 or taken concurrently. Offered Fall, Spring.

RTH 252 Cr.3

Innovative Activities in Therapeutic Recreation

This course acquaints students who will work with persons with disabilities and special needs in therapeutic recreation settings with various recreation activities to enhance functional skills and foster meaningful recreation participation. Activity selection, analysis, planning, and modifications will be combined with various leadership styles. Prerequisite: REC 150, RTH 250. Offered Fall, Spring.

RTH 319 Cr.3

Recreational Therapy Management and Special Event Planning

This course provides students with the opportunity to develop the knowledge of the organization and delivery of health care and human services. Basic management competencies and ethical ramifications of recreational therapy services in various settings are applied throughout the course. In addition, modules provide key concepts integral to management including special event planning, safety and risk management, budgeting, volunteer management, marketing, and strategic planning. Prerequisite: REC 150, RTH 229, RTH 250. Offered Fall, Spring.

RTH 333 Cr.3

Therapeutic Recreation and Corrections

This course provides an overview of the use of leisure and recreation for individuals in correctional settings. The following topics are addressed: settings, psychiatric disorders, laws/juvenile codes, intervention strategies, activity adaptations, current trends and the criminal justice system. Functional improvement, leisure education and recreation participation are the focus of therapeutic recreation services. Prerequisite: RTH 250 or RTH 329; RTH major/minor or CYC minor. Offered Fall.

RTH 352 Cr.3

Modality Preceptorship in Recreational Therapy I

This course facilitates experiential learning environments for recreational therapy students consisting of preceptor-supervised experiences in health care and community-based agencies. Students acquire specific modality/skills and facilitation techniques used as treatment interventions in recreational therapy practice. Components of the recreational therapy process, that includes but is not limited to, activity selection, activity analysis, activity planning, and activity modifications will be utilized within an experiential learning environment. Prerequisite: REC 150, RTH 229, RTH 250. Offered Fall, Spring.

RTH 355 Cr.3

Medical Language and Digital Competencies for Allied Health Professionals

This course provides an introduction to medical terminology with emphasis on prefixes and suffixes, word roots, and combining forms through the various health systems. Basic computer/tablet/mobile app skills for managing information and data are applied through a series of learning experiences. This course also introduces digital health concepts and definitions in this emerging field. Key topics include overviews and application of Learning Health Systems and Electronic Health Records. Supportive course modules explore basic pharmacology, utilizing assessment databases, telehealth, and electronic reference management systems to enhance digital literacy. Prerequisite: REC 150 or concurrent enrollment; RTH 250 or concurrent enrollment; or ESS pre-professional major and sophomore standing. Offered Fall, Spring.

RTH 376 Cr.3

Assessment and Treatment Planning in Recreational Therapy

This course provides students with the knowledge and skills to develop competence to individually screen, assess and systematically collect comprehensive and accurate data about patients/clients in an efficient and effective manner and to analyze the data collected to determine the course of action subsequent to an individualized treatment/program plan. Skills are developed in the areas of selecting and designing assessments, interviewing clients, observing behaviors and documenting assessment results. Prerequisite: REC 150, RTH 229, RTH 250. Offered Fall, Spring.

RTH 412/512 Cr.3

Animal Assisted Therapy

This course demonstrates how to safely and ethically integrate animals into a variety of therapeutic settings while creating mutually beneficial relationships with animals and the environment. Differences between Animal Assisted therapy (AAT), Animal Assisted Activities (AAA), and certified Service Dogs are explored. A focus on the effects of Animal Assisted Therapy (AAT) as a recreational therapy intervention to address agitated behaviors and social interactions are learned through research, practitioners, and observations. Site visitations may include long-term health care facilities, specific animal use in physical medicine and rehabilitation facilities, equine-assisted psychotherapy, literacy programs in libraries, and/or agencies serving veterans with polytrauma. AAT, AAA, and Service Dog skills are applied through a series of learning experiences during this interactive course. This course includes direct contact with a trained Service Dog. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 319, RTH 352, RTH 376; junior standing. Offered Occasionally.

RTH 414/514 Cr.3

Recreational Therapy and Adaptive Sports

This course introduces recreational therapists' use of adaptive sports, recreation, and leisure activities for individuals with disabilities to meet treatment goals and improve quality of life. Emphasis is given to the history and rules of a variety of sports, and possible settings where these take place. The examination of each sport includes a focus on its connection to the recreational therapy profession and professional processes used in the field. Hands on experience with a variety of sports are included. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 319, RTH 352, RTH 376; RTH major; junior standing. Offered Occasionally.

RTH 416 Cr.3

Recreational Therapy for Youth and Adolescents

This class is designed to provide students with information relating to recreational therapy services for youth and adolescents with and without disabilities. Programming consideration will include treatment concerns, community inclusion, and leisure activities. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 319, RTH 352, RTH 376; RTH major; junior standing. Offered Occasionally.

RTH 420 Cr.3

Nature and Forest Therapy

This course is designed to provide students with specialized sessions relating to nature-based therapy knowledge and application in outdoor leisure and recreational therapy settings from international and domestic perspectives. The course provides special emphases on general nature-based therapy concepts and benefits, planning for nature-based therapy walks with various clients with and/or without special needs, the process of implementing nature-based therapy walks, actualizing mindfulness in nature, nature connection, relevant environmental literature (e.g., outdoor therapies related to trauma or depression), interactions between humans and environments, medicinal plants, and practice doing therapeutic walks. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 319, RTH 352, RTH 376; junior standing. Offered Occasionally.

RTH 430/530 Cr.3

Recreational Therapy and Mental Health

This course is designed to provide students with information regarding therapeutic recreation services to persons with mental illness, and substance abuse disorders, or individuals served in behavioral health treatment facilities. Course emphasizes mental health recovery, activities to facilitate change in different behavioral domains, therapeutic interventions for adults and children, treatment settings and services, and trends in recreation therapy program delivery. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: PSY 204, RTH 319, RTH 352; RTH major/minor or CYC minor; junior standing. Offered Occasionally.

RTH 432/532 Cr.3

Recreational Therapy for Physical Disabilities

This course is designed to provide students with information relating to recreational therapy services for individuals with physical disabilities. Programming considerations include treatment concerns, community inclusion, wheelchair sports and leisure activities. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 319, RTH 352, RTH 376; RTH major/minor; junior standing. Offered Occasionally.

RTH 434/534 Cr.3

Recreational Therapy for Individuals with Intellectual and Developmental Disabilities

This course introduces students to recreational therapy interventions and facilitation techniques commonly used by professionals who work with individuals who have intellectual and developmental disabilities. The course emphasizes behavioral and developmental approaches to working with this population and address the social and sensory needs of this population within a leisure context. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 319, RTH 352, RTH 376; RTH major/minor; junior standing. Offered Occasionally.

RTH 445/545 Cr.3

Recreational Therapy for Older Adults

This course teaches students to facilitate psychosocial intervention to address needs, strategies, techniques, and approaches for older adults with chronic health conditions through health promotion and leisure activities. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 319, RTH 352, RTH 376; junior standing. Offered Occasionally.

RTH 452 Cr.3

Modality Preceptorship in Recreational Therapy II

This course facilitates experiential learning environments for recreational therapy students consisting of preceptor-supervised experiences in health care and community-based agencies. Students acquire specific modality/skills and facilitation techniques used as treatment interventions in recreational therapy practice. Unique to the Modality Preceptorship Level II course, students complete a certification prior to implementing an evidence-based modality within the assigned recreational therapy setting. Measured competence (e.g., knowledge, skill, and ability) to lead and facilitate the treatment interventions used to achieve evidence-based outcomes for the patients/clients served are assessed. Documentation procedures for program planning, accountability, and payment of service are practiced throughout the course. Advocacy, legislation, and recreational therapy as a related service in community-based settings receive special emphasis in this course. Prerequisite: RTH 319, RTH 352, RTH 355, RTH 376, junior standing. Offered Fall, Spring.

RTH 456/556 Cr.3

Program Design and Administration of Recreational Therapy

This course is designed to present a rationale and foundation for systematic program design, program implementation and program evaluation in various recreational therapy settings. Students develop competence in the planning and development of evidenced-based recreational therapy programs using a structured and systematic process for purposes of improved client functioning and independence in life activities. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 319, RTH 352, RTH 355, RTH 376; junior standing. Offered Fall, Spring.

RTH 462/562 Cr.3

Inclusive Recreation Program Administration

This course is designed to provide the student with information relating to recreation in inclusive settings. General Administration concepts, management concepts, advocacy, legislation, and therapeutic recreation as a related service in the schools will receive special emphasis in this course. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 355, RTH 456, RTH 470; junior standing. Offered Fall, Spring.

RTH 470/570 Cr.3

Recreational Therapy Processes and Facilitation Techniques

In this course students implement the individualized treatment/program plan using appropriate evidence-based treatment interventions and programs to restore, remediate, or rehabilitate patient/client functioning as well as to reduce or eliminate the limitations to participation in life activities resulting from medical, psychiatric, or other disabling conditions. Included are processes for leading therapeutic groups, experiences of modalities and facilitation techniques, and counseling techniques and approaches for recreational therapy as an action therapy. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 319, RTH 352, RTH 355, RTH 376; RTH major/minor or CYC minor; junior standing. Offered Fall, Spring.

RTH 476/576 Cr.3

Assessment and Treatment Planning-Therapeutic Recreation

Overview of individual client assessments used in therapeutic recreation practice; development of individualized treatment/program plans in a therapeutic recreation context; review resources, standards and issues related to client assessment and program planning in therapy, leisure education and recreation participation programs. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 355, RTH 456, RTH 470; junior standing. Offered Fall, Spring.

RTH 480/580 Cr.3

Leisure Education in Therapeutic Recreation

This course is designed to provide a philosophical understanding and overview of leisure education as well as to emphasize the approaches and strategies that can be utilized in enabling people to enhance the quality of their own lives in leisure. The focus will be leisure education as a major component of therapeutic recreation services. Topics included are leisure theory, leisure education conceptual models, leisure education programming techniques, facilitation of leisure education groups for various ages. Gerontology students should have completed one core gerontology course and have permission from the director of therapeutic recreation. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 355, RTH 456, RTH 470; RTH major/minor or GTL emphasis; junior standing. Offered Fall, Spring.

RTH 490 Cr.1-3

Workshop in Therapeutic Recreation

Group study of varying therapeutic recreation topics. University professors as well as visiting lecturers will be invited to address the students and conduct specialized phases of the workshops. Repeatable for credit under different subtitles. Prerequisite: RTH major plan. No student may earn more than six credits in REC 375, RTH 490, REC 491, and RTH 491. Offered Occasionally.

RTH 491/591 Cr.1-3

Workshop in Recreational Therapy

Group study of varying recreational therapy topics. University professors as well as visiting lecturers will be invited to address the students and conduct specialized phases of the workshops. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Repeatable for credit under different subtitles. No student may earn more than six credits in REC 375, RTH 490, REC 491, and RTH 491. Offered Occasionally.

RTH 492 Cr.3

Clinical Education Experience in Recreational Therapy

This course provides opportunities to practice and integrate cognitive learning, with the associated psychomotor skills requirements of the profession, in accordance with professional standards of practice, to develop entry-level clinical proficiency and professional behavior as a recreational therapist as defined by professional guidelines for competencies necessary for safe and effective recreational therapy practice. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 452, RTH 456, RTH 470; RTH major; junior standing. Offered Fall, Spring.

RTH 493/593 Cr.3

Advancing the Recreational Therapy Profession

This course provides an examination of current issues, trends, and professional concerns in recreational therapy including: professional standards, ethics, advocacy, professional development, professional organizations, credentialing, accreditation standards, improving organizational performance, research, and current professional controversies. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 452, RTH 456, RTH 470; RTH major; junior standing. Offered Fall, Spring.

RTH 494 Cr.3

Research Methods and Program Evaluation in Recreational Therapy

Students in this course learn fundamental research terminology and procedures and develop the competency to systematically conduct evaluation and research to determine the effectiveness of treatment interventions and programs used to reach patient/client outcomes. Students gain knowledge and skill in basic research methods and processes, with an emphasis on promoting evidence-based practice and program evaluation to promote the accountable outcomes from recreational therapy interventions. Prerequisite: RTH 452, RTH 456, RTH 470; RTH major; junior standing. Offered Fall, Spring.

RTH 495 Cr.1-3

Independent Study in Recreational Therapy

Individualized study of areas not available in existing courses. Repeatable for credit - maximum six. Prerequisite: RTH major. Consent of department. Offered Fall, Spring, Summer.

RTH 496 Cr.3

Fieldwork Preparation in Recreational Therapy

This course prepares students for their senior fieldwork experience. Students are orientated to accreditation requirements, supported in facilitating their internship search, and afforded experiences in clinical skill assessment and evaluation. Upon completion of this course, students work to secure their required senior internship. This course should be taken two semesters prior to enrollment in RTH 498. Prerequisite: RTH 319, RTH 352, RTH 355, RTH 376, junior standing. Offered Fall, Spring.

RTH 497 Cr.1-3

Special Projects in Recreational Therapy

Individualized study areas not available in existing courses or independent study. Program project includes the planning, implementation, and evaluation of a project. These projects will be completed under the supervision and direction of a staff member with permission from the student's advisor within the department. Examples: wheelchair sports/coaching, wheel-a-thon, special recreation programs, Special Olympics, wheelchair dancing, and other events. Repeatable for credit - maximum six. Prerequisite: RTH 456; junior standing; consent of student's advisor; RTH major. Consent of instructor. Offered Fall, Spring, Summer.

RTH 498 Cr.12-16

Internship in Recreational Therapy

This course is a semester-long, full-time field placement where students apply academic learning to demonstrate competencies associated with entry-level practice in recreational therapy. This includes involvement in the assessment of clients, planning and delivering RT services to clients, and evaluating these decisions. Additionally, the student gains experience with self-reflective learning through clinical supervision with both a faculty and clinical supervisor. Upon completion of the internship, students have the knowledge, skills, and abilities needed to assume the responsibilities of a RT. Prerequisite: senior standing; RTH major, all required REC/RTH courses completed; 2.50 cum GPA. American Red Cross Standard First Aid certification or its equivalent must be current throughout the RTH 498 experience. Offered Fall, Spring, Summer.