Health Education and Health Promotion Department (HED/CHE/SHE/HWM)

College of Science and Health
Department Chair: R Daniel Duquette
124 Mitchell Hall; 608.785.8161
Email: rduquette@uw lax.edu

www.uwlax.edu/health-education-and-health-promotion

Health education is a social science which draws from the biological, environmental, psychological, physical and medical sciences to promote health and prevent disease, disability and premature death by educating individuals and communities to voluntarily change their behaviors to improve their health and well-being. Health education is the development of individual, group, institutional, community and systemic strategies to improve health knowledge, attitudes, skills and behavior. The purpose of health education is to positively influence the health behavior of individuals and communities as well as the living and working conditions that influence their health.

Students graduating with our public health and community health education degree have a strong foundation in public health and are skilled in the competencies identified by the Council on Education for Public Health (https://ceph.org), (CEPH) an independent agency recognized by the U.S. Department of Education to accredit schools of public health and public health programs. The BS-PH CHE program at the University of Wisconsin La Crosse is the only one of its kind in the University of Wisconsin System with national accreditation through CEPH.

The Department of Health Education and Health Promotion support and teach to national educational standards within health education, preparing our school health graduates to access student understandings and skill development. The Wisconsin Teacher Standards, evolving from the National Teacher Standards, are the framework which directs instruction for the school health candidates and constitutes the assessment process for graduating students.

Health Education and Health Promotion admission to program policy

All programs in the Department of Health Education and Health Promotion have academic policies and admission requirements. Students are advised to become aware of the application criteria for their program and may refer to program websites for the most detailed information regarding these criteria and procedures.

School health education & public health and community health education programs:

1. Students transferring into a health education program must have a cumulative GPA of 2.50 or higher at the time of transfer.
2. Students must follow the course sequences set up by the department.
3. Students must attain an overall 2.50 grade point average including all 100/200 level required courses before being admitted to the 300 level courses in health education.
4. Students must earn a grade of "C" or better in all required health education courses and the following courses:

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIO 100</td>
<td>Biology for the Informed Citizen</td>
<td>4</td>
</tr>
<tr>
<td>or BIO 105</td>
<td>General Biology</td>
<td></td>
</tr>
<tr>
<td>HPR 105</td>
<td>Creating A Healthy, Active Lifestyle</td>
<td>3</td>
</tr>
<tr>
<td>Select one of the following:</td>
<td>6-8</td>
<td></td>
</tr>
<tr>
<td>ESS 205 &amp; ESS 206</td>
<td>Human Anatomy and Physiology for Exercise Science I and Human Anatomy and Physiology for Exercise Science II</td>
<td></td>
</tr>
<tr>
<td>BIO 312 &amp; BIO 313</td>
<td>Human Anatomy and Physiology I and Human Anatomy and Physiology II</td>
<td></td>
</tr>
</tbody>
</table>

Admission requirements for school health education majors (http://catalog.uwlax.edu/undergraduate/healtheducation/schoolhealtheducationbs/#majorrequirementstext)

Admission requirements for public health and community health education majors (http://catalog.uwlax.edu/undergraduate/healtheducation/communityhealtheducationbs/#majorrequirementstext)

Admission requirements for health and wellness management majors (http://catalog.uwlax.edu/undergraduate/healtheducation/healthandwellnessmanagementbs/#majorrequirementstext)

General education writing emphasis

This department incorporates a significant amount of writing through the required courses instead of identifying particular courses as writing emphasis courses. Students who complete a major in this department will fulfill the general education writing emphasis requirement (http://catalog.uwlax.edu/undergraduate/generaleducation/#generaleducationrequirementstext).

2018-19 Faculty/Staff

The following is the department’s faculty and staff as of the publication date of this catalog. This list will not be updated again until the next catalog is published in June.

Professor
R. Daniel Duquette
Gary Gilmore
Keely Rees

Associate Professor
Michele Pettit
Karen Skemp
Emily Whitney
Assistant Professor
Anders Cedergren
Robert Jecklin
Sarah Pember
Lori Reichel

Lecturer
Gail McCormick

Associate Lecturer
Katie Wagoner

Administrative Support
Sandra Vinney

Majors

- Public health and community health education - BS (http://catalog.uwlax.edu/undergraduate/healtheducation/communityhealtheducationbs)

- School health education - BS (http://catalog.uwlax.edu/undergraduate/healtheducation/schoolhealtheducationbs)

- Health and wellness management - BS (http://catalog.uwlax.edu/undergraduate/healtheducation/healthandwellnessmanagementbs)

Minors

- School health education minor (early childhood-adolescence certification) (http://catalog.uwlax.edu/undergraduate/healtheducation/schoolhealtheducationminor)

- School health education minor (middle childhood-early adolescence education certification) (http://catalog.uwlax.edu/undergraduate/healtheducation/schoolhealtheducation-mca-minor)