International Studies Program (INS)

College of Liberal Studies
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www.uwlax.edu/cls/international-studies

International studies is an interdisciplinary minor that draws on courses in departments from throughout the university. Over 200 courses have been approved in departments as varied as anthropology, geography, marketing, foreign languages, art, philosophy, economics, political science, and history. Students design individualized programs of study in consultation with the Director of International Studies. With the globalization of all aspects of life in the 21st century, an international studies minor is a valuable complement to any major in the university.

Minors

• International studies minor (http://catalog.uwlax.edu/undergraduate/internationalstudies/minor)
• International studies minor: African emphasis (http://catalog.uwlax.edu/undergraduate/internationalstudies/minor-african)
• International studies minor: Asian emphasis (http://catalog.uwlax.edu/undergraduate/internationalstudies/minor-asian)
• International studies minor: European emphasis (http://catalog.uwlax.edu/undergraduate/internationalstudies/minor-european)
• International studies minor: Latin American emphasis (http://catalog.uwlax.edu/undergraduate/internationalstudies/minor-latin)
• International studies minor: Middle East emphasis (http://catalog.uwlax.edu/undergraduate/internationalstudies/minor-middle-east)

+ next to a course number indicates a general education course

Courses

INS 225 Cr.1-3
Seminar in World Area Studies
An interdisciplinary examination of the geography, history, culture, and political, economic and social systems of a particular country or world area. Topics vary. Repeatable for credit - maximum six. Offered Occasionally.

INS 226 Cr.1
Seminar Foreign Study Tour
Group travel to a selected country or world area, to provide direct contact with the geography, history, culture, and political, economic, and social systems of that region. Must be taken concurrently with a university course that includes foreign travel or foreign tour. Pass/Fail grading. Offered Occasionally.

INS 230 Cr.3
Introduction to British Life & Civilization
An interdisciplinary survey of the geography, history, culture, and political, economic, and social systems of Great Britain. This course is taught each semester at the Wisconsin Institute in Scotland Study Center in Edinburgh, Scotland and may be offered at the University of Wisconsin-La Crosse as warranted. Offered Occasionally.

+INS 250 Cr.1
Orientation to Study Abroad
This course is required for students accepted into all semester-long study abroad programs offered under the auspices of the University of Wisconsin-La Crosse. It is designed to provide an introduction to the various challenges (cultural, social, linguistic, academic, political, and economic) related to resident study and research in a foreign country. Students learn about stages and theories associated with culture shock, intercultural sensitivity and communication, and reverse culture shock. Students also learn how to apply these theories to their own upcoming international experience. Must complete INS 250, INS 251, and INS 252 to receive general education credit. Consent of department. Offered Fall, Spring.

+INS 251 Cr.1
Study Abroad Practicum: Journaling
Students will demonstrate an understanding of the various stages and theories associated with culture shock, intercultural sensitivity and communication and reverse culture shock presented in INS 250. Through journaling students will apply an understanding of the various stages and theories associated with culture shock to their lived experiences in their host country. To accomplish this, students will complete a series of guided written assignments that deal with these specific topics. Students must complete this course while on study abroad. Must complete INS 250, INS 251, and INS 252 to receive general education credit. Prerequisite: INS 250. Offered Fall, Spring, Summer.

+INS 252 Cr.1
Cross-Cultural Reentry From Study Abroad
This course is designed for students returning from a study abroad experience. This course will review the concept of re-entry shock discussed in INS 250, examine the process of re-entry, and provide strategies for integrating the study abroad experience with academics, professional goals and personal development. Must complete INS 250, INS 251, and INS 252 to receive general education credit. Prerequisite: INS 250, INS 251, Offered Fall, Spring.

INS 300 Cr.3-16
Foreign Study
Resident study for an extended term at an approved university or other institution of higher education outside the United States. Foreign study programs are available in virtually all major fields and in more than 50 countries around the world. Admission requirements, prerequisite, and costs vary. Complete information is available from the UW-L Office of International Education. Upon satisfactory completion of course work abroad, appropriate credits are entered upon the student's permanent record. Offered Fall, Winter, Spring, Summer.

INS 350 Cr.1-6
Independent Foreign Research
An individually designed, directed research project in a foreign country, dealing with a significant research problem. Open to students in any department, the course permits in-depth, independent research using foreign sources, facilities, and resource persons. Requires a high degree of motivation and the ability to work independently. Prerequisite: INS 250; junior standing. Consent of the director of the Office of International Education. Consent of instructor. Offered Occasionally.

INS 360 Cr.1-3
International Service Learning
Students will participate in service activities in another country as part of a faculty led study program. The activities may range from painting facilities to serving as conversational English partners. Students must engage in 15 hours of service activity, assigned readings, and write 3-5 formal pages or equivalent per credit. Repeatable for credit - maximum six. Offered Fall, Spring.
INS 425/525 Cr.2-3
**Interdisciplinary Seminar International Studies**
An in-depth examination of selected topics in international studies. The course is interdisciplinary and organized along thematic lines. Topics vary. Repeatable for credit - maximum six. Prerequisite: junior standing. Offered Occasionally.

INS 426/526 Cr.1
**International Study Tour**
Group travel to explore selected topics in international studies. Must be taken concurrently with university course at upper level or graduate level that includes foreign travel or foreign tour. Departmental option for pass/fail or letter grading. Prerequisite: junior standing. Offered Occasionally.

INS 450 Cr.1-6
**International Internship**
An academically relevant, professional field experience in a foreign country. Students must be approved and advised by the Office of International Education. Determination of relevancy shall be made by the Office of International Education with the advice and consent of the Director of International Studies curriculum. Students are responsible for finding an appropriate faculty advisor to supervise and grade the internship. Language proficiency must be demonstrated where applicable. Students must be on their internship worksite during the semester for which they are registered for academic credit. One credit/35 hours of experience. Repeatable for credit - maximum six. Prerequisite: junior standing; 2.75 cumulative GPA or consent of the Office of International Education and INS Program. Offered Occasionally.

INS 495 Cr.3
**Directed Readings in International Studies**
Supervised, directed readings on a topic in international studies which is not accommodated by other courses in the university curriculum. Students design individual plans of study in consultation with appropriate faculty. Consent of the director of international studies courses required to register. Consent of instructor. Offered Fall, Spring, Summer.