

Psychology Major - Bachelor of Science (BS)

Major requirements

Admission requirements (<http://catalog.uwlax.edu/undergraduate/psychology/#psychology-admission>)

(All colleges)

42 credits

PSY 331 recommendation

The department strongly recommends that all psychology students take the required course of PSY 331 Research Methods: Lecture and Laboratory (4 cr.) late in their sophomore year or early in their junior year. Once students have declared psychology as a major, they should plan on at least four semesters to complete the sequence of courses necessary for graduation with a psychology major. The four semester timeline does not include the time it takes to complete general education credits or credits necessary for a minor. We also recommend that students consider volunteer work and/or fieldwork as an important part of their psychological training. The psychology major provides solid training in the liberal arts and in research methods.

Enrollment in PSY 331 requires the following prerequisites: "C" or better in PSY 100 & STAT 145; 2.25 GPA in PSY 100, STAT 145, CST 110, & ENG 110/ENG 112, plus 30 credits. Students will not be able to progress in the major without this course.

Curriculum

Select required number of credits from the following five categories. Additional credits completed within a category, after the required credits are met, may be used as elective credits in category V. STAT 145 is required as part of the 42 credits.

Code	Title	Credits
I. Core courses		11
PSY 100	General Psychology ¹	
PSY 331	Research Methods: Lecture and Laboratory	
STAT 145	Elementary Statistics ¹	
II. Foundation courses		9
Select three of the following:		
PSY 204	Abnormal Psychology	
PSY 212	Lifespan Development	
PSY 230	Cognitive and Biological Foundations of Psychology	
PSY 241	Social Psychology	
III. Sociocultural awareness		3
Select one of the following (more than one strongly recommended):		
PSY 282	Cross-Cultural Psychology	
PSY 283	Psychology of Culture and Race	
PSY 285	Culture and Mental Health	
PSY 318	Psychology of Women	
PSY 319	Men and Masculinities	
PSY 325	LGBTQ+ Youth Psychology	

PSY 415 Multicultural Counseling

PSY 442 Racism and Oppression

PSY 443 Prejudice and Stigma

IV. Capstone/Experiential 4

Select four credits from any combination of the following:

PSY 308 Research Apprenticeship

PSY 405 Teaching Apprenticeship in Psychology

PSY 450 Internship in Psychology²

PSY 461 History and Systems of Psychology

PSY 481 Individual Projects in Psychology

PSY 482 Honors Projects in Psychology³

PSY 485 Appraising Psychology Seminar

PSY 488 Research Capstone: Revise and Resubmit

PSY 489 Honors Seminar³

PSY 495 Senior Seminar in Psychology

V. Electives 15

Select 15 credits from the following or from any remaining PSY credits listed above (at least 12 credits must be at the 300/400 level):^{4,5}

PSY 200 Orientation to the Psychology Major

PSY 205 Effective Behavior

PSY 291 Contemporary Topics in Psychology: Beginner

PSY/PHL 301 Theory of Knowledge

PSY 302 Environmental Issues: Applied Psychology

PSY 305 Human Sexuality

PSY 307 Intimate Relationships

PSY 315 Behavior Modification

PSY 316 Child Abuse and Neglect

PSY 320 Human Motivation

PSY/PHL 333 Philosophy of Mind

PSY 334 Health Psychology

PSY 343 Group Dynamics

PSY 347 Empathic Listening Skills

PSY 350 The Practice of Art Therapy

PSY 356 Infancy and Childhood

PSY 357 Adolescence

PSY 358 Adulthood

PSY 359 Aging and the Elderly

PSY 360 Cross Cultural Human Development

PSY 370 Educational Psychology

PSY 376 Industrial/Organizational Psychology

PSY 377 Psychology and Law

PSY 391 Contemporary Topics in Psychology: Intermediate

PSY 403 Advanced Psychopathology

PSY 404 Counseling and Personality Theories

PSY 406 Positive Psychology

PSY 407 Children's Cognition

PSY 410 Advanced Developmental Psychology

PSY 417 Child and Adolescent Psychopathology

PSY 420 Advanced Research Methods

PSY 422 Death, Dying, and Bereavement

PSY 425 Understanding the Mental Health Counseling Profession

PSY 426 Addictive Behaviors

PSY 430 Cognitive Neuroscience

PSY 431	Consciousness
PSY 432	Learning and Memory
PSY 434	Clinical Neuropsychology
PSY 435	Cognitive Processes
PSY 436	Psychology of Language
PSY 439	Sensation and Perception
PSY 440	Psychopharmacology
PSY 441	Advanced Social Psychology
PSY 451	Psychological Measurement
PSY 459	Genes and Behavior
PSY 491	Contemporary Topics in Psychology: Advanced
RTH 420	Nature and Forest Therapy

Total Credits **42**

- ¹ Psychology majors may double count only PSY 100 and STAT 145 as both general education and major credits.
- ² PSY 450 requires arrangements with the Career Services Office and the psychology internship coordinator that must be initiated prior to the start of the semester.
- ³ PSY 482 and PSY 489 require admission to the Psychology Honors Program.
- ⁴ If not used to satisfy minimum requirements in category I - IV.
- ⁵ Psychology majors should consult with their advisor on which courses might be recommended based on their post-graduation plans.

Degree requirements

All students must complete the general education, college core, major/minor, and university degree requirements in order to qualify for a degree. The easiest way to track all of these requirements is to refer to the Advisement Report (AR) found in the Student Information System (WINGS) Student Center. All enrolled students have access to the AR.

- General education (<http://catalog.uwlax.edu/undergraduate/generaleducation/>)
- College core (p. 2)
- Baccalaureate degree requirements (p. 2)

College of Arts, Social Sciences, and Humanities (CASSH/VPA) Bachelor of Science core requirements

The CASSH core provides opportunities for students to deepen their knowledge by taking courses in the arts, humanities, social sciences, and/or sciences beyond the requirements of general education. Students may select from courses offered by the full range of academic departments within the college according to their interests. The college core allows students to build their critical thinking, communication, problem solving, teamwork, and global competencies through in-depth exploration of topics of their choosing.

The following conditions apply to one or both Bachelor of Arts and Bachelor of Science degrees:

1. Students majoring in English (writing and rhetoric or literary and cultural studies emphases) or in the department of global cultures and languages must earn a Bachelor of Arts degree. Education majors earn a Bachelor of Science degree; English major: medical professions emphasis majors may earn a Bachelor of Arts or Bachelor of Science degree.

2. Students majoring in other CASSH programs may choose either a B.A. or a B.S. degree.
3. Language courses (ARA, CHI, FRE, GCL, GER, HMG, JPN, RUS, SPA) used to fulfill the general education requirement: "Mathematical/logical systems and modern languages" (GE 02, category 2) may also be used to meet the B.A. and B.S. language requirements.
4. At least one course in the degree must be a CASSH designated diversity course.
5. All other courses used to meet the requirements below must be in addition to the minimum 42 credits required in the General Education Program.
6. Applicable courses may be found on the CASSH B.A./B.S. Degree Option Course List (<https://www.uwlax.edu/cassh/advising/>) or in the Advisement Report (AR) when the degree has been declared.

Courses used to fulfill general education requirements will not apply to core requirements except for language courses (ARA, CHI, FRE, GCL, GER, HMG, JPN, RUS, SPA) that count in the general education requirement: "Mathematical/logical systems and modern languages" (GE 02, category 2).

Bachelor of Science students complete four courses outside the department of the student's major as follows:

1. A lab science course (from the general education list); and
2. A social science course; and
3. Another social science or general education natural science, or math course, or an approved CASSH alternative (ENV 101, PHL 334, PHL 339); and
4. One additional course in humanities or fine arts or complete a global cultures and languages course 102 level or higher.

In addition to all other College of Arts, Social Sciences, and Humanities core requirements, all students in CASSH must complete a second major, minor, or individualized option by satisfying one of the following:

1. Complete a minor (or two certificates with at least 12 combined credits at the 300/400 level or a second major) outside of the student's major program, consisting of at least 18 credits; or
2. Complete an emphasis, program or concentration of at least 18 credits outside the student's major program. General education courses may apply provided they are not being used to fulfill minimum general education requirements; or
3. Complete an individualized option, consisting of 18 credits. At least 12 credits must be earned at the 300/400 level outside the major department. The remaining six credits may consist of:
 - a. 100 level or higher courses outside the major (general education courses may apply provided they are not being used to fulfill minimum general education requirements); or
 - b. 300/400 level courses inside the major department not being used to fulfill major requirements.

Baccalaureate degree requirements

Candidates for the Bachelor of Arts or the Bachelor of Science degrees must accomplish the following:

1. Fulfill the general education requirements.
2. Complete at least one ethnic studies (diversity) course.
3. Complete the courses prescribed by the Undergraduate Curriculum Committee for the degree desired in the respective school or college.

4. Earn a minimum of 120 semester credits with at least a 2.00 cumulative GPA.^{1,2}
5. At least 40 credits must be earned in 300/400 level courses. Transfer courses earned or transferred at the 300/400 level apply to this requirement.
6. Complete major and minor requirements with at least a 2.00 GPA^{1, 2} in each major and minor (and concentration or emphasis, if selected).
7. A minimum of 30 semester credits in residence at UWL is required for graduation. (See undergraduate resident requirement (<http://catalog.uwlax.edu/undergraduate/academicpolicies/graduation/#undergraduate-residence-requirement>).
8. Submit an application for graduation via the "Apply for Graduation" link in the WINGS Student Center as soon as the student has registered for his or her final semester or summer term in residence. December and winter intersession graduates should apply by May 1. May and summer graduates should apply by December 1.

¹ Grade point average requirements for some programs will be considerably higher than 2.00. Re-entering students may be required to earn credits in excess of the 120 needed for graduation in any curriculum in order to replace credits earned in courses in which the content has changed substantially in recent years. Each case will be judged on its own merit.

² The grade point average recorded at the time the degree is awarded will not be affected by future enrollment.

No degree will be awarded unless all requirements are fulfilled and recorded within 30 days after the official ending date of each term.

Sample degree plan

Below is a sample degree plan that can be used as a guide to identify courses required to fulfill the major and other requirements needed for degree completion. A student's actual degree plan may differ depending on the course of study selected (second major, minor, etc.). Also, this sample plan assumes readiness for each course and/or major plan, and some courses may not be offered every term. Review the course descriptions or the class timetable (<http://www.uwlax.edu/records/registration/>) for course offering information.

The sample degree plans represented in this catalog are intended for first-year students entering UWL in the fall term. Students should use the Advisement Report (AR) in WINGS (<https://wings.uwlax.edu>) and work closely with their faculty advisor(s) and college dean's office to ensure declaration and completion of all requirements in a timely manner.

General Education Program

The general education curriculum (Gen Ed) is the common educational experience for all undergraduates at UWL. Sample degree plans include Gen Ed placeholders to ensure completion of the general education requirements. Courses may be rearranged to fit the needs or recommendations of the student's program of study. Gen Ed courses may be taken during winter term (January between the semesters) and summer to reduce the course load during regular terms (fall and spring). Students should consult with their advisor and/or the college academic services director in their college/school for assistance with course and schedule planning. Refer to the general education requirements (<http://catalog.uwlax.edu/undergraduate/generaleducation/>) for more specific details.

At least 40 credits of the 120 credits required must be earned at the 300/400-level.

Note: New students and transfer students with less than 12 credits earned are required to take FYS 100 First-Year Seminar (3 cr.) during one of their first two semesters at UWL.

This sample degree plan does not establish a contractual agreement. It identifies the minimum requirements a student must successfully complete, to qualify for a degree, in a format intended to assist the student in planning their academic career. Actual degree plans may differ.

Year 1		
Fall	Credits Spring	Credits
ENG 110 or 112 (Gen Ed Literacy-Written)	3 PSY 100 (Gen Ed Self & Society (PSY Cat I)) ¹	3
Gen Ed Natural Lab Science	4 CST 110 (Gen Ed Literacy-Oral)	3
Gen Ed Minority Cultures	3 FYS 100 (Gen Ed First-Year Seminar)	3
Gen Ed World History	3 STAT 145 (Gen Ed Math (PSY CAT I)) ¹	4
Gen Ed Arts	2 Gen Ed Arts	2
15		15

Year 2		
Fall	Credits Spring	Credits
Minor Course	3 Minor Course	3
PSY Cat II: Foundation Course	3 PSY Cat II: Foundation Course	3
Gen Ed Math/Logical Systems/Language	3-4 CASSH Core Course	3
PSY Cat II: Foundation Course	3 PSY Cat III: Sociocultural Awareness	3
CASSH Core Course	3 University Elective	3
15		15

Year 3		
Fall	Credits Spring	Credits
Minor Course	3 PSY Cat IV: Experiential/ Capstone	1-3
PSY Cat V: Electives (300/400-level)	3 Minor Course	3
CASSH Core Diversity Course	3 CASSH Core Course - Natural Lab Science	4
PSY 331 (PSY Cat I) ²	4 PSY Cat V: Electives (300/400-level)	3
Gen Ed Humanistic Studies	3 Gen Ed Health & Well-Being	3
16		15

Year 4		
Fall	Credits Spring	Credits
Minor Course	3 CASSH Core Course	3
University Elective	3 PSY Cat V: Electives (300/400-level)	3
Gen Ed Global Studies	3 PSY Cat V: Electives	3
PSY Cat V: Electives (300/400-level)	3 Minor Course	3
PSY Cat IV: Experiential/ Capstone	1-3 University Elective	3
14		15

Total Credits: 120

¹ Psychology majors may double count only PSY 100 and STAT 145 in both General Education and the major.

² Enrollment in PSY 331 requires the following prerequisites: "C" or better in PSY 100 & STAT 145; 2.25 GPA in PSY 100, STAT 145, CST 110, & ENG 110/ENG 112, plus 30 credits. Students will not be able to progress in the major without this course.