

Psychology Major - Bachelor of Arts (BA)

Major requirements

Admission requirements (<http://catalog.uwlax.edu/undergraduate/psychology/#psychology-admission>)

(All colleges)

42 credits

PSY 331 recommendation

The department strongly recommends that all psychology students take the required course of PSY 331 Research Methods: Lecture and Laboratory (4 cr.) late in their sophomore year or early in their junior year. Once students have declared psychology as a major, they should plan on at least four semesters to complete the sequence of courses necessary for graduation with a psychology major. The four semester timeline does not include the time it takes to complete general education credits or credits necessary for a minor. We also recommend that students consider volunteer work and/or fieldwork as an important part of their psychological training. The psychology major provides solid training in the liberal arts and in research methods.

Enrollment in PSY 331 requires the following prerequisites: "C" or better in PSY 100 & STAT 145; 2.25 GPA in PSY 100, STAT 145, CST 110, & ENG 110/ENG 112, plus 30 credits. Students will not be able to progress in the major without this course.

Curriculum

Select required number of credits from the following five categories. Additional credits completed within a category, after the required credits are met, may be used as elective credits in category V. STAT 145 is required as part of the 42 credits.

Code	Title	Credits
I. Core courses		11
PSY 100	General Psychology ¹	
PSY 331	Research Methods: Lecture and Laboratory	
STAT 145	Elementary Statistics ¹	
II. Foundation courses		9
Select three of the following:		
PSY 204	Abnormal Psychology	
PSY 212	Lifespan Development	
PSY 230	Cognitive and Biological Foundations of Psychology	
PSY 241	Social Psychology	
III. Sociocultural awareness		3
Select one of the following (more than one strongly recommended):		
PSY 282	Cross-Cultural Psychology	
PSY 283	Psychology of Culture and Race	
PSY 285	Culture and Mental Health	
PSY 318	Psychology of Women	
PSY 319	Men and Masculinities	
PSY 325	LGBTQ+ Youth Psychology	
PSY 415	Multicultural Counseling	
PSY 442	Racism and Oppression	

PSY 443 Prejudice and Stigma

IV. Capstone/Experiential 4

Select four credits from any combination of the following:

PSY 308	Research Apprenticeship
PSY 405	Teaching Apprenticeship in Psychology
PSY 450	Internship in Psychology ²
PSY 461	History and Systems of Psychology
PSY 481	Individual Projects in Psychology
PSY 482	Honors Projects in Psychology ³
PSY 485	Appraising Psychology Seminar
PSY 488	Research Capstone: Revise and Resubmit
PSY 489	Honors Seminar ³
PSY 495	Senior Seminar in Psychology

V. Electives 15

Select 15 credits from the following or from any remaining PSY credits listed above (at least 12 credits must be at the 300/400 level):^{4,5}

PSY 200	Orientation to the Psychology Major
PSY 205	Effective Behavior
PSY 291	Contemporary Topics in Psychology: Beginner
PSY/PHL 301	Theory of Knowledge
PSY 302	Environmental Issues: Applied Psychology
PSY 305	Human Sexuality
PSY 307	Intimate Relationships
PSY 315	Behavior Modification
PSY 316	Child Abuse and Neglect
PSY 320	Human Motivation
PSY/PHL 333	Philosophy of Mind
PSY 334	Health Psychology
PSY 343	Group Dynamics
PSY 347	Empathic Listening Skills
PSY 350	The Practice of Art Therapy
PSY 356	Infancy and Childhood
PSY 357	Adolescence
PSY 358	Adulthood
PSY 359	Aging and the Elderly
PSY 360	Cross Cultural Human Development
PSY 370	Educational Psychology
PSY 376	Industrial/Organizational Psychology
PSY 377	Psychology and Law
PSY 391	Contemporary Topics in Psychology: Intermediate
PSY 403	Advanced Psychopathology
PSY 404	Counseling and Personality Theories
PSY 406	Positive Psychology
PSY 407	Children's Cognition
PSY 410	Advanced Developmental Psychology
PSY 417	Child and Adolescent Psychopathology
PSY 420	Advanced Research Methods
PSY 422	Death, Dying, and Bereavement
PSY 425	Understanding the Mental Health Counseling Profession
PSY 426	Addictive Behaviors
PSY 430	Cognitive Neuroscience
PSY 431	Consciousness
PSY 432	Learning and Memory

PSY 434	Clinical Neuropsychology
PSY 435	Cognitive Processes
PSY 436	Psychology of Language
PSY 439	Sensation and Perception
PSY 440	Psychopharmacology
PSY 441	Advanced Social Psychology
PSY 451	Psychological Measurement
PSY 459	Genes and Behavior
PSY 491	Contemporary Topics in Psychology: Advanced
RTH 420	Nature and Forest Therapy
Total Credits	42

- ¹ Psychology majors may double count only PSY 100 and STAT 145 as both general education and major credits.
- ² PSY 450 requires arrangements with the Career Services Office and the psychology internship coordinator that must be initiated prior to the start of the semester.
- ³ PSY 482 and PSY 489 require admission to the Psychology Honors Program.
- ⁴ If not used to satisfy minimum requirements in category I - IV.
- ⁵ Psychology majors should consult with their advisor on which courses might be recommended based on their post-graduation plans.

Degree requirements

All students must complete the general education, college core, major/minor, and university degree requirements in order to qualify for a degree. The easiest way to track all of these requirements is to refer to the Advisement Report (AR) found in the Student Information System (WINGS) Student Center. All enrolled students have access to the AR.

- General education (<http://catalog.uwlax.edu/undergraduate/generaleducation/>)
- College core (p. 2)
- Baccalaureate degree requirements (p. 3)

College of Arts, Social Sciences, and Humanities (CASSH/VPA) Bachelor of Arts core requirements

The CASSH core provides opportunities for students to deepen their knowledge by taking courses in the arts, humanities, social sciences, and/or sciences beyond the requirements of general education. Students may select from courses offered by the full range of academic departments within the college according to their interests. The college core allows students to build their critical thinking, communication, problem solving, teamwork, and global competencies through in-depth exploration of topics of their choosing.

The following conditions apply to one or both Bachelor of Arts and Bachelor of Science degrees:

1. Students majoring in English (writing and rhetoric or literary and cultural studies emphases) or in the department of global cultures and languages must earn a Bachelor of Arts degree. Education majors earn a Bachelor of Science degree; English major: medical professions emphasis majors may earn a Bachelor of Arts or Bachelor of Science degree.
2. Students majoring in other CASSH programs may choose either a B.A. or a B.S. degree.

3. Language courses (ARA, CHI, FRE, GCL, GER, HMG, JPN, RUS, SPA) used to fulfill the general education requirement: "Mathematical/logical systems and modern languages" (GE 02, category 2) may also be used to meet the B.A. and B.S. language requirements.
4. At least one course in the degree must be a CASSH designated diversity course.
5. All other courses used to meet the requirements below must be in addition to the minimum 42 credits required in the General Education Program.
6. Applicable courses may be found on the CASSH B.A./B.S. Degree Option Course List (<https://www.uwlax.edu/cassh/advising/#tm-what-is-the-cassh-core-should-i-choose-a-bachelor-of-arts-ba-or-a-bachelor-of-science-bs-degree->) or in the Advisement Report (AR) when the degree has been declared.

Courses used to fulfill general education requirements will not apply to core requirements except for language courses (ARA, CHI, FRE, GCL, GER, HMG, JPN, RUS, SPA) that count in the general education requirement: "Mathematical/logical systems and modern languages" (GE 02, category 2).

Bachelor of Arts students declare one of the following tracks online via the CASSH website (<https://www.uwlax.edu/cassh/advising/#tm-172428>):

A. Language track

1. **Native speakers of English** complete:

Code	Title	Credits
Select one of the following:		
ARA 202	Intermediate Arabic II	
CHI 202	Chinese Language and Culture in Action II	
FRE 202	French Language and Cultures in Action II	
GCL 202	Intermediate Languages II	
GER 202	German Language and Cultures in Action II	
HMG 204	Hmong Heritage Language: Intermediate	
HMG 304	Hmong Heritage Language: Advanced	
JPN 202	Intermediate Japanese II	
RUS 202	Russian Language and Cultures in Action II	
SPA 202	Spanish Language and Cultures in Action II	
	or SPA 221 Introduction to Spanish for the Health Professions	

Non-native speakers of English: provide English proficiency evidence acceptable for admission to UWL as a degree seeking student.

2. Two additional courses outside of the student's major in two of the following: humanities, social sciences or fine arts.

B. Humanities track

1. One global language course 102 or higher; and
2. Two additional courses outside the department of the student's major from two different departments chosen from: communication studies, English, history, philosophy and race, gender, and sexuality studies (see the Advisement Report (AR) for a listing of the approved courses); and
3. One additional course in social sciences or fine arts.

C. Fine arts track

1. One global language course 102 or higher; and
2. Two additional courses outside the department of the student's major from two different departments chosen from: art, music, theatre; and
3. One additional course in social sciences or humanities.

In addition to all other College of Arts, Social Sciences, and Humanities core requirements, all students in CASSH must complete a second major, minor, or individualized option by satisfying one of the following:

1. Complete a minor (or two certificates with at least 12 combined credits at the 300/400 level or a second major) outside of the student's major program, consisting of at least 18 credits; or
2. Complete an emphasis, program or concentration of at least 18 credits outside the student's major program. General education courses may apply provided they are not being used to fulfill minimum general education requirements; or
3. Complete an individualized option, consisting of 18 credits. At least 12 credits must be earned at the 300/400 level outside the major department. The remaining six credits may consist of:
 - a. 100 level or higher courses outside the major (general education courses may apply provided they are not being used to fulfill minimum general education requirements); or
 - b. 300/400 level courses inside the major department not being used to fulfill major requirements.

Baccalaureate degree requirements

Candidates for the Bachelor of Arts or the Bachelor of Science degrees must accomplish the following:

1. Fulfill the general education requirements.
2. Complete at least one ethnic studies (diversity) course.
3. Complete the courses prescribed by the Undergraduate Curriculum Committee for the degree desired in the respective school or college.
4. Earn a minimum of 120 semester credits with at least a 2.00 cumulative GPA.^{1,2}
5. At least 40 credits must be earned in 300/400 level courses. Transfer courses earned or transferred at the 300/400 level apply to this requirement.
6. Complete major and minor requirements with at least a 2.00 GPA^{1,2} in each major and minor (and concentration or emphasis, if selected).
7. A minimum of 30 semester credits in residence at UWL is required for graduation. (See undergraduate resident requirement (<http://catalog.uwlax.edu/undergraduate/academicpolicies/graduation/#undergraduate-residence-requirement>)).
8. Submit an application for graduation via the "Apply for Graduation" link in the WINGS Student Center as soon as the student has registered for his or her final semester or summer term in residence. December and winter intersession graduates should apply by May 1. May and summer graduates should apply by December 1.

¹ Grade point average requirements for some programs will be considerably higher than 2.00. Re-entering students may be required to earn credits in excess of the 120 needed for graduation in any curriculum in order to replace credits earned in courses in which the

content has changed substantially in recent years. Each case will be judged on its own merit.
² The grade point average recorded at the time the degree is awarded will not be affected by future enrollment.

No degree will be awarded unless all requirements are fulfilled and recorded within 30 days after the official ending date of each term.

Sample degree plan

Below is a sample degree plan that can be used as a guide to identify courses required to fulfill the major and other requirements needed for degree completion. A student's actual degree plan may differ depending on the course of study selected (second major, minor, etc.). Also, this sample plan assumes readiness for each course and/or major plan, and some courses may not be offered every term. Review the course descriptions or the class timetable (<http://www.uwlax.edu/records/registration/>) for course offering information.

The sample degree plans represented in this catalog are intended for first-year students entering UWL in the fall term. Students should use the Advisement Report (AR) in WINGS (<https://wings.uwlax.edu>) and work closely with their faculty advisor(s) and college dean's office to ensure declaration and completion of all requirements in a timely manner.

General Education Program

The general education curriculum (Gen Ed) is the common educational experience for all undergraduates at UWL. Sample degree plans include Gen Ed placeholders to ensure completion of the general education requirements. Courses may be rearranged to fit the needs or recommendations of the student's program of study. Gen Ed courses may be taken during winter term (January between the semesters) and summer to reduce the course load during regular terms (fall and spring). Students should consult with their advisor and/or the college academic services director in their college/school for assistance with course and schedule planning. Refer to the general education requirements (<http://catalog.uwlax.edu/undergraduate/generaleducation/>) for more specific details.

At least 40 credits of the 120 credits required must be earned at the 300/400-level.

Note: New students and transfer students with less than 12 credits earned are required to take FYS 100 First-Year Seminar (3 cr.) during one of their first two semesters at UWL.

This sample degree plan does not establish a contractual agreement. It identifies the minimum requirements a student must successfully complete, to qualify for a degree, in a format intended to assist the student in planning their academic career. Actual degree plans may differ.

Year 1			
Fall	Credits	Spring	Credits
ENG 110 or 112 (Gen Ed Literacy-Written)	3	PSY 100 (Gen Ed Self & Society (PSY Cat I)) ²	3
102+ Level Gen Ed/CASSH Core Language ¹	3-4	CST 110 (Gen Ed Literacy-Oral)	3
Gen Ed Minority Cultures	3	FYS 100 (Gen Ed First-Year Seminar)	3
Gen Ed Arts	2	STAT 145 (Gen Ed Math (PSY CAT I)) ²	4
Gen Ed World History	3	Gen Ed Arts	2
15		15	

Year 2

Fall	Credits Spring	Credits
Minor Course	3 Minor Course	3
PSY Cat II: Foundation Course	3 PSY Cat II: Foundation Course	3
Gen Ed Natural Lab Science	4 CASSH Core Course	3
PSY Cat II: Foundation Course	3 CASSH Core Course	3
University Elective	3 PSY Cat III: Sociocultural Awareness	3
	16	15

Year 3

Fall	Credits Spring	Credits
Minor Course	3 PSY Cat IV: Experiential/ Capstone	1-3
PSY Cat V: Electives (300/400-level)	3 Minor Course	3
University Elective	3 CASSH Core Diversity Course	3
PSY 331 (PSY Cat I) ³	4 PSY Cat V: Electives (300/400-level)	3
Gen Ed Humanistic Studies	3 Gen Ed Health & Well-Being	3
	16	14

Year 4

Fall	Credits Spring	Credits
Minor Course	3 CASSH Core Course	3
University Elective	3 PSY Cat V: Electives (300/400-level)	3
Gen Ed Global Studies	3 PSY Cat V: Electives	3
PSY Cat V: Electives (300/400-level)	3 Minor Course	3
PSY Cat IV: Experiential/ Capstone	1-3 University Elective	3
	14	15

Total Credits: 120

¹ **CASSH Core Humanities and Fine Arts Tracks** require 102+ level language. **CASSH Core Language Track** requires 202 level language. Students unprepared for 202 level will need to complete prerequisite course work.

² Psychology majors may double count only PSY 100 and STAT 145 in both General Education and the major.

³ Enrollment in PSY 331 requires the following prerequisites: "C" or better in PSY 100 & STAT 145; 2.25 GPA in PSY 100, STAT 145, CST 110, & ENG 110/ENG 112, plus 30 credits. Students will not be able to progress in the major without this course.