Recreation Management and Therapeutic Recreation Department (REC/RTH)

College of Science and Health  
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www.uwlax.edu/rec-management-and-therapeutic-rec

Recreation Management Program (REC)

One of the largest undergraduate programs in the United States, the recreation management program at UW-La Crosse is the only nationally accredited recreation management program in the University of Wisconsin System. The mission of the program is to train students in the skills of the recreation profession and instill an appreciation of the vital role of leisure in people’s lives. An experiential approach to our teaching makes students uniquely competitive in the recreation job market and provides an excellent transition into the recreation profession. The program serves students interested in a range of recreation agencies upon graduation, among them governmental parks and recreation departments, YMCAs, Boys and Girls Clubs, camps, environment education centers, recreation facilities on military bases, and various tourism enterprises including resorts.

Therapeutic Recreation Program (RTH)

Therapeutic recreation specialists assist persons with disabilities or illnesses to improve their functioning and quality of life. This is achieved through the development of a meaningful leisure lifestyle. Comprehensive therapeutic recreation services include an approach based on the needs, interests, abilities, and strengths of clients. Services are offered on a continuum of care which includes treatment (which incorporates recreation activities to improve functional abilities and assist in diagnosis), leisure education (which focuses on the acquisition of recreation skills that help attain an independent lifestyle), and recreation participation (which uses recreation activities to enhance health and overall quality of life).

Students learn to develop and implement therapeutic programs using recreational activities such as exercise, horticulture, arts and crafts, games, music, reminiscence, pain management, and stress management. These goal-directed programs help individuals and groups with disabling conditions to learn, adapt and grow through leisure participation.

While most colleges and universities offer a recreation major with a concentration in therapeutic recreation, UW-La Crosse is one of the few universities in the nation to offer therapeutic recreation as its own independent major.

Recreation management/therapeutic recreation course availability

- The following classes are open to all students in all majors:
  - REC 150, REC 306, REC 481, RTH 203, RTH 204, RTH 215, RTH 250, RTH 325, RTH 326, RTH 327, RTH 345, RTH 355, RTH 474.

- The following classes are open only to therapeutic recreation majors:
  - RTH 252, RTH 260, RTH 330, RTH 332, RTH 333¹, RTH 456, RTH 462, RTH 470, RTH 476, RTH 480², RTH 483, RTH 490, RTH 491, RTH 493, RTH 495, RTH 496, RTH 497, RTH 498

¹ Also open to at-risk child/youth care minor students.  
² Also open to gerontology emphasis students.

- The remaining REC/RTH classes are open only to recreation management majors or minors, therapeutic recreation majors and inclusive recreation minors.

Recreation programs transfer policy

Students transferring into recreation programs must have a cumulative GPA of 2.50 or higher at the time of transfer.

General education writing emphasis

This department incorporates a significant amount of writing through the required courses instead of identifying particular courses as writing emphasis courses. Students who complete a major in this department will fulfill the general education writing emphasis requirement (http://catalog.uwlax.edu/undergraduate/generaleducation/#generaleducationrequirementstext).

2015-16 Faculty/Staff

The following is the department’s faculty and staff as of the publication date of this catalog. This list will not be updated again until the next catalog is published in June.

Professor

Steve Simpson, Ph.D., Department Chair  
Susan Murray, Ed.D.

Associate Professor

Patricia Ardovino, Ph.D.  
Jearold Holland, Ph.D.  
Gretchen Newhouse, Ph.D.  
Nancy Richeson, Ph.D.

Assistant Professor

Jin Young Chung, Ph.D.  
Kate Evans, Ph.D.  
Laurie Harmon, Ph.D.  
Daniel Plunkett, Ph.D.

Senior Lecturer

Daniel Widuch, M.S.
Lecturer
Lisa Savarese, M.S.

Associate Lecturer
Tara Delong, M.S.

Administrative Support
Janet Craig, Department Associate
Maureen Nelson

Majors

- Recreation management - BS (http://catalog.uwlax.edu/undergraduate/recreationmanagement/recreationmanagementbs)
- Therapeutic recreation major - BS (http://catalog.uwlax.edu/undergraduate/recreationmanagement/therapeuticrecreationmajor)

Minors

- Recreation management minor (http://catalog.uwlax.edu/undergraduate/recreationmanagement/recreationmanagementminor)
- Recreation management minor for therapeutic recreation majors (http://catalog.uwlax.edu/undergraduate/recreationmanagement/recreationmanagementminorfortherapeuticrecreation)
- Inclusive recreation minor (http://catalog.uwlax.edu/undergraduate/recreationmanagement/inclusiverecreationminor)

Recreation Management Courses

REC 150 Cr.3
Foundations of Recreation
Review of the sociological, philosophical, economic, and historical aspects of recreation and leisure. An introduction to recreation as a profession and investigation of contemporary issues in recreation and leisure. Offered Fall, Spring.

REC 151 Cr.1
Introduction to Recreation Management
This course serves as an introduction to the field of recreation management focusing on the exploration of career areas in the profession and the service delivery systems which define recreation management. Offered Fall, Spring.

REC 200 Cr.3
Program Leadership of Recreation Activities
An introduction to leadership techniques and theory as it relates to direct leadership of recreation activities. Development of skills for organizing and leading specific recreation activities, including cooperative games and group initiatives. Prerequisite: REC 150 or concurrent enrollment; REC, RTH major/minor. Offered Fall, Spring.

REC 202 Cr.2
Leisure, Nature, and Contemplative Experiences
This course utilizes natural environments as a venue for experientially teaching Recreation Management students the role of leisure in a complete and balanced lifestyle. Weekend field trips will be required. Prerequisite: REC 150; REC or RTH major/minor. Offered Fall, Spring.

REC 300 Cr.3
Program Planning in Recreation
This course provides practical knowledge and experiences on the essential elements and design concepts of program planning. Emphasis is placed on student involvement in planning and directing programs for diverse populations in a variety of physical settings. Prerequisite: REC 150; REC 200 or concurrent enrollment; REC or RTH major/minor. Offered Fall, Spring.

REC 302 Cr.3
Recreation Supervision and Human Resource Management
Study of theories and techniques in leadership, group dynamics, and personnel management as they relate to programming and staff supervision in recreation agencies. Emphasis on personnel management techniques, including job analysis, recruitment, selection training, motivation, career development, and evaluation of paid staff and volunteers. Course includes issues common to full-time entry-level professional positions in recreation. Prerequisite: REC 150; REC or RTH major/minor. Offered Fall, Spring.

REC 304 Cr.3
Maintenance of Recreation Facilities
An introduction to maintenance of recreation facilities, parks and outdoor recreation areas and the efficient operation and management of aquatic facilities. Prerequisite: junior standing; REC or RTH major/minor. Offered Fall, Spring.

REC 305 Cr.2
Operation and Management of Swimming Pools and Spas
The efficient operation and management of swimming pools, spas, and other aquatic facilities. The promotion of attractive aquatic programs. Prerequisite: junior standing; REC, RTH, and/or ESS sport management major/minor. Offered Occasionally.

REC 306 Cr.3
Environmental Ethics, Outdoor Recreation and Natural Resources
This course provides an overview of the natural resources used for outdoor recreational pursuits, an analysis of leisure activities dependent upon natural resources, a presentation of the problems of recreational land use and an introduction to environmental awareness and outdoor safety. Recreation and natural resources at the national, state, local and private levels will be addressed with emphasis on the understanding of how outdoor recreation affects and is affected by natural resources. Offered Fall, Spring.

REC 320 Cr.3
Principles and Practices of Tourism
An introduction to the nature and scope of tourism that is intimately related to recreation. This course provides a basic understanding of tourism from the tourism system perspective. The topics include tourist behavior, special-interest tourism, destination marketing, economic, social-cultural, and environmental impacts of tourism on a destination, and sustainable tourism development. In addition to the business and economic benefits of tourism, it also examines the social aspects of tourism. Prerequisite: REC or RTH major/minor. Open to non-majors with instructor permission. Offered Fall, Spring.

REC 340 Cr.3
Evaluation Methods and Practices
This course is designed to familiarize the student with basic measurement and evaluation methods used in recreation and leisure service field. In addition, the course shows students how to interpret current and future research findings in leisure and recreation journals, use basic quantitative and qualitative survey methods, interpret findings from commonly used research and statistical methods, and form conclusions and recommendations from survey findings. Prerequisite: MTH 145; REC or RTH major/minor. Offered Fall, Winter, Spring, Summer.
Civic Engagement in the Recreation Profession
Recreation professionals need to be leaders in their communities and advocate for quality recreation and leisure. This course 1.) explores the recreation profession's role in civic engagement and 2.) identifies ways that the general citizenry can be brought into public discussion on issues about recreation programs and facilities. Prerequisite: junior standing; REC major. Offered Fall, Spring.

Workshop in Recreation Management
This is a group study of various recreation, leisure, or tourism topics. University professors and/or visiting lecturers will conduct the workshops. Repeatable for credit under different subtitles. Repeatable for credit maximum 6. May require field trip. Prerequisite: REC or RTH major/minor. No student may earn more than six credits in REC 375, RTH 490, REC 491, and RTH 491. Offered Occasionally.

Planning for Park and Recreation Facilities
Designed to equip the student with the basic knowledge necessary to understand and implement the planning process in the development of park and recreation facilities. This course is also designed to familiarize the student with federal, state and local statutes, and other related documents (U.S. Census, Wisconsin Administrative Codes, county and municipal ordinances). Prerequisite: REC 300; REC or RTH major/minor. Offered Fall, Spring.

Management in Park and Recreation Resources
Designed to equip the student with the basic knowledge and abilities necessary to administer a public, not-for-profit, or a commercial leisure service organization or a division of a leisure service organization. Emphasis will be placed on management functions as they relate to the leisure service organization. Prerequisite: REC 302 or RTH 319; REC or RTH major/minor. Offered Fall, Spring.

Risk Management in Leisure Service Organizations
This course will identify the primary components of risk management and deals with the legal aspects of tort liability and contracts in leisure service organizations. It is designed to equip students with the basic knowledge necessary to understand and manage legal risks associated with leisure service organizations. Prerequisite: REC 401 or concurrent enrollment; junior standing; REC or RTH major/minor. Offered Fall, Spring.

Budgeting in the Recreation Enterprise
Emphasis is placed on budget development, implementation and management decision-making within the recreation and park enterprise. This course introduces students to various contextual operational budgets within governmental and non-profit enterprises. Prerequisite: REC 401 or concurrent enrollment; ECO 110; junior standing; REC or RTH major. Offered Fall, Spring.

Revenue Management in Recreation Enterprises
This course covers prices and pricing from both managerial and behavioral perspectives in recreation, parks, and tourism settings. While the managerial aspects of pricing include pricing policy/strategy and revenue management (defined as selling perishable service products to the right customer at the right time for the right price), the behavioral aspects include psychology of price, price fairness, price perceptions, and willingness-to-pay for non-market goods. Prerequisite: REC 320; ACC 221 or ACC 235; junior standing; REC or RTH major/minor. Offered Fall, Spring.

Internship/Professional Preparation
In-depth coverage of the requirements for REC 450 internship and preparation of students for a smooth transition to the recreation management profession. Prerequisite: REC major; senior standing; completion of at least two 50 hr experiences in rec or parks; a minimum cumulative GPA of 2.50; and completion or concurrent enrollment in all required recreation management courses except REC 450, therapeutic recreation courses, and interdisciplinary courses (POL 102, ACC 221 or ACC 235, ENG 307, ECO 110, MTH 145). Offered Fall, Spring.

Internship
Internship with a university approved recreation business or agency. An on-site practitioner and university faculty supervisor closely supervise the student’s progress. The student experiences a smooth transition from university academics to the recreation management profession. Approved sites include public sector (e.g., parks and recreation agencies, public schools and universities); non-profit/private sector (e.g., voluntary and youth agencies, church organizations); and for-profit sector (e.g., fitness/ sport centers, hospitality, tourism, and retail businesses). Prerequisite: REC 449; REC major; senior standing; 2.50 cum UW-L GPA or 3.00 for placement outside of 250-mile radius; all required REC/RTH courses completed; approved internship agreement. Offered Fall, Spring, Summer.

Outdoor Pursuits
This course provides skill development and leadership techniques in outdoor recreation activities commonly associated with wilderness and roadless areas. Emphasis on backcountry ethics and safety will be stressed. A field trip will be required. Examples: backpacking, canoeing, bicycling, rock climbing, fishing, camping, and/or cross country skiing. Repeatable for credit - maximum six. Prerequisite: junior standing. Offered Occasionally.

Workshops in Recreation and Parks
Group study of varying recreation and parks topics. University professors as well as visiting lecturers will be invited to address the students and conduct specialized phases of the workshops. Repeatable for credit under different topics. Prerequisite: junior standing; REC or RTH major/minor. No student may earn more than six credits in REC 375, RTH 490, REC 491, and RTH 491. Offered Occasionally.

Independent Study in Recreation
Individualized study of areas not available in existing courses. Repeatable for credit - maximum six. Prerequisite: junior standing; REC or RTH major/minor. Consent of instructor. Offered Fall, Spring.

Special Projects in Recreation Management
Individualized study of areas not available in existing courses or independent study. Program Project: planning, implementation and evaluation of a project. These projects will be completed under the supervision and direction of a staff member with permission from the student’s advisor within the department. Examples include Camp Placement Day, Riverfest, and Oktoberfest events. Repeatable for credit - maximum six. Prerequisite: REC 300 or RTH 493; junior standing; REC or RTH major/minor. Consent of student’s advisor. Consent of department. Offered Fall, Spring.

Seminar in Recreation
Intensive study of some specific area of interest in recreation. Repeatable for credit - maximum 3. Prerequisite: minimum 2.75 GPA; senior standing; REC or RTH major/minor. Offered Occasionally.
Therapeutic Recreation Courses

RTH 203 Cr.3
Outdoor Recreation Skills for Persons with Special Need
This course is an introduction to a variety of outdoor recreation skills. Personal proficiency development in outdoor recreation skills and activities are emphasized as they relate to persons with disabilities. Prerequisite: REC 150; not open to those with credit for REC 202. Offered Occasionally.

RTH 204 Cr.2
Multicultural Crafts and Folk Art
An exploration of the therapeutic dimensions of art making, through the traditional crafts and folk arts of many cultures. Students will learn to master several different folk art techniques and adapt them to personal use. Offered Occasionally.

RTH 215 Cr.1
Adapted Aquatic Activities
This course is designed to familiarize the student with training, teaching and assisting techniques when implementing, planning and conducting recreational aquatic activities for persons with disabilities. Water games and general activities which can be conducted in the aquatic environment will be included in this course. Offered Spring.

RTH 250 Cr.3
Introduction to Therapeutic Recreation
This course is designed as an introduction to the history and foundations of therapeutic recreation. Models of health care/human services and therapeutic recreation are presented. Students will gain knowledge of services and settings; professional, legal and community resources; professional and ethical behavior. Prerequisite: REC 150 (may be taken concurrently if student has earned 30 credits or more). Offered Fall, Spring.

RTH 252 Cr.3
Innovative Activities in Therapeutic Recreation
This course acquaints students who will work with persons with disabilities and special needs in therapeutic recreation settings with various recreation activities to enhance functional skills and foster meaningful recreation participation. Activity selection, analysis, planning, and modifications will be combined with various leadership styles. Prerequisite: RTH 250 or concurrent enrollment; RTH major or minor. Offered Fall, Spring.

RTH 260 Cr.1-2
Assistive Devices & Resources in Therapeutic Recreation
This course is designed to familiarize the student with the current new devices/equipment/supplies and resource centers available to clientele in need of special assistive devices/supplies. This course is also designed to familiarize the practitioner with devices which can be utilized in recreational program pursuits, as well as assisting the special populations in activities of daily living. Prerequisite: RTH major. Offered Occasionally.

RTH 314 Cr.2
Wheelchair Sports and Recreation
An introduction to wheelchair sports, recreation and leisure activities. Emphasis is given to the history of wheelchair sports and rules with special emphasis on participation in traditional and nontraditional wheelchair sport activities. Students will be introduced to a number of wheelchair sports including basketball, soccer, volleyball, football, rugby, tennis, bowling, softball, etc. Prerequisite: RTH 325 or RTH 326 or RTH 327. Offered Spring.

RTH 319 Cr.3
Leadership and Supervision in Therapeutic Recreation
This course is designed to study leadership and supervisory management as applied to the therapeutic recreation profession. The following topics are addressed: analysis of traditional leadership styles and theories; application of staffing, directing, and controlling functions of supervisory management; analysis of common issues related to full-time entry level managers in therapeutic recreation including diversity management and hiring people with disabilities. Prerequisite: junior standing; REC or RTH major/minor. Offered Fall, Spring.

RTH 325 Cr.2
Inclusive Recreation
This course is designed to provide the student with information regarding the general techniques and guidelines for planning and implementing recreational activities for persons with disabilities in non-institutional settings. The course will present general background, characteristics of disabling conditions, legislation, and program adaptations. Prerequisite: REC 200. Offered Fall, Spring.

RTH 326 Cr.3
Therapeutic Recreation Populations I
This course provides knowledge of illnesses and disabilities, including etiology, characteristics, abilities, potentials and limitations. Programming guidelines include adaptations and techniques for inclusion in therapeutic recreation services and the community. The following groups are included: persons with spinal cord injury, traumatic brain injury, aging, stroke, cancer, diabetes, visual impairment, hearing impairment, cardiac dysfunction, HIV/AIDS, COPD, amputation, corrections, cultural competence, and others. RTH 326 may precede or follow RTH 327. Prerequisite: RTH 250 or concurrent enrollment. Offered Fall, Winter, Spring, Summer.

RTH 327 Cr.3
Therapeutic Recreation Populations II
This course provides knowledge of illnesses and disabilities, including etiology, characteristics, abilities, potentials and limitations. Programming guidelines include adaptations and techniques for inclusion in therapeutic recreation services and the community. The following groups are included: persons with intellectual disabilities, cerebral palsy, muscular dystrophy, pediatrics, autism, epilepsy, spina bifida, ADHD, depression, schizophrenia, multiple sclerosis, chemical dependency, and others. RTH 327 may precede or follow RTH 326. Prerequisite: RTH 250 or concurrent enrollment. Offered Fall, Winter, Spring, Summer.

RTH 330 Cr.3
Therapeutic Recreation and Mental Health
This course is designed to provide students with information regarding therapeutic recreation services to persons behavioral health issues and their families. Emphasis on characteristics of diagnostic groups, activities to facilitate change in different behavioral domains, therapeutic interventions for adults and children, treatment settings and services, and trends in program delivery. Prerequisite: RTH 250; RTH 326 or RTH 327; RTH or CYC major/minor. Offered Spring.

RTH 332 Cr.3
Therapeutic Recreation for Persons With Physical Disabilities
This course is designed to provide students with information relating to therapeutic recreation services for individuals with physical disabilities. Programming considerations will include treatment concerns, community inclusion, wheelchair sports and leisure activities. Prerequisite: RTH 250; RTH 326 or RTH 327; RTH major/minor. Offered Occasionally.
RTH 333 Cr.3
Therapeutic Recreation and Corrections
This course provides an overview of the use of leisure and recreation for individuals in correctional settings. The following topics are addressed: settings, psychiatric disorders, laws/ juvenile codes, intervention strategies, activity adaptations, current trends and the criminal justice system. Functional improvement, leisure education and recreation participation are the focus of therapeutic recreation services. Prerequisite: RTH 250 or RTH 326 or RTH 327; RTH or CYC major/minor. Offered Fall.

RTH 345 Cr.3
Recreational Therapy for Older Adults
This course teaches students to facilitate psychosocial intervention to address needs, strategies, techniques, and approaches for older adults with chronic health conditions through health promotion and leisure activities. Prerequisite: RTH 250. Offered Spring.

RTH 355 Cr.3
Medical Language
An introduction to medical terminology with emphasis on word roots, combining forms, prefixes and suffixes through the various systems. There is also a unit on basic pharmacology. Prerequisite: ESS 205; RTH 326 or RTH 327. Offered Fall, Summer.

RTH 400/500 Cr.3
Child Life Theory and Practice
This course introduces future certified child life specialists and others to theories and techniques of providing services to reduce anxiety of children and families in hospitals and alternative settings. This course develops understanding and affirmation of the values of supporting individual development, family-centered care, play, therapeutic relationships, developmentally appropriate communication, professional collaboration, defined clinical competencies, and research findings that examine the practice of child life. Prerequisite: PSY 210 or PSY 212 or CYC 301; junior standing. Offered Spring.

RTH 401/501 Cr.2
Child Life Facilitation of Psychosocial Support
This course introduces future certified child life specialists and others to providing psychosocial support and intervention techniques that help children and families cope with stress from hospitalization or life events that disrupt normal development. Techniques for using play, recreation, creative arts modalities, and supportive activities including volunteer provision are explored. Prerequisite: PSY 210 or PSY 212 or CYC 301; junior standing; REC or RTH major/minor. Offered Fall.

RTH 402/502 Cr.3
Helping Children Cope with Grief and Loss
This online course provides in-depth knowledge of pediatric practice in the area of grief and death to students majoring in Therapeutic Recreation. The course will examine personal responses to grief and death; multicultural responses to grief and death; ethical and moral issues related to death and dying; how children deal with death and dying of a sibling or parent; and how children deal with their own impending death. The course will provide the current thoughts and practices necessary for students to prepare for the job market. Prerequisite: PSY 210 or PSY 212 or CYC 301; junior standing. Offered Fall.

RTH 403/503 Cr.3
Helping Children Cope with and Manage Pain
The intent of this online course is to provide in-depth knowledge of pediatric practice in the area of coping and pain management for students majoring in Therapeutic Recreation. The course will examine: current thoughts and practices on the subject of pain and how it affects the body; tools that assess pain; ways to help children cope with their own pain; and techniques that supplement common pain medications. The course will provide the current thoughts and practices necessary for students to prepare for the job market. Prerequisite: PSY 210 or PSY 212 or CYC 301; junior standing. Offered Spring.

RTH 404/504 Cr.3
Coping with Pediatric Disabling Conditions
This online course provides in-depth knowledge of pediatric practice in the area of coping with pediatric disabling conditions for students majoring in Therapeutic Recreation. The course will examine common disabling conditions and diseases that affect infants, children, and adolescents; how these conditions affect the child and the family; and how chronically ill children are impacted at each stage of their development. The course will provide the current thoughts and practices necessary for students to prepare for the job market. Prerequisite: PSY 210 or PSY 212 or CYC 301; junior standing. Offered Spring.

RTH 456/556 Cr.3
Program Design and Administration of Therapeutic Recreation
This course is designed to present a rationale and foundation for systematic program design, program implementation and program evaluation in various therapeutic recreation settings. Prerequisite: MTH 145; RTH 326 or RTH 327; junior standing; RTH major or inclusive recreation minor. Offered Fall, Spring.

RTH 462/562 Cr.3
Inclusive Recreation Program Administration
This course is designed to provide the student with information relating to recreation in inclusive settings. General Administration concepts, management concepts, advocacy, legislation, and therapeutic recreation as a related service in the schools will receive special emphasis in this course. Prerequisite: RTH 456; junior standing. Offered Fall, Spring.

RTH 470/570 Cr.3
Facilitation Techniques in Therapeutic Recreation
This course presents an overview of concepts and interaction techniques used in the provision of goal-oriented therapeutic recreation services. Included are counseling techniques, leadership and instructional techniques appropriate for use in treatment, leisure education and recreation participation. Prerequisite: MTH 145; RTH 326 or RTH 327; RTH 456 or concurrent enrollment; junior standing; RTH or CYC major/minor. Offered Fall, Spring.

RTH 474/574 Cr.3
Experiential Education: Facilitation Techniques in Ropes Course
This course is designed to present in-depth information, skills and knowledge of the concepts and facilitation techniques used in experiential education. This course is primarily designed using the ropes and challenge course on the UW-L campus. Students must provide a statement of health and complete an assumption of risk/waiver. Prerequisite: junior standing. Offered Occasionally.

RTH 476/576 Cr.3
Assessment & Treatment Planning-Therapeutic Recreation
Overview of individual client assessments used in therapeutic recreation practice; development of individualized treatment/program plans in a therapeutic recreation context; review resources, standards and issues related to client assessment and program planning in therapy, leisure education and recreation participation programs. Prerequisite: RTH 456, RTH 470; junior standing; RTH major. Offered Fall, Spring.
RTH 480/580 Cr.3
Leisure Education
This course is designed to provide a philosophical understanding and overview of leisure education as well as to emphasize the approaches and strategies that can be utilized in enabling people to enhance the quality of their own lives in leisure. The focus will be leisure education as a major component of therapeutic recreation services. Topics included are leisure theory, leisure education conceptual models, leisure education programming techniques, facilitation of leisure education groups for various ages. Gerontology students should have completed one core gerontology course and have permission from the director of therapeutic recreation. Prerequisite: RTH 456, RTH 470; junior standing; RTH or GTL major/minor. Offered Fall, Spring.

RTH 483/583 Cr.3
Leisure Counseling in Therapeutic Recreation
A course designed to demonstrate how leisure counseling has become an important phase of therapeutic recreation services. Students will practice intermediate level counseling skills. They will be able to conceptualize and implement leisure counseling services from assessment stage, implementation stages (both individual and group), to evaluation and referral stages. Students will learn strategies for dealing with different types of leisure-related problems. Prerequisite: RTH 470, RTH 480; junior standing; RTH or CYC major/minor. Offered Occasionally.

RTH 490 Cr.1-3
Workshop in Therapeutic Recreation
Group study of varying therapeutic recreation topics. University professors as well as visiting lecturers will be invited to address the students and conduct specialized phases of the workshops. Repeatable for credit under different subtitles. Prerequisite: RTH major plan. No student may earn more than six credits in REC 375, RTH 490, REC 491, and RTH 491. Offered Occasionally.

RTH 491/591 Cr.1-3
Orientation to Internship in Therapeutic Recreation
Orientation and preparation to the required senior internship. Course should be taken one or two semesters prior to enrollment in RTH 498. 50 hours of pre-internship experience must be verified with at least a satisfactory rating prior to enrolling. Prerequisite: accepted into the RTH major; junior standing; verified 50 hours of pre-internship experience. Pass/Fail grading. Offered Fall, Spring.

RTH 496 Cr.1
Therapeutic Recreation Trends and Issues
This course provides an examination of current issues, trends and professionalization concerns in therapeutic recreation, including professional organizations, ethics, current legislation, professional development, professional standards, credentialing, accreditation standards, improving organizational performance, and current professional controversies. Course should be taken the last semester prior to internship. Prerequisite: MTH 145, RTH 456; junior standing; RTH major. Offered Fall, Spring.

RTH 497 Cr.1-3
Special Projects in Therapeutic Recreation
Individualized study areas not available in existing courses or Independent Study. Program Project: the planning, implementation and evaluation of a project. These projects will be completed under the supervision and direction of a staff member with permission from the student’s adviser within the department. Examples: wheelchair sports/coaching, wheel-a-thon, special recreation programs, Special Olympics, wheelchair dancing, and other events. Repeatable for credit - maximum six. Prerequisite: REC 300 or RTH 456; junior standing; consent of student’s adviser; RTH major. Consent of instructor. Offered Fall, Spring, Summer.

RTH 498 Cr.12-16
Internship in Therapeutic Recreation
Application of the methods and techniques of therapeutic recreation, leadership, program development and administration through a supervised internship experience in therapeutic recreation, special recreation, leisure education and/or treatment programs. Prerequisite: senior standing; RTH major, all required REC/RTH courses completed; 2.50 cum GPA (3.00 outside of 250 mile radius). American Red Cross Standard First Aid certification or its equivalent must be current throughout the RTH 498 experience. Offered Fall, Spring, Summer.