Recreation Management and Therapeutic Recreation Department
(REC/RTH/MIND)

College of Science and Health
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Recreation Management Program (REC)
The Recreation Management Program at UW-La Crosse is the only nationally accredited recreation management program in the University of Wisconsin System. The mission of the program is to train students in the skills of the recreation profession and instill an appreciation of the vital role of leisure in people's lives. An experiential approach to our teaching makes students uniquely competitive in the recreation job market and provides an excellent transition into the recreation profession.

The program serves students interested in a wide range of professional recreation careers. Four emphasis areas (tourism and event management, community-based recreation, outdoor recreation, and generalist) provide the opportunity to create a personalized program of study. Graduates of the recreation management program find employment in government agencies, YMCAs, Boys and Girls Clubs, camps, environmental education, military bases, tourism enterprises including resorts, and other for-profit recreation organizations ranging from retail operations to direct service providers.

Therapeutic Recreation Program (RTH)
The Therapeutic Recreation Program at UW-La Crosse prepares majors eligible to become Certified Therapeutic Recreation Specialists (CTRS) who improve functioning, facilitate leisure education, and promote inclusive recreation participation for people of all abilities and their families and caregivers. We advocate a strengths-approach to helping people reach dreams and goals for healthy functioning, well-being, and satisfying leisure. This health and human service profession is designated as "recreational therapy" in the Bureau of Labor Statistics Occupational Outlook Handbook.

Students learn to assess, plan, implement, evaluate, and document therapeutic recreation programs using recreation interventions such as physical activity, expressive arts, horticulture, games, music, animal-assisted therapy, nature-based activities, adventure, stress management, and play. These goal-directed programs help vulnerable individuals and groups with disabling conditions, and acute and chronic health conditions to learn, adapt, and grow through engaging in meaningful recreation and leisure pursuits.

Recreation programs transfer policy
Students transferring into recreation management programs must have a cumulative GPA of 2.00 or higher at the time of transfer. Students transferring into therapeutic recreation must have a cumulative GPA of 2.50 or higher at the time of transfer.

General education writing emphasis
This department incorporates a significant amount of writing through the required courses instead of identifying particular courses as writing emphasis courses. Students who complete a major in this department will fulfill the general education writing emphasis requirement (http://catalog.uwlax.edu/undergraduate/generaleducation/generaleducationrequirementstext).

2022-23 Faculty/Staff
The following is the department's faculty and staff as of the publication date of this catalog. This list will not be updated again until the next catalog is published in July.

Professor
Laurie Harmon, Ph.D., Department Chair

Associate Professor
Kate Evans, Ph.D.
Brian Kumm-Schaley, Ph.D.
Dan Plunkett, Ph.D.

Assistant Professor
Namyun Kil, Ph.D.
W. Thomas Means, Ph.D.
Jennifer Taylor, Ph.D.

Associate Teaching Professor
Tara DeLong, M.S.
Lisa Savarese, M.S.

Assistant Teaching Professor
Lindsey Kirschbaum, M.S.

Lecturer
Jon Evans, M.S.

Administrative Support
Janet Craig

Majors
- Recreation management major: community-based recreation emphasis - BS (http://catalog.uwlax.edu/undergraduate/recreationmanagement/recreationmanagement-community-based/)
- Recreation management major: generalist emphasis - BS (http://catalog.uwlax.edu/undergraduate/recreationmanagement/recreationmanagement-generalist/)
- Recreation management major: outdoor recreation emphasis - BS (http://catalog.uwlax.edu/undergraduate/recreationmanagement/recreationmanagement-outdoorrecreation/)
• Recreation management major: tourism and event management emphasis - BS (http://catalog.uwlax.edu/undergraduate/recreationmanagement/recreationmanagement-tourism/)
• Therapeutic recreation major - BS (http://catalog.uwlax.edu/undergraduate/recreationmanagement/therapeuticrecreationmajor/)

**Dual degree programs**

• Dual degree in recreation management: community-based recreation BS and recreation management MS (http://catalog.uwlax.edu/undergraduate/recreationmanagement/dual-degree-community-based-rec-bs-recreation-management-ms/)
• Dual degree in recreation management: generalist BS and recreation management MS (http://catalog.uwlax.edu/undergraduate/recreationmanagement/dual-degree-generalist-bs-recreation-management-ms/)
• Dual degree in recreation management: outdoor recreation BS and recreation management MS (http://catalog.uwlax.edu/undergraduate/recreationmanagement/dual-degree-outdoor-rec-bs-recreation-management-ms/)
• Dual degree in recreation management: tourism and event management BS and recreation management MS (http://catalog.uwlax.edu/undergraduate/recreationmanagement/dual-degree-tourism-event-management-bs-recreation-management-ms/)

**Minors**

• Inclusive recreation minor (http://catalog.uwlax.edu/undergraduate/recreationmanagement/inclusiverecreationminor/)
• Recreation management minor (http://catalog.uwlax.edu/undergraduate/recreationmanagement/recreationmanagementminor/)
• Recreation management minor for therapeutic recreation majors (http://catalog.uwlax.edu/undergraduate/recreationmanagement/recreationmanagementminorfortherapeuticrecreation/)
• Tourism and event management minor (http://catalog.uwlax.edu/undergraduate/recreationmanagement/tourismandeventmanagementminor/)

**Mindfulness Courses**

+MIND 110 Cr.3

**Introduction to Mindfulness**

This course introduces students to key components of mindfulness and contemplative literature, history, and practices. Students will explore multiple perspectives informed by the sciences and humanities. Emphasizing the benefits of mindfulness practices at both individual and interpersonal levels, this course is experience-based and centers around developing the practical skills of meditation and awareness. Participants are expected to engage in a personal practice that is relevant and meaningful to their academic, personal, and/or career goals. Ultimately, this course will facilitate expanded self-awareness, enhanced social connectivity, and purposeful engagement in students’ studies, lives, and future careers. Offered Fall, Spring.

**Recreation Management Courses**

+REC 150 Cr.3

**Leisure, Quality of Life, and Well Being**

This course will focus on the knowledge and skills necessary for integrating the major elements of well-being (physical, emotional, spiritual, environmental, intellectual, social, and occupational) through the lens of a leisure perspective into a balanced and fulfilling lifestyle throughout one’s lifespan. Course content will include theories and methods related to leisure as the foundation for enhancing overall wellness, building coping strategies, and negotiating a balanced, fulfilling life. Additionally, this course will explore philosophical and historical aspects of leisure and recreation. Offered Fall, Spring, Summer.

REC 151 Cr.1

**Introduction to Recreation Management**

This course serves as an introduction to the field of recreation management focusing on the exploration of career areas in the profession and the service delivery systems which define recreation management. Offered Fall, Spring.

REC 201 Cr.3

**Introduction to Outdoor Leadership**

In this course, students will gain knowledge about the history and philosophy of outdoor leadership. The foundational elements related to outdoor recreation leadership will be explored through learning technical skills facilitation techniques. Students will also learn about the interrelationship between leisure behavior and the natural environment; administrative functions such as staffing, risk management, and transportation; and trip planning for outdoor settings. Offered Fall - Even Numbered Years.

REC 204 Cr.3

**Introduction to Outdoor Education**

This course introduces students to the regional ecology and engages them with specific ecological niches, e.g. wetland, forest, prairie and riverine, which frequently serve as outdoor recreation contexts. Students will learn about regional native and non-native plants, fauna and associated natural history while developing ecological observational and recording skills for the purpose of applying this information to outdoor recreation and education programming. Offered Fall - Odd Numbered Years.

REC 215 Cr.3

**Introduction to Community Recreation**

This course provides an overview of community-based recreation including municipal and non-profit recreation agencies. The course will focus on the histories, functions, and unique roles recreation holds for diverse communities. Offered Spring.

REC 301 Cr.3

**Leadership and Programming in Recreation**

This course provides practical knowledge and experiences on the essential elements and design concepts of program planning. Emphasis is placed on student involvement in planning, directing, and evaluating programs that enhance well-being for diverse populations in a variety of physical settings. Prerequisite: REC 150; REC major/minor. Offered Fall, Spring.

REC 304 Cr.3

**Maintenance of Recreation Facilities**

An introduction to the maintenance of recreation facilities, parks, and outdoor recreation areas. Prerequisite: junior standing. Offered Fall - Even Numbered Years.
REC 305 Cr.2

**Operation and Management of Swimming Pools and Spas**
This course explores the efficient operation and management of swimming pools, spas, and other aquatic facilities, including the promotion of attractive aquatic programs. Prerequisite: junior standing; REC major/minor or ESS-sport management major. Offered Fall - Odd Numbered Years.

REC 306 Cr.3

**Environmental Ethics, Outdoor Recreation and Natural Resources**
This course provides an overview of the natural resources used for outdoor recreational pursuits, an analysis of leisure activities dependent upon natural resources, a presentation of the issues associated with recreational land use and an introduction to environmental awareness and outdoor ethics. Recreation and natural resources at the national, state, local and private levels will be addressed with emphasis on the understanding of how outdoor recreation affects and is affected by natural resources. Offered Fall, Spring.

REC 310 Cr.3

**Youth Development in the Recreation Profession**
This course provides an overview of the theories and processes that form the foundation for youth services in the field of recreation in the United States. The course will explore the history of youth development with an acute focus on the theories and practices necessary for implementing strategic and effective youth development recreation programs. Offered Spring - Odd Numbered Years.

REC 315 Cr.3

**Engaged Leisure**
This course introduces students to contemplative techniques and strategies and a framework for enhancing leisure. Students will explore a contemporary service delivery model designed to improve the quality of leisure experiences and positively impact participant well-being. Prerequisite: REC 301; concurrent enrollment in REC 316; REC major/minor. Offered Fall, Spring.

REC 316 Cr.1

**Engaged Leisure Experiences Lab**
This lab will provide students with an overview of techniques necessary for effective facilitation of recreation and leisure experiences. Students will learn and apply techniques related to program leadership, understanding and managing group dynamics, and processing and debriefing experiences. Lab 2. Prerequisite: concurrent enrollment in REC 315. Offered Fall, Spring.

REC 317 Cr.3

**Experiential Facilitation in Recreation**
This course provides students with an overview of techniques necessary for effective facilitation of recreation and leisure experiences. Students learn and apply techniques related to program leadership, understanding and managing group dynamics, and processing and debriefing experiences. Prerequisite: REC 301 or concurrent enrollment. Offered Fall, Spring.

REC 320 Cr.3

**Introduction to Tourism**
An introduction to the nature and scope of tourism that is intimately related to recreation. This course provides a basic understanding of tourism from the tourism system perspective. The topics include tourist behavior, special-interest tourism, destination marketing, economic, social-cultural, and environmental impacts of tourism on a destination, and sustainable tourism development. In addition to the business and economic benefits of tourism, it also examines the social aspects of tourism. Offered Spring.

REC 325 Cr.3

**Leisure in a Diverse Society**
This course explores the increasingly diversified nature of society and its impact on individuals’ experiences of leisure. A focus will be placed on the experiences of members of minority populations including issues related to race, gender, sexual orientation, gender identity, religion, social status, age, and disability. Students will be introduced to factors that influence the experience of leisure and leisure service delivery. Prerequisite: REC major/minor, inclusive recreation minor, or social justice minor. Offered Spring.

REC 330 Cr.3

**Recreation Resource Management**
Students will explore the interactions between natural resources and users to produce outdoor recreation. Students will learn to assess natural resources through carrying capacity, limits of acceptable change, competition, and complementarity among and between recreation uses and other resource uses. Methods for monitoring recreational impacts and approaches to managing resource quality and recreational opportunities will be addressed. Prerequisite: REC 150. Offered Spring - Even Numbered Years.

REC 335 Cr.3

**Environmental Education**
Based on experiential education and interpretive principles, students will learn methods and materials for effectively teaching environmental concepts in schools, communities, nature centers, camps, and parks. Students will also explore history, theory, philosophy and goals of environmental education programs. Prerequisite: REC 150. Offered Spring - Odd Numbered Years.

REC 340 Cr.3

**Evaluation Methods and Practices**
This course is designed to familiarize the student with basic measurement and evaluation methods used in recreation and leisure service field. In addition, the course shows students how to interpret current and future research findings in leisure and recreation journals, use basic quantitative and qualitative survey methods, interpret findings from commonly used research and statistical methods, and form conclusions and recommendations from survey findings. Prerequisite: STAT 145; ENG 307; REC major/minor. Offered Fall, Spring.

REC 345 Cr.3

**Ecotourism**
Students will examine theories, policies and practices specific to nature-based tourism. We will consider both the tourist and host community perspectives as we explore opportunities and constraints related to ecotourism development including social, environmental and economic outcomes. Offered Occasionally.

REC 351 Cr.3

**Civic Engagement in the Recreation Profession**
Recreation professionals need to be leaders in their communities and advocates for quality recreation and leisure. This course explores the recreation profession's role in civic engagement and identifies ways the general citizenry can be brought into public discussion on issues about recreation programs and facilities. Prerequisite: REC 340; REC major/minor; junior standing. Offered Spring.

REC 375 Cr.1-3

**Workshop in Recreation Management**
This is a group study of various recreation, leisure, or tourism topics. University professors and/or visiting lecturers will conduct the workshops. Repeatable for credit under different subtitles. Repeatable for credit - maximum 6. May require field trip. Prerequisite: REC or RTH major/minor. No student may earn more than six credits in REC 375, RTH 490, REC 491, and RTH 491. Offered Occasionally.
**REC 390 Cr.3**

*Principles of Management in Recreation*

Study of theories and techniques in leadership, group dynamics, and personnel management as they relate to programming and staff supervision in recreation agencies. Emphasis on personnel management techniques, including job analysis, recruitment, selection training, motivation, career development, and evaluation of paid staff and volunteers. Course includes issues common to full-time entry-level professional positions in recreation. Prerequisite: junior standing; REC major/minor. Offered Fall.

**REC 400/500 Cr.3**

*Planning for Park and Recreation Facilities*

Designed to equip the student with the basic knowledge necessary to understand and implement the planning process in the development of park and recreation facilities. This course is also designed to familiarize the student with federal, state and local statutes, and other related documents (U.S. Census, Wisconsin Administrative Codes, county and municipal ordinances). This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: REC 301 or RTH 456; REC major/minor; junior standing. Offered Fall.

**REC 402/502 Cr.3**

*Risk Management in Leisure Service Organizations*

This course will identify the primary components of risk management and detail legal aspects of tort liability, waivers, and indemnification agreements in leisure service organizations. The course will equip students with basic knowledge and skills necessary to appropriately manage legal liability and risk exposure associated with various professional leisure and recreation contexts. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: REC 390 or concurrent enrollment; REC major/minor; junior standing. Offered Fall, Spring.

**REC 404/504 Cr.3**

*Budgeting in the Recreation Enterprise*

Emphasis is placed on budget development, implementation and management decision-making within the recreation and park enterprise. This course introduces students to various contextual operational budgets within governmental and non-profit enterprises. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: ECO 110; REC 390 or concurrent enrollment; REC major/minor; junior standing. Offered Fall.

**REC 405/505 Cr.3**

*Sustainable Tourism Development*

This course will examine sustainable theories, policies, and practices in tourism. Students will learn about tourism planning and development from a sustainable tourism perspective. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: junior standing. Offered Spring.

**REC 415/515 Cr.3**

*Camp Administration*

This course provides an overview of the history of the camping movement and its evolution over time. In addition, the course will provide foundational knowledge necessary to successfully operate a camp facility including administration, day-to-day operations, staffing, camp counseling, and program activities. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: REC 150; junior standing. Offered Spring - Even Numbered Years.

**REC 420/520 Cr.3**

*Revenue Management in Leisure Enterprises*

This course covers prices and pricing from both managerial and behavioral perspectives in recreation, parks, tourism and event settings. While the managerial aspects of pricing include pricing policy/strategy and revenue management (defined as selling perishable service products to the right customer at the right time for the right price), the behavioral aspects include psychology of pricing, price fairness, price perceptions, and willingness-to-pay for non-market goods. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: junior standing. Offered Fall.

**REC 440 Cr.1**

*Professional Wellness in Contemporary Leisure Services*

A reflective practice and an ethic of care toward self and others is essential for recreation professionals to meet the diverse demands of contemporary leisure services effectively and successfully. This course allows students to explore personal and professional well-being, self-care, and reflective practice as they prepare to complete their program of study and begin their professional career. The course focuses on well-being and self-care from a variety of perspectives, and activities and practices in which students can develop reflective skills necessary for meaningful engagement with contemporary professional concerns while reducing stress and enhancing both short- and long-term well-being. Prerequisite: recreation management major; senior standing. Offered Fall, Spring.

**REC 445/545 Cr.3**

*Meetings, Conventions, and Event Planning*

This course will advance students' understanding of the event management profession. The course is intended to expose students to planning and management aspects in the areas of meetings, conventions, and other special events, while gaining an understanding of how special events impact tourism. Students will learn the professional skills necessary to plan, manage, and evaluate the success of a meeting, convention, or large-scale special event. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: REC 301 or RTH 456; junior standing. Offered Fall.

**REC 449 Cr.1**

*Internship/Professional Preparation*

In-depth coverage of the requirements for REC 450 internship and preparation of students for a smooth transition to the recreation management profession. Prerequisite: REC major; senior standing; completion of a minimum of two 50 hour experiences in recreation or parks; a minimum GPA of 2.50; and completion or concurrent enrollment in all remaining 300 and 400 level REC required courses except for REC 450. Offered Fall, Spring.

**REC 450 Cr.12-16**

*Internship*

Internship with a university approved recreation business or agency. An on-site practitioner and university faculty supervisor closely supervise the student's progress. The student experiences a smooth transition from university academics to the recreation management profession. Approved sites include public sector (e.g., parks and recreation agencies, public schools and universities); non-profit/private sector (e.g., voluntary and youth agencies, church organizations); and for-profit sector (e.g., fitness/sport centers, hospitality, tourism, and retail businesses). Prerequisite: REC 449; REC major; senior standing; 2.50 cum UWL GPA; all required REC courses completed. Offered Fall, Spring, Summer.
Innovative Activities in Therapeutic Recreation
This course acquaints students who will work with persons with disabilities and special needs in therapeutic recreation settings with various recreation activities to enhance functional skills and foster meaningful recreation participation. Activity selection, analysis, planning, and modifications will be combined with various leadership styles. Prerequisite: REC 150, RTH 250. Offered Fall, Spring.

Therapeutic Recreation Courses

RTH 250 Cr.3

Introduction to Therapeutic Recreation
This course is designed as an introduction to the history and foundations of therapeutic recreation. Models of health care/human services and therapeutic recreation are presented. Students will gain knowledge of services and settings; professional, legal and community resources; professional and ethical behavior. Prerequisite: REC 150 or taken concurrently. Offered Fall, Spring.

RTH 252 Cr.3

Innovative Activities in Therapeutic Recreation
This course acquaints students who will work with persons with disabilities and special needs in therapeutic recreation settings with various recreation activities to enhance functional skills and foster meaningful recreation participation. Activity selection, analysis, planning, and modifications will be combined with various leadership styles. Prerequisite: REC 150, RTH 250. Offered Fall, Spring.

RTH 319 Cr.3

Management Functions in Therapeutic Recreation
This course provides students with perspectives on the management of therapeutic recreation services. The class will focus on first-line therapeutic recreation managers and the areas of management identified by the National Council of Therapeutic Recreation Certification (NCTRC). In-depth coverage is given to the five basic functions of management: planning, organization, staffing, influencing, and controlling. In addition, modules will be provided on key concepts integral to the management of therapeutic recreation programs, including internship supervision, clinical supervision, volunteer management, and managing marketing. Prerequisite: REC 150, RTH 250. Offered Fall, Spring.

RTH 329 Cr.3

Diagnostic Groups in Therapeutic Recreation
This course provides an understanding of the International Classification of Function Disability and Health (ICF) from the World Health Organization (WHO) framework for classifying the consequences of disease into diagnostic groups. The language of the ICF is neutral as to etiology, placing the emphasis on function rather than condition or disease. It also is carefully designed to be relevant across cultures as well as age groups and genders. A broad working knowledge of a variety of diagnostic groups and therapeutic recreation interventions for each will be provided. A focus on symptomology, etiology, prognosis, and remediation using therapeutic recreation interventions is included. In addition, how illness and disability affects the family will be discussed. Prerequisite: REC 150, RTH 250. Offered Fall, Spring, Summer.

RTH 333 Cr.3

Therapeutic Recreation and Corrections
This course provides an overview of the use of leisure and recreation for individuals in correctional settings. The following topics are addressed: settings, psychiatric disorders, laws/ juvenile codes, intervention strategies, activity adaptations, current trends and the criminal justice system. Functional improvement, leisure education and recreation participation are the focus of therapeutic recreation services. Prerequisite: RTH 250 or RTH 329; RTH major/minor or CYC minor. Offered Fall.

RTH 355 Cr.3

Medical Language
An introduction to medical terminology with emphasis on word roots, combining forms, prefixes and suffixes through the various systems. There is also a unit on basic pharmacology. Prerequisite: REC 150 and RTH 250; or ESS pre-professional major. Offered Fall, Spring, Summer.

RTH 414/514 Cr.3

Adaptive Sports and Therapeutic Recreation
This course will provide an introduction to how therapeutic recreation specialists use adaptive sports, recreation, and leisure activities for individuals with disabilities to meet treatment goals and improve quality of life. Emphasis is given to the history and rules of a variety of adaptive sports, and possible settings where these could take place. The examination of each sport will include a focus on its connection to the therapeutic recreation profession. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 252, RTH 319, and RTH 329; admission to the therapeutic recreation program; junior standing. Offered Spring.
RTH 420 Cr.3

**Nature and Forest Therapy**
This course is designed to provide students with specialized sessions relating to nature-based therapy knowledge and application in outdoor leisure and therapeutic recreation settings from international and domestic perspectives. The course will provide special emphases on general nature-based therapy concepts and benefits, planning for nature-based therapy walks with various clients with and/or without special needs, the process of implementing nature-based therapy walks, actualizing mindfulness in nature, nature connection, relevant environmental literature (e.g., outdoor therapies related to trauma or depression), interactions between humans and environments, medicinal plants, and practice doing therapeutic walks. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 252, RTH 319, RTH 329; junior standing. Offered Fall, Summer.

RTH 430/530 Cr.3

**Therapeutic Recreation and Mental Health**
This course is designed to provide students with information regarding therapeutic recreation services to persons with mental illness, and substance abuse disorders, or individuals served in behavioral health treatment facilities. Course emphasizes mental health recovery, activities to facilitate change in different behavioral domains, therapeutic interventions for adults and children, treatment settings and services, and trends in recreation therapy program delivery. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 252, RTH 319, RTH 329; RTH major/minor or CYC minor; junior standing. Offered Fall.

RTH 432/532 Cr.3

**Therapeutic Recreation for Persons With Physical Disabilities**
This course is designed to provide students with information relating to therapeutic recreation services for individuals with physical disabilities. Programming considerations will include treatment concerns, community inclusion, wheelchair sports and leisure activities. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 252, RTH 319, RTH 329; RTH major/minor or CYC minor; junior standing. Offered Spring.

RTH 434/534 Cr.3

**Therapeutic Recreation for Individuals with Intellectual and Developmental Disabilities**
This course will introduce students to therapeutic recreation interventions and facilitation techniques commonly used by professionals who work with individuals who have intellectual and developmental disabilities. The course will emphasize behavioral and developmental approaches to working with this population and address the social and sensory needs of this population within a leisure context. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 252, RTH 319, RTH 329; RTH major/minor; junior standing. Offered Fall.

RTH 445/545 Cr.3

**Recreational Therapy for Older Adults**
This course teaches students to facilitate psychosocial intervention to address needs, strategies, techniques, and approaches for older adults with chronic health conditions through health promotion and leisure activities. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 252, RTH 319, RTH 329; junior standing. Offered Spring.

RTH 456/556 Cr.3

**Program Design and Administration of Therapeutic Recreation**
This course is designed to present a rationale and foundation for systematic program design, program implementation and program evaluation in various therapeutic recreation settings. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: STAT 145; RTH 252, RTH 319, RTH 329; RTH major or inclusive recreation minor; junior standing. Offered Fall, Spring.

RTH 462/562 Cr.3

**Inclusive Recreation Program Administration**
This course is designed to provide the student with information relating to recreation in inclusive settings. General Administration concepts, management concepts, advocacy, legislation, and therapeutic recreation as a related service in the schools will receive special emphasis in this course. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 355, RTH 456, RTH 470; junior standing. Offered Fall, Spring.

RTH 470/570 Cr.3

**Facilitation Techniques in Therapeutic Recreation**
This course presents an overview of concepts and interaction techniques used in the provision of goal-oriented therapeutic recreation services. Included are counseling techniques, leadership and instructional techniques appropriate for use in treatment, leisure education and recreation participation. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: STAT 145; RTH 252, RTH 319, RTH 329; RTH 456 or concurrent enrollment; RTH major/minor or CYC minor; junior standing. Offered Fall, Spring.

RTH 476/576 Cr.3

**Assessment and Treatment Planning-Therapeutic Recreation**
Overview of individual client assessments used in therapeutic recreation practice; development of individualized treatment/program plans in a therapeutic recreation context; review resources, standards and issues related to client assessment and program planning in therapy, leisure education and recreation participation programs. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 355, RTH 456, RTH 470; junior standing. Offered Fall, Spring.

RTH 480/580 Cr.3

**Leisure Education in Therapeutic Recreation**
This course is designed to provide a philosophical understanding and overview of leisure education as well as to emphasize the approaches and strategies that can be utilized in enabling people to enhance the quality of their own lives in leisure. The focus will be leisure education as a major component of therapeutic recreation services. Topics included are leisure theory, leisure education conceptual models, leisure education programming techniques, facilitation of leisure education groups for various ages. Gerontology students should have completed one core gerontology course and have permission from the director of therapeutic recreation. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: RTH 355, RTH 456, RTH 470; RTH major or CYC minor or GTL emphasis; junior standing. Offered Fall, Spring.
RTH 490 Cr.1-3
**Workshop in Therapeutic Recreation**
Group study of varying therapeutic recreation topics. University professors as well as visiting lecturers will be invited to address the students and conduct specialized phases of the workshops. Repeatable for credit under different subtitles. Prerequisite: RTH major plan. No student may earn more than six credits in REC 375, RTH 490, REC 491, and RTH 491. Offered Occasionally.

RTH 491/591 Cr.1-3
**Workshop in Therapeutic Recreation**
Group study of varying therapeutic recreation topics. University professors as well as visiting lecturers will be invited to address the students and conduct specialized phases of the workshops. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Repeatable for credit under different subtitles. No student may earn more than six credits in REC 375, RTH 490, REC 491, and RTH 491. Offered Occasionally.

RTH 493/593 Cr.3
**Therapeutic Recreation Trends and Issues**
This course provides an examination of current issues, trends and professionalization concerns in therapeutic recreation, including professional organizations, ethics, current legislation, professional development, professional standards, credentialing, accreditation standards, improving organizational performance, and current professional controversies. Course should be taken the last semester prior to internship. This course is taught largely at an undergraduate level. Graduate students will have additional course requirements/expectations. Prerequisite: STAT 145, RTH 355, RTH 456, RTH 470; RTH major; junior standing. Offered Fall, Spring.

RTH 495 Cr.1-3
**Independent Study in Therapeutic Recreation**
Individualized study of areas not available in existing courses. Repeatable for credit - maximum six. Prerequisite: RTH major. Consent of department. Offered Fall, Spring, Summer.

RTH 496 Cr.3
**Fieldwork Preparation in Therapeutic Recreation**
This course prepares students for their senior fieldwork experience. Students are orientated to accreditation requirements, supported in facilitating their internship search, and afforded experiences in clinical skill assessment and evaluation. Upon completion of this course, students work to secure their required senior internship. This course should be taken two semesters prior to enrollment in RTH 498. Prerequisite: RTH 252, RTH 319, RTH 329; junior standing. Offered Fall, Spring.

RTH 497 Cr.1-3
**Special Projects in Therapeutic Recreation**
Individualized study areas not available in existing courses or independent study. Program project includes the planning, implementation, and evaluation of a project. These projects will be completed under the supervision and direction of a staff member with permission from the student’s advisor within the department. Examples: wheelchair sports/coaching, wheel-a-thon, special recreation programs, Special Olympics, wheelchair dancing, and other events. Repeatable for credit - maximum six. Prerequisite: RTH 456; junior standing; consent of student's advisor; RTH major. Consent of instructor. Offered Fall, Spring, Summer.

RTH 498 Cr.12-16
**Internship in Therapeutic Recreation**
Application of the methods and techniques of therapeutic recreation, leadership, program development and administration through a supervised internship experience in therapeutic recreation, special recreation, leisure education and/or treatment programs. Prerequisite: senior standing; RTH major, all required REC/RTH courses completed; 2.50 cum GPA. American Red Cross Standard First Aid certification or its equivalent must be current throughout the RTH 498 experience. Offered Fall, Spring, Summer.