On-Campus Life

- Alumni Association (p. 1)
- Departmental honors programs (p. 1)
- Intercollegiate athletics (p. 1)
- McNair Scholars Program (p. 2)
- Music activities (p. 2)
- Recognized student organizations (p. 2)
- Recreational sports (p. 2)
- Student Association and student government (p. 2)
- Student-faculty committees (p. 2)
- Student governance associations (p. 3)
- Undergraduate Research and Creativity Program (p. 3)
- University Centers (UC) (p. 3)
- University theatre (p. 4)

Alumni Association

Cleary Alumni & Friends Center
608.785.8489
www.uwlalumni.org (http://www.uwlalumni.org)

The UW-La Crosse Alumni Association builds and maintains relationships among alumni, students, friends, and the university. The Association’s primary goal is to keep alumni engaged with the university and to ensure “The La Crosse Experience” lives on for generations to come.

The Alumni Association makes UW-La Crosse stronger by:
- Supporting alumni networks
- Contributing to “Legacy” scholarships
- Keeping alumni informed about what is happening on campus
- Contributing to alumni activities around the world
- Providing support for today’s students

For information regarding programs, benefits, services, and how you can get involved, visit the UW-L Alumni Association (http://www.uwlalumni.org).

The UW-La Crosse Alumni Association. For you. For La Crosse. For a lifetime.

Departmental honors programs policy

Departmental honors programs are available in the Departments of Economics, English, Geography, Microbiology, Modern Languages, Philosophy, Physics, Political Science and Public Administration, Psychology, and Sociology and Archaeology.

Designed to provide opportunities for special in-depth research, reading and writing for majors in the departments listed above, department honors programs also emphasize independent and creative work with highly personalized student-teacher contact and discussion.

The minimum requirements for all departmental honors programs are:

1. Admission: junior standing, 12 credits in major, 3.25 cumulative grade point average in the major, recommendation of two faculty members from major department.
2. Program: completion of the regular major, one course in a seminar, independent study, research study, or other appropriate honors options within the major program of study.
3. Evaluation: a cumulative 3.50 grade point average at graduation in the major, distinguished performance on a paper or project (a project might be a ballet in the area of the arts, or a study of some aspect of local economic conditions in the area of business), and presentations of the paper or project to a colloquium of faculty and students in the major.

Honors programs may vary by department. See departmental listings underneath the colleges and schools.

Additionally, there are numerous student honor organizations. See the “Honor and Recognition Society” category in the online listing of recognized student organizations on MyOrgs (https://uwmyorgs.collegiatelink.net).

Intercollegiate athletics

126 Mitchell Hall
608.785.8616
www.uwlathletics.com (http://www.uwlathletics.com)

The University of Wisconsin-La Crosse has a longstanding commitment to excellence in both the academic and physical development of its students, as memorialized in the University’s seal, which is emblazoned with the phrase “mens corpusque” (“mind and body”). The intercollegiate athletics program sponsors 19 sports competing as a member of the National Collegiate Athletic Association (NCAA) Division III, the National Collegiate Gymnastics Association (NCGA), and the Wisconsin Intercollegiate Athletic Conference (WIAC). UW-La Crosse’s rich history in intercollegiate athletics is highlighted by 65 national championships, 376 conference championships, and thousands of All-American performers. Just as importantly, UW-La Crosse’s student-athletes have set a high bar in the classroom, with a cumulative GPA that consistently ranks as the highest in the WIAC and, for 12 out of the last 13 years, has exceeded the GPA of UW-La Crosse’s general student body. The nearly 600 student-athletes competing in UW-L Athletics embody the program’s mission: Building Champions. In Sport. In School. In Life.

UW-La Crosse Athletics is committed to equal opportunity for student-athletes and staff. The program offers 10 women’s sports (basketball, cross country, gymnastics, soccer, softball, swimming and diving, tennis, indoor and outdoor track and field, and volleyball) and nine men’s sports (baseball, basketball, cross country, football, swimming and diving, tennis, indoor and outdoor track and field, and wrestling).

The intercollegiate athletics program is under the leadership of a director and deputy director of athletics, both of whom lend strategic direction to, and supervision of, a staff of more than 80 dedicated professionals providing comprehensive instruction and services to UW-La Crosse’s student-athletes. In addition to 14 head coaches and more than 50 assistant coaches, the staff includes an administrative assistant, four certified athletic trainers, three strength and conditioning coaches, three facility managers, two marketing and event management professionals, a sports information director, an equipment manager, and a director of camps and clinics.

UW-L Athletics is a member of the Division of Student Affairs and, as such, the director of athletics reports to the vice chancellor/dean of students. Two faculty athletics representatives provide academic oversight to the athletic program. In keeping with the campus commitment to shared governance, an Athletics Committee comprised of students, faculty, and staff monitors and advises the program on budgetary matters. A Student-Athlete Advisory Committee that includes representatives from every sport program meets regularly and consults with the program’s leadership.
McNair Scholars Program
106 Graff Main Hall
608.785.6913
www.uwlax.edu/mcnair-scholars

The Ronald E. McNair Post-Baccalaureate Achievement Program is federally funded by the United States Department of Education to provide eligible students with support and preparation for graduate school. McNair Scholars must either be low-income, first generation college students AND/OR be members of a traditionally underrepresented group in their field (usually African American, Latino/a, Native American and/or Asian Pacific Islander). The program at UW-La Crosse began in October of 2009 and is housed in the College of Science and Health. The program considers students from all majors that would lead to a Ph.D. as the terminal degree.

Music activities
608.785.8409
www.uwlax.edu/music

The Department of Music welcomes all University students by audition into its performing organizations. Most of the student ensembles function as part of the curriculum for our music majors and minors, but qualified non-music major students from all colleges and programs make up a large percentage of the participants in our ensembles. There are a variety of music ensembles available including: Orchestra, Wind Ensemble, Symphonic Band, Screaming Eagles Marching Band, Jazz Bands and combos, Concert Choir, Women’s Chorus, Mannerchor, Chamber Choir, Vocal Jazz Choirs, Korean Percussion Ensemble, and various other chamber ensembles. The large ensembles regularly perform on tours in the state, nationally and internationally. Auditions are required for admission and placement. Contact the Department of Music for details on audition dates, times, and repertoire. For students who enjoy listening to music, the abundance of concerts presented by our ensembles throughout the academic year provide ample opportunities to attend a wide spectrum of musical events.

Recognized student organizations
For a current listing of over 190 UW-La Crosse recognized student organizations, visit MyOrgs (https://uwlmyorgs.collegiatelink.net).

Recreational sports
130 Recreational Eagle Center
608.785.5225
www.uwlax.edu/recsports

UW-L students study hard, work hard, and play hard. Once you put down your books, check out what the Rec Sports Department has to offer. We have programs and facilities designed to help you stay active, meet new friends, and reduce your stress levels. Programs include: intramural sports, sport clubs, group fitness classes, special events, Outdoor Connection gear rental, trips, and climbing wall.

Recreational Eagle Center houses a climbing wall, 200 meter elevated track, two racquetball courts, four basketball courts, six volleyball courts, three badminton courts, multi-purpose room, strength and fitness center, cardiovascular equipment, aerobics studio, conditioning room, locker rooms with showers, outdoor trips and rental program.

Mitchell Hall houses a swimming pool, climbing wall, 200 meter track, three basketball courts, six tennis courts, indoor ropes course, dance studio, sports performance center, wrestling room, and locker rooms with showers.

Student Association and student government
235 Cartwright Center
608.785.8775
www.uwlax.edu/student-association

Chapter 36 of the Wisconsin State Statutes reads: "The students of each institution or campus shall have the right to organize themselves in a manner they determine and to select their representatives to participate in institutional governance." To exercise that right, the students have established the University of Wisconsin-La Crosse Student Association (UW-LSA) (http://www.uwlax.edu/student-association). Each student enrolled at UW-L is a member of the UW-LSA. The student government is divided into three branches: executive, legislative (Student Senate), and judicial. The executive and legislative branches are elected by the members of the UW-LSA each year. The judicial branch is appointed by the executive branch and approved by the legislative branch. The Student Association seeks to provide a student voice by advocating for student rights and responsibilities, fostering leadership, communicating student issues, and demonstrating respect for diversity in their actions.

Student-faculty committees
The Academic Affairs Committee is responsible for providing input on academic issues from the student perspective. This committee promotes the highest standards of academic integrity throughout the entire university community. It also reviews graduation regalia applications, selects graduation speakers, and reviews student technology fee allocations and other technology issues.

The Academic Initiative Oversight Committee (AIOC) is responsible for the annual distribution of academic initiatives differential tuition money to programs which fall under one of four cornerstones: advising, research, internationalization and diversity. AIOC is a made up of students, faculty and staff members who must determine how to allocate the budget so as to be the best advocates of student money through program presentations and budget deliberations.

The Segregated University Fee Allocation Committee (SUFAC) recommends to the student senate the manner in which funds collected by the state for support of student activities are to be distributed among eligible organizations. The committee also allocates funds to eligible groups for equipment and supplies, reviews requests for the Sustainability Fund, and makes recommendations to the student senate.

The Athletics Committee is responsible for recommendations to SUFAC for funding of activity fees used in support of athletic programs, and for recommendations to the Student Senate regarding policies affecting the athletic program.

The Cultural Affairs Committee is responsible for making recommendations to the SUFAC Committee regarding distribution of student activity fees used for programs that enhance the UW-La Crosse environment. The committee also helps select recipients of the Academic Initiative stipend for students studying abroad.

The Legislative Affairs Committee is responsible for encouraging student participation in voting and other events and maintaining these by-laws of the various Student Senate committees.

The Organizations Committee is responsible for recommendations to the Student Senate for the formulation of general policies concerning student...
organizations, and for recommendations regarding the distribution of the allocable fees for programming organizations.

The Student Services and Buildings Committee recommends policy concerning services provided to students. In addition, it is responsible for making recommendations to SUFAC for distribution of segregated fees for recreation, sport clubs, and student media.

Student governance associations

Student governance expands beyond the UW-L Student Association on campus. There are two other communities that have a structured governance component: the Fraternity and Sorority Life Community and Residence Life. The Panhellenic Council (http://www.uwlax.edu/University-Centers/Panhellenic-Council) and the Interfraternity Council (http://www.uwlax.edu/University-Centers/Interfraternity-Council) serve as the governing bodies for the social sororities and fraternities. The Residence Hall Association Council (http://www.uwlax.edu/RHAC/Welcome) (RHAC) formulates general policies for and serves as an administrative and judiciary agency governing residence halls.

Undergraduate Research and Creativity Program

223 Graff Main Hall
608.785.8040
www.uwlax.edu/urc

Highly motivated students can gain practical experience in their field of study at UW-L by pursuing an undergraduate research/creativity project in close association with a faculty member of their choice. The undergraduate research experience is much like an apprenticeship and is most suitable for students interested in gaining additional experience in their area of discipline.

Course credit may be earned for such research or creative activity, and an undergraduate research project could serve as a basis for a departmental honors thesis. UW-L faculty also may have paid summer positions available for student researchers. Because of the wide variety of possibilities for undergraduate research or creative experiences, students should speak directly with individual faculty members to determine the types of opportunities and specific projects available.

In general, the procedure for carrying out an undergraduate research project involves four steps:

1. Selecting a topic of interest and developing an idea for a project.
2. Speak with faculty members about your interests and select one as a mentor to advise you in your research. Most faculty will have projects or research ideas that they would be happy to discuss with you. Be sure to understand the expectations and commitments required of you.
3. Plan the project, seek funding (whenever possible), and carry out the research/creative work.
4. Disseminate your results in the form of a presentation and/or written manuscript.

To assist students in their undergraduate scholarly activity, UW-L has initiated the Undergraduate Research and Creativity Program, which makes funds available to student researchers on a competitive basis for their projects, hosts the annual Celebration of Student Research and Creativity, and publishes the UW-L Journal of Undergraduate Research. Students (with the help of their faculty mentors) may apply for funding every academic year; awards are made in the fall and spring. Project options are numerous. Proposals can be in your major or another discipline of interest, and could be multidisciplinary. Students may work independently or collaboratively on scholarly work completed in the U.S. or at an international location. Recipients are expected to complete their projects and present their work at the Celebration of Student Research and Creativity one year after receipt of the award. It is advisable that interested students begin speaking and planning their work with faculty mentors as early in their academic career as possible. Visit the Undergraduate Research and Creativity (http://www.uwlax.edu/urc) website for additional information and undergraduate research proposal guidelines.

University Centers (UC)

212 Cartwright Center
608.785.8888
www.uwlax.edu/university-centers

University Centers (http://www.uwlax.edu/university-centers) is a financially self-sufficient part of the Division of Student Affairs, comprised of Cartwright Center and Whitney Center. The focus of Cartwright Center is on student involvement and development, while Whitney Center provides the main dining operations on campus. Our objective is to support the academic mission of the institution by providing a wide variety of engaging educational and cultural programs, while supporting students with a multitude of free or affordable services and amenities (http://www.uwlax.edu/University-Centers/Other-Services)

- The Campus Activities Board (CAB) (http://www.uwlax.edu/cab) is a student-run programming board that provides entertaining and educational activities for the entire campus community. Events such as small and large concerts, comedians, coffee house acts, and special events are offered to students, faculty, staff, and the community. Several educational events are offered. These activities may include fine arts programming such as theater, music, lecture, and dance.
- The Distinguished Lecture Series also offers the university community an opportunity to hear speakers of national prominence due to their significant contributions to society.
- The UW-La Crosse Dining Service offers an assortment of different dining locations within Cartwright and Whitney Centers to meet the variety of needs and tastes of the campus community. Students may select from several contract meal plans, block meal plans, and cash/Campus Cash options.
- The Diversity Center is a devoted safe space for students of color, international students, women, LGBTQQQAA students, and students with disabilities. The Center offers meeting, study, and relaxation spaces, a small computer lab, comfortable furniture, a microwave, television, and refrigerator. The Diversity Center is open to ALL STUDENTS.
- The Fraternity and Sorority Life Community (FSL) (http://www.uwlax.edu/University-Centers/Welcome!) is rooted in the four pillars of their community: friendships, leadership development, service, and academic excellence. These are values shared by all of our social fraternities and sororities on campus. Members of the community are engaged in a variety of ways, including Brotherhood/Sisterhood programs, participating in service programs on campus and in the La Crosse community, hosting fundraisers for various philanthropic causes, and participating in regional and national leadership conferences. Their goal is to create an environment that encourages each student to reach their fullest potential, while living out their values every day.
- The Leadership and Involvement Center (LIC) (http://www.uwlax.edu/University-Centers/About-leadership-and-involvement) The Leadership and Involvement Center is comprised of three pillars: leadership, volunteerism, and services/support. These efforts, in collaboration with UW-La Crosse and the La Crosse community, will encourage both diversity of experience and empowerment within the student body and each individual. The LIC will assist students
in getting involved; provide leadership development opportunities; outreach to student organizations and individuals regarding successful practices; work with the MyOrgs student organization database and educates campus regarding its useful application; manage the UGetConnected web platform to connect students, organizations, classes and faculty/staff to community agencies and volunteer opportunities; provide Graphics Design services and marketing support to organizations and individuals.

• **The Meal Plan/ID Card Office** is where students add meal plans (http://www.uwlax.edu/University-Centers/Meal-plans), Campus Cash, access information on Higher One, and process university photo ID’s. It is also the location to activate university ID Cards (TowerOne Card (http://www.uwlax.edu/University-Centers/Tower-One-Card)) and get answers to ID card issues.

• **The Pride Center** (http://www.uwlax.edu/pride-center) is devoted to serving students, faculty, staff, and members of the campus community that may or may not label themselves as queer, lesbian, bisexual, transgender, gay, pan sexual, questioning, asexual, their allies, and students with LGBTQQA parents. The Center offers panels, educational programs, information, and most importantly, support and advocacy. LGBTQQA specific magazines, books, and videos are available for check out.

• **University Reservations and Event Support** (http://www.uwlax.edu/reservations) assists the university community by coordinating reservations, offering information for event planning, and serving as a liaison with university services. The Reservations Office offers equipment and assistance for events and meetings occurring in Cartwright Center. In addition, they can assist with scheduling classrooms (when classes are not scheduled), fundraisers, and outdoor events. Event Support consists of experienced technicians and event planners that help student organizations develop and produce events of all sizes.

**University theatre**

608.785.6701
Box Office: 608.785.8522
www.uwlax.edu/theatre-arts

The Department of Theatre Arts produces a theatre season of seven shows in the 418-seat Toland Theatre and in the more intimate Frederick Theatre including musicals, dance performances, and a children’s show. Additionally, Summer Stage, the summer theatre, produces a major musical each June-July. The theatre season is a thoughtful mix of contemporary plays, classics, musicals, and cutting edge new works. Tickets for all Toland Theatre productions may be purchased in advance, either as season tickets or tickets for individual performances. Reservations are strongly recommended.

Any UW-L student registered for at least three credits is eligible to audition and be cast in productions. The same applies to any student wanting to work backstage or in various capacities of the production team. Whether or not you are experienced in theatre, your participation is welcomed. Students work both with faculty and guest directors, designers, and choreographers on a wide variety of theatrical offerings. Opportunities to become involved are announced across campus, or you can contact the theatre department for more information.