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Academic advising resources

Advisors are assigned to each student based on academic major. Advisor assignments can be found in the WINGS Student Center. Advisors may be consulted for major and career choices and concerns, course sequencing and selection, and a variety of other issues. Students should schedule a minimum of one conference per semester with their advisors. Frequently this is done when planning next semester's class schedule.

Other advising resources include the Academic Advising Center & Career Services Office, and the Counseling and Testing Center. The staff in these offices provide academic, career and personal counseling,

and make referrals when appropriate. These resources, particularly the Academic Advising Center, are useful for students who have not declared an academic major or are uncertain about a major or career.

Another good resource for advising is the Academic Services Office for the student's assigned college/school. These offices are based in the college/school's offices and process change of major/minor forms and work with advisor changes. The Academic Services Directors of each college/school represent the Dean on all student academic issues and exceptions and are knowledgeable about university academic policies, academic procedures, and degree requirements. The directors resolve Advisement Report issues and verify the completion of all requirements for graduation.

The Advisement Report (AR) is an important advising tool and is available in the WINGS Student Center under "Academic Requirements." The AR identifies requirements that have been completed and those that remain. Using the AR is the best way to ensure that a student is taking the exact courses needed for graduation. Students thinking of changing their program of study may wonder how the change affects their progress. A student may set up and run a simulated or "What-If" Advisement Report based on alternate programs of study. This provides an opportunity to determine how one's courses fit into a different major and what requirements would need to be met. ARs are available in the student's online WINGS Student Center. Questions about how courses apply in the AR should be directed to the student's college/school Academic Services Director.

Academic Advising Center

1209 Centennial Hall
608.785.6950
advising@uwlax.edu

www.uwlax.edu/aaccs (<https://www.uwlax.edu/aaccs/>)

The University of Wisconsin-La Crosse Academic Advising Center is committed to providing all students proactive, developmental academic advising grounded in teaching and based on valuing a liberal arts education. Through this process, students develop the skills and self knowledge to be adaptable and reflective life-long learners. We seek to empower students to pursue the knowledge and experience necessary to make informed academic and career decisions congruent with their values and identity, leading to success at UWL and beyond.

Undeclared majors: Much of the center's work is focused on students who have not decided on an academic major. In addition to a staff of professional advisors, there are resources to assist with academic and career decision-making, including web-based assessments and other programs that can help students explore their interests, values, skills, potential majors and occupations. Staff members meet individually and in group advising sessions to assist students with their majors and career choices, course registration, Advisement Reports, general education requirements and academic policies and procedures.

Declared majors: The Academic Advising Center staff supports the advising that is carried out by faculty and academic staff in the colleges, departments, and other academic units. While students who have declared their major/minor should meet every semester with their assigned advisor, they are also welcome to utilize the services of the Academic Advising Center.

Pre-Health Student Resource Center: The Pre-Health Student Resource Center (PHSRC) advises students in any pre-health track or students who are exploring health-related academic paths. Advisors in the PHSRC can help students explore, learn about recommended or required

coursework for admission to health-related programs, and learn how to network and gain related experience.

The ACCESS Center

124 Wimberly Hall
608.785.6900
ACCESSCenter@uwlax.edu

www.uwlax.edu/center/access (<https://www.uwlax.edu/center/access/>)

The ACCESS Center provides services to students attending The University of Wisconsin-La Crosse who have a documented disability.

The ACCESS Center staff will meet with students and - based on documentation - determine appropriate academic accommodations to help you accomplish your academic goals and give you the support you need through graduation.

If you have a physical, sensory, psychological, or learning disability that is challenging you, get the support and assistance you deserve to help make the most of your education and campus life activities.

Campus safety and parking

Police Services
605 17th St. N.
608.789.9000
www.uwlax.edu/police (<http://www.uwlax.edu/police/>)

The University Police Department exists for the protection of people and property within and adjacent to the university community. The staff of certified (commissioned) police officers strives to provide a safe and secure campus environment. This is done through enforcement as well as engaging in activities with the Student Life Office and Residence Life Office to promote safety and responsible behavior. The officers are available 24 hours a day, seven days a week.

The Student Life Office provides the annual security report and crime statistics (<https://www.uwlax.edu/student-life/student-resources/annual-security-report/>).

Parking Services
605 17th St. N.
608.785.8061
parking@uwlax.edu

www.uwlax.edu/parking (<http://www.uwlax.edu/parking/>)

This unit is located in the Police Services building connected to the parking ramp. On campus parking is very limited. All parking permits are sold on a priority basis, depending on students' year in school. Resident parking lots are for students living on campus. Commuter parking lots are for off campus students, staff, and visitors. Daily and hourly parking is available in the commuter lots via the pay stations or the Passport parking app. We utilize License Plate Recognition (LPR) technology so your license plate is your permit.

Career Services

1209 Centennial Hall
608.785.8514
career@uwlax.edu

www.uwlax.edu/aaccs (<https://www.uwlax.edu/aaccs/>)

The Career Services Office assists students in finding meaningful careers. We seek to empower students to pursue the knowledge and

experience necessary to make informed academic and career decisions congruent with their values and identity, leading to success at UWL and beyond. The following services are available to assist in this process:

Career advising: Students can meet individually with a career advisor to discuss career exploration, job and internship search strategies, resume and cover letter writing, interviewing skills, and graduate school application process.

Networking events: Each year, Career Services coordinates several major career events that allow students to meet employers on an informal basis to discuss career options, internship positions, and employment opportunities.

Online services: From the Career Services' webpage, students can view and apply for regularly updated internships and jobs, sign up for on-campus interviews and upload resumes for employers to view online. The webpage also provides a complete schedule of Career Services sponsored career fairs, events and workshops, extensive "how to" information for resume writing, cover letter writing and interviewing, links to the top job websites and major employer websites, graduate and professional school information, links to career guidance information, and an annually updated report on employment information of recent UWL graduates.

On-campus interviewing: Employers from business, industry, government, and education visit the campus to interview students for employment opportunities.

Internship program: Internships help students integrate the classroom with practical experience through work related to their academic and occupational goals. These experiences, for which a student can receive credit, include working for regional, national, and international businesses, government agencies, and community organizations.

To gain academic credit for an internship, students must meet grade point average and course prerequisites. Students must be at their internship site during the academic term for which they are registered for academic credit. Thirty credits may be taken and recorded on the academic record; however no more than 15 credits are applicable to a degree. Students should contact the Career Services Office to learn more.

Departmental internships also are offered. See Cooperative Education and Internships (<http://catalog.uwlax.edu/undergraduate/cooperativeeducationandinternships/>) for a list of the departments.

Center for Transformative Justice

1120 Centennial Hall
608.785.5094
transformative@uwlax.edu

www.uwlax.edu/center/transformative-justice (<https://www.uwlax.edu/center/transformative-justice/>)

Formed in 2005, the Center for Transformative Justice enriches the campus community through explorative and restorative social justice education. We serve the campus by implementing critical frameworks to better understand the lived experiences of individuals, and their intersectional identities, to build a more equitable learning environment. Using the stories students share with us, we aim to provide programming and spaces that address inequities and barriers students experience.

Our values:

- *Integrity:* Investigate and address community issues that impact marginalized people to restore justice.
- *Connection:* Develop relationships that leverage empathy, compassion, and trust to participate in challenging conversations on equity, diversity, and inclusion.
- *Respect:* Learning to appreciate individuals for who they are, and the identities they hold, that make them valued members of our community.
- *Exploration:* Learning about other cultures and their experiences by engaging in new relationships, conversations, and activities that differ from our own.

A couple of our most recognized efforts include:

- Campus Thread
- Social justice programming
- Community building and support
- Bias support and education
- Campus climate research
- Reflection room

Child Center

Eagle Rec Center
608.785.8813

www.uwlax.edu/campus-child-center (<http://www.uwlax.edu/campus-child-center/>)

The Campus Child Center was established in 1985 and provides care for the children of University of Wisconsin-La Crosse students, staff, faculty, and alumni. The Center has built and maintained a reputation for providing quality care to the families they serve. For more information, visit the Campus Child Center (<http://www.uwlax.edu/campus-child-center/>).

Cooperative Program with Viterbo University

The University of Wisconsin-La Crosse and Viterbo University, also located in La Crosse, have an agreement for inter-institutional cooperation. The program is designed to enhance the educational opportunities for students of both institutions and to optimize the use of personnel, financial, and physical resources. Authorized undergraduate students from each institution will be allowed to enroll in selected undergraduate courses at the other institution.

Specific conditions:

1. Enrollment of any student in any course will be contingent upon the written permission of both institutions.
2. Students must be enrolled as full-time students at their home institution to be eligible for participation in the program.
3. Priority will be given to students from the home institution in courses where enrollments are limited.
4. Students will be allowed to carry a maximum of six credits at the sister institution.
5. Payment of general tuition and fees will be made at the institution at which the student is enrolled full-time.
6. Any special course fees, i.e. for laboratories, physical education, etc., will be paid at the institution at which the course is taken.

7. Only under special circumstances will students be allowed to enroll in courses at the sister institution that are available at the home institution. This will be determined on a case-by-case basis.
8. Summer and winter terms are excluded from the agreement.

If you are interested in participating in the program, contact the Records and Registration Office, 117 Graff Main Hall, records@uwlax.edu.

Counseling & Testing Center

2106 Centennial Hall
608.785.8073
www.uwlax.edu/counseling (<http://www.uwlax.edu/counseling-testing/>)

The Counseling & Testing Center (CTC) offers a wide range of mental health support designed to help college students adjust to the university environment and cope with emotional and psychological difficulties. The CTC utilizes a brief, solution-focused and strengths-based counseling model founded in our staff's diverse theoretical orientations and disciplines. Therapy is focused on helping students resolve or effectively manage a specific problem or challenge, or to make a desired change. Professional staff consists of licensed mental health professionals including psychologists and professional counselors, as well as supervised professionals-in-training. Counseling services are funded by student segregated fees and are available to all currently enrolled students. Information shared in counseling sessions is confidential in accordance with Wisconsin Statutes.

To learn more about our services and concerns that we commonly treat, see our Scope of Service (<https://www.uwlax.edu/counseling-testing/about-us/>).

Our Testing Center upholds the Wisconsin Idea that education should influence people's lives beyond the boundaries of the classroom and administers testing programs to UWL Students and the La Crosse community. These include ACT, SAT, and UW Placement Tests. We operate a computer testing center for ACTFL, CLEP, DSST, ETS, IQT, Kryterion, Meazure Learning, NTN, PAN, Pearson, Prometric, ProV, and PSI. We are a member of the National College Testing Association and provide proctoring for correspondence and online courses, and those needing professional certification or licensure exams for employment. For more information on proctoring, visit the National College Testing Association (<https://www.ncta-testing.org/>).

Fostering Success for Independent Scholars

2131 Centennial Hall
608.785.8535
sss@uwlax.edu

www.uwlax.edu/student-support-services/fostering-success-for-independent-scholars (<https://www.uwlax.edu/student-support-services/fostering-success-for-independent-scholars/>)

Fostering Success for Independent Scholars is a collaboration between Student Support Services and the Financial Aid Office. It is funded by a Universities of Wisconsin grant. The program is for students who lack the traditional family support afforded to most of their peers. Typically, students who qualify have multiple adverse childhood experiences including, but not limited to:

- Foster care
- Orphanhood
- Guardianship

- Unhoused or at risk of being unhoused (homeless)
- Neglect, abuse, and/or abandonment (FAFSA Dependency Override)

Fostering Success ensures students have the resources, support, and guidance necessary for their success. This program provides:

- Scholarship (\$500-700/year)
- Emergency funds
- Access to a wide variety of personal items & supplies (https://uwlax.sharepoint.com/:w:/s/StudentSupportService/EZoguRZ5WtFJs04svE35S4BEra_dWjeQqwlOD6OeMS2Ow/?e=6J3DhS)
- Help in applying for assistance programs (https://uwlax.sharepoint.com/:w:/s/StudentSupportService/ET0nCR0_hZtOo7Uc_NvIO3lBpSCT63geFcSrR20tmWMnA/?e=X5jKPX) like BadgerCare, FoodShare, Affordable Connectivity Program, etc.
- Logistical help with critical transportation needs (getting to/from work, campus, etc)
- Financial assistance to attend events related to academic, career, and personal development and cultural activities
- Help applying for and understanding student financial aid
- All basic student success services (advising, tutoring, programming, grant aid, peer mentoring, free printing, and more)

If a student believes they qualify for the Fostering Success for Independent Scholars program, they may apply here (<https://powerforms.docuSign.net/b35be0a3-d722-4aef-b05a-a05f8efed377/?env=na3-eu1&acct=c20133ee-cdfb-4642-9ccc-674890e137de>), or contact Student Support Services or the Financial Aid Office.

Information Technology Services (ITS)/ Help Desk

Information Technology Services
Wing Technology Center
www.uwlax.edu/its/ (<http://www.uwlax.edu/its/>)

Eagle Help Desk
103 Wing Technology Center
608.785.8774
helpdesk@uwlax.edu

www.uwlax.edu/its/Eagle-Help-Desk (<https://www.uwlax.edu/its/client-services-and-support/eagle-help-desk/>)

Information Technology Services (ITS) supports and enhances teaching, learning, research, and the student experience by providing technology-based services, innovative solutions, and responsive support to our students, faculty, staff, and the university community. Our services include computer labs and classrooms, distance/online learning, video conferencing, lecture capture, Eagle Help Desk, network, and software services including Microsoft365. Students can access their academic information, tuition, and fees and register for classes online using WINGS. Many courses offer online resources through Canvas, the campus supported learning management system. Many of these resources are available on or off campus through a web browser. Computing and network information resources are widely used to support instruction, research, student services, and communication and to create a community of shared inquiry. Principles of responsible use, to which all users are bound, are included in the student (<https://www.uwlax.edu/its/knowledge-base/student-technology-guide/>) and staff (<https://www.uwlax.edu/its/knowledge-base/faculty-and-staff-technology-guide/>) handbooks.

ITS computing labs (<https://www.uwlax.edu/its/computer-classrooms-labs-and-technology/>) are located in Murphy Library. The labs have computers using Windows and Macintosh operating systems. A wide variety of application software including Microsoft Office is available. Pay-for-print laser printing is available in ITS computing rooms, and the Eagle Help Desk has more information about printing on campus (<https://www.uwlax.edu/its/client-services-and-support/pay-for-print/>).

The Eagle Help Desk provides free technical assistance. Assistance is available by phone, email, live chat, web, or on a walk-in basis. For self-help and more support resources, please visit the Help Desk (<https://www.uwlax.edu/its/client-services-and-support/eagle-help-desk/>).

The campus network reaches all buildings, including residence halls. Residence halls have individual network connections in each room; plus, a computer lab in each hall is available to residents. Wireless network connectivity is available in all academic buildings, residence halls, and many public areas on campus, both inside and outside, for students with mobile computers.

International Education & Engagement (IEE)

1140 Centennial Hall
608.785.8016
international@uwlax.edu

www.uwlax.edu/international-education (<http://www.uwlax.edu/international-education/>)

International Student & Scholar Services

International Education & Engagement (IEE) is dedicated to serving the internationalization efforts at the University of Wisconsin-La Crosse. International Student & Scholar Services (ISSS) serves UWL's international community by providing comprehensive services to international students and scholars through immigration advising; assisting departments to bring international researchers and scholars in collaborative projects on-campus; and offering events and programs on-campus that bridge understanding and linkages between the U.S. and international communities on-campus and in the community.

Our professional ISSS advisors/coordinators are professionally trained to provide information about non-immigrant visa rules and regulations for students and scholars holding F and J visas. Our advisors/coordinators are also trained to provide support to international students and scholars about academic, personal, and cultural matters, as well as cross-cultural adjustment concerns. Our dedicated staff administers comprehensive guidance to international students, beginning with new student orientation through advising on work opportunities upon graduation and beyond.

Education abroad & study away programs

IEE is UWL's comprehensive resource for education abroad/away opportunities worldwide and to other parts of the U.S. IEE offers a full range of advising and support services to students, including program selection, academic planning, financial planning, registration, credit, cultural adjustment, travel planning, and reentry.

Through our international university partnerships, faculty-led study abroad programs, and partnerships with study abroad/away program providers, UWL students have an opportunity to find a program that matches their academic, financial, and personal needs. UWL encourages students to study abroad/away to enrich their university experience and enhance career opportunities. Education abroad/away programs provide special opportunities for advanced study of all disciplines as

well as programs that include service-learning, internship, or volunteer experiences.

Education abroad/away program categories

1. Exchange programs allow students to enroll directly at a foreign host university for a semester or year while allowing an international student from the host university to enroll at UWL. Exchange students enroll in university courses and participate as regular students at the host university. Students in these programs pay UWL resident tuition plus additional fees – exchange programs are a very affordable way to study abroad.
2. UWL is also a member of National Student Exchange (NSE), a member-based organization that allows students to study away at another U.S. or U.S. territory university and a few institutions in Canada. UWL students pay UWL tuition while studying in another part of the United States or Canada.
3. Direct-Enroll study abroad programs also allow students to enroll directly in courses at a foreign university. Students participating in a direct-enroll program pay host university discounted tuition/fees and UWL administrative fees.
4. Provider programs are study abroad companies that offer international programs for students. Their sites may be affiliated with a foreign university or designed as a study center exclusively for students. These programs offer comprehensive on-site support for students.
5. Faculty-led programs are short-term credit bearing programs (summer, winter intersession, or spring break) led by UWL faculty which allow students to focus on specific issues, themes, or world regions. Destinations vary each academic year.
6. Service learning programs are non-credit bearing experiences that offer students the opportunity to take part in a volunteer or service-learning project abroad.
7. International Undergraduate Research (<https://www.uwlax.edu/urc/>)

For more information about the many different programs available, please visit International Education & Engagement (<https://www.uwlax.edu/international-education/>).

Education abroad program academic requirements

Selection of the appropriate program for each student requires careful consideration of the academic, personal, and financial factors that determine a successful international experience. Group and individual advising sessions with the IEE advisers assist students in choosing an appropriate program. Applicants for education abroad programs are expected to have a good record of academic achievements. UWL requires a minimum grade point average (GPA) of 2.50 for most programs and successful completion of one semester on campus. However, some programs may require a higher GPA and class standing in order to be eligible.

Academic credit for study abroad programs is subject to the approval of transfer by specific departments. Credits from study abroad are calculated in a separate transfer GPA and are averaged with the overall (cumulative) GPA to create a "combined" GPA. Programs offering UWL resident credit, such as faculty-led programs where courses are taught by UWL faculty, will be included in the overall (cumulative) GPA.

Students wishing to participate in non-UWL study abroad programs may do so pending review and approval by International Education & Engagement and their academic department.

Education abroad program cost and financial aid

The university makes every effort to provide academically sound exchange and study abroad/away programs at reasonable costs. Exchange program fees may be based on tuition, room, and board at UWL with some additional administrative fees. Direct-enroll study abroad program fees are set by the sponsoring institution. Provider programs have a set program price that includes tuition and fees. The cost of education abroad (<https://www.uwlax.edu/international-education/education-abroad/afford/>) is not included in the 12-18 credit tuition plateau rate (<https://www.uwlax.edu/cost/>). Any additional course enrollment in the same term as the education abroad enrollment will be charged the appropriate additional tuition/fee rates. Students may apply for financial aid to assist with the cost of the programs. Wisconsin residents may also be eligible for a need-based grant of up to \$2,000. Veterans' benefits may apply; however, students should check with the UWL Veteran Services Office to see which benefits are applicable. In addition to financial aid, International Education & Engagement has information on scholarship opportunities and grants that may be used to offset the cost of studying abroad.

Partnership with the Spanish-American Institute of International Education

UWL serves as the School of Record for the Spanish-American Institute of International Education (SAIIE) in Spain. For more detailed information and a list of current courses offered, see SAIIE (<https://www.uwlax.edu/international-education/education-abroad/search-programs/#tm-299674>).

La Crosse Exercise and Health Program (LEHP)

221 Mitchell Hall
608.785.8683
www.uwlax.edu/La-Crosse-Exercise-and-Health (<https://www.uwlax.edu/center/la-crosse-exercise-and-health/>)

The LEHP program, in conjunction with the La Crosse area medical profession, comprises two community service units, Adult Fitness and Cardiac Rehabilitation, as well as professional units in Research and Educational Services. Based on laboratory evaluations, individualized programs of diet and exercise are developed by UWL faculty and technicians in cooperation with area medical personnel. Graduate assistants and undergraduate fitness majors assist during exercise periods in the Mitchell Hall pool and field house or during individual testing sessions in the Human Performance Laboratory. The LEHP offers an opportunity for practical experience, particularly to students who major in exercise and sport science and health education. Both the graduate degree program in clinical exercise physiology and the undergraduate program in exercise and sport science-fitness emphasis enroll students who rely heavily on the LEHP units for their clinical work and supervision opportunities.

La Crosse Medical Health Science Consortium, Inc.

3065 Health Science Center
608.785.5150
www.lacrosseconsortium.org (<http://www.lacrosseconsortium.org/>)

The La Crosse Medical Health Science Consortium (LMHSC) is an alliance of UWL, Viterbo University, Western Technical College, Mayo Clinic Health System-Franciscan Healthcare, Gunderson Health System, the La Crosse County Health Department, and the School District of La Crosse. These medical and higher education partners

formed the Consortium in 1993 to provide a means for working collaboratively to provide better healthcare, strengthen the healthcare workforce, and encourage strong health science research initiatives. The Consortium continues to work toward these goals through collaborative projects in population health improvement, nursing, clinical placements, cultural competency, and workforce issues. Its mission is to foster collaboration for healthier communities.

The Consortium is located in, and operates, the Health Science Center (HSC), which opened in 2000. The HSC was built with the support of the five founding partners, the State of Wisconsin, and generous private donations. It houses classrooms, teaching laboratories, research labs, faculty offices, and meeting rooms used by UWL, Western, and Gundersen. It is also home to the Student Health Center, which serves both UWL and Western students, and the Health Science Academy, a health professions partnership with the La Crosse School District.

Legal Aid Service

The Student Association annually contracts with local attorneys to help students who need legal advice. By contacting Student Life, 608.785.8062, you can make an appointment to see an attorney on campus. All information between attorney and student is kept confidential. It should be noted that legal service is limited to advice, not court appearances. For further information contact Student Life (<https://www.uwlax.edu/student-life/our-services/legalservices/overview/>), 149 Graff Main Hall, studentlife@uwlax.edu.

Murphy Library

Murphy Library is the campus center for academic inquiry. Located in the heart of campus, the library provides access to a vast and diverse collection of electronic and print resources; facilities designed to flexibly accommodate a variety of learning needs; and technologies that complement and enhance the acquisition, synthesis, and use of information. Murphy Library is rich in international and multicultural materials, supporting campus diversity and inclusivity by providing books, multimedia collections, and e-resources that represent a broad spectrum of groups, cultures, and viewpoints.

The library offers access to over 191,000 full-text journals, magazines, and newspapers available electronically, and over 300 scholarly databases on a vast array of subjects. Our growing collection of e-books currently numbers in the tens of thousands of volumes, all of which are available campus-wide, and in most cases, off-campus as well. All of these materials can be located using Search@UW (<https://www.uwlax.edu/murphylibrary/>), our integrated search system that brings together print materials, full-text electronic materials, and request forms into a single interface. Search@UW also allows users to find materials in local and regional catalogs along with resources for finding materials held in libraries worldwide. By cooperative agreement, students may use the libraries of Viterbo University, Western Technical College, the La Crosse Public Library, and area medical centers. A service called Resource Sharing allows UWL faculty, staff, and students access to millions of items throughout the Universities of Wisconsin, and the Interlibrary Loan service provides access to additional materials from around the world.

The library building, itself, offers open, welcoming spaces for study and collaboration as well as quiet space, group study rooms, and a coffee café. The book and microform collections are complemented by map collections, the pre K-12 Curriculum Center, leisure reading materials, and a media area. Our multimedia collections consist of streaming video as well as physical audio-visual materials located on the main floor. The library is also a selective depository for state and federal government documents. In the library's Special Collections and Area

Research Center, users can find university archives, rare books, oral history interviews, a large historic photographic collection, books on Wisconsin history, and a regional depository of manuscripts and public records from the Wisconsin Historical Society. Additionally, Murphy Library houses UWL's largest general computer access lab, plus has loanable laptops, digital video cameras, and other technology related equipment available for checkout.

Librarians can help students navigate the ever-evolving information landscape to find the quality information they need; teach students how to find relevant and appropriate information resources; and guide students how to best utilize the services of the entire library to achieve success in their academic pursuits. Librarians are available at the research assistance desk as well as by phone, email, chat, or via an individual research consultation appointment.

For more information, please visit Murphy Library (<http://www.uwlax.edu/murphylibrary/>).

Mississippi Valley Archaeology Center (MVAC)

Archaeology Center and Laboratories Building
608.785.8464
mvac@uwlax.edu

www.uwlax.edu/mvac (<https://www.uwlax.edu/mvac/>)

MVAC is an archaeological research, preservation and public education unit of the Department of Archaeology and Anthropology that conducts excavations, surveys, pre-collegiate education, and public programs. MVAC preserves sites and collections and works with archaeologists in the Archaeology/Anthropology Department to provide opportunities for student participation in archaeological research and pre-professional training and experience. The archaeology laboratory is a location for much course-related student research and contains space to curate artifacts recovered from field projects. Field studies are conducted regularly to learn about the prehistoric and early historic cultures of the upper Mississippi River Valley. The MVAC website contains much information on the archaeology of the upper Mississippi River and the public events and activities that MVAC sponsors.

Multicultural Student Services

1101 Centennial Hall
608.785.8225
omss@uwlax.edu

www.uwlax.edu/multicultural-student-services (<http://www.uwlax.edu/multicultural-student-services/>)

Multicultural Student Services uses a student-centered approach to academic excellence, leadership, and the personal/social development of African American, Indigenous/American Indian, Hispanic/Latinx, Asian American, Hmoob, biracial, and multi-ethnic students at UW-La Crosse. Multicultural Student Services advocates for the retention and graduation of multicultural students. Our mission is to foster a sense of belonging through connections, inclusion, and authenticity.

Multicultural Student Services believes in a holistic one-stop approach in developing students and creating access to pathways for academic success through intentional advising and outreach. We provide opportunities for student success and advocacy to support academic progression, cultural awareness, identity development, on-campus connections, and a grater sense of belonging. We value and support access, equity, human understanding, shared values, and respect for individual differences. Our goal is for students to graduate from the

university and prepare them to contribute to their communities and society at large.

Areas of service and outreach include: academic advising, transfer student advisement, leadership development, and advising for multicultural student organizations; academic and financial retention; student employment; peer tutoring; personal guidance and advocacy for students; cultural, educational, and social programming; and year-round pre-college mentoring and tutoring programs.

New Student and Family Programs

2320 Student Union
608.785.8939
nsfp@uwlax.edu

www.uwlax.edu/new-student-and-family (<https://www.uwlax.edu/new-student-and-family/>)

New Student and Family Programs coordinates programs such as START, New Student Orientation, Welcome Week, Winter Week of Welcome, the Second Year Experience, and Family Weekend. It exists as a resource to assist in the transition of new students and their families by building partnerships through communication, programming, and resources. Please call, email, or drop-by to ask a question or to chat about your experience as a new student at UWL.

Planetarium

020 Cowley Hall
608.785.8669
www.uwlax.edu/planetarium (<http://www.uwlax.edu/planetarium/>)

The Planetarium has served the university, area schools, private groups, and the general public since 1966. Several thousand people attend presentations at the Planetarium each school year. Bright stars and major constellations are pointed out in the simulated sky for school groups, private groups, and public programs. Each of these programs also includes a multimedia presentation on various subjects in astronomy and space science. There are monthly public programs at 1:00 pm on Saturdays in October, November, December, February, March, and April. Album Encounters are multimedia light and laser shows set to rock music. They are at 8:00 pm on Fridays when classes are in session. For information on programs, see the UW-La Crosse Planetarium (<http://www.uwlax.edu/planetarium/>) or call 608.785.8669.

Records and Registration

117 Graff Main Hall
608.785.8951
records@uwlax.edu

www.uwlax.edu/records (<http://www.uwlax.edu/records/>)

Records/transcripts: Academic records are confidential between the student and the university. Students may request transcripts of their permanent academic records at any time, provided they are not financially encumbered to the university. Transcripts may be requested in person, online, or by writing to the Office of Records and Registration. Additional transcript information (<http://www.uwlax.edu/Records/Transcript-request-procedure/>) is available online. There is a fee for official transcripts. Transcripts will not be released without the student's authorizing signature. Under no circumstances will partial transcripts be issued.

Registration: The university has online registration via the WINGS Student Information System. Each student is assigned a registration

time based on credits earned. The assigned time is listed on each student's WINGS Student Center. When planning a course schedule, students consult the online Schedule of Classes (<https://www.uwlax.edu/records/registration/>) for the current and next term(s). Complete instructions for registration (<http://www.uwlax.edu/Records/registration/>) and later schedule changes (<https://www.uwlax.edu/wings/>) (dropping/adding after the term has started) can be found on the Records and Registration website.

Registration for spring semester and winter intersession begins in November, summer registration begins in late March, and fall registration follows a week later. Students register at an assigned time or any time after that through the tenth day of classes unless enrollment limits have been met. Classes shorter than the traditional full semester length offered during a semester or during an intersession have drop/add schedules that reflect deadlines pro-rated from a full semester based on the length of the class. New first year students register in the summer at special registration sessions. Some departments require advising prior to registration. New students (including transfers) must pay a deposit before registration. Continuing students must not have any holds that block registration, including financial holds, on their account. The registration system will not permit a student to enroll in a class for which a prerequisite is not in progress at UWL or has not been completed. Registration is closed at the end of the second week of classes in fall and spring semesters and pro-rated for winter and summer classes.

If the university's enrollment management plan will permit registering additional students, late registrants for a semester, summer session, or winter intersession will be accepted and enrolled under normal late registration policies and procedures.

Residence Life

Eagle Hall
608.785.8075
housing@uwlax.edu

www.uwlax.edu/reslife (<http://www.uwlax.edu/reslife/>)

The Office of Residence Life strives to create affirming and inclusive homes for our residents where all people can achieve academic and social success through experiential learning and building meaningful relationships.

Approximately one-third of the undergraduate students enrolled in the university reside in one of the ten residence halls with a total population of roughly 3,300. First-year students are required to live on campus and occupy two-thirds of the available beds on campus. Eight of the ten residence halls offer a traditional living experience with community bathrooms and shared lounges. Eagle Hall is a suite-style hall which houses a mix of primarily first-year and second-year students. Reuter Hall offers, mostly upper-class students, single bedrooms in a shared apartment. Visit our website for more information about each of the residence halls (<https://www.uwlax.edu/reslife/orl-resources/residence-halls/>) and the amenities they offer.

We have a team of experienced, professional staff who are directly involved in monitoring services, counseling, relationship-building, community development and accountability. Our team hosts a multitude of events, all centered around the goals of interpersonal, academic, and cultural growth. Students are encouraged to be actively involved in their living community.

Specific housing regulations are communicated to all students through our policies and procedures (<https://www.uwlax.edu/globalassets/>)

offices-services/reslife/documents/policies-and-procedures.pdf) and the student handbook, Eagle Eye (<https://www.uwlax.edu/student-life/student-resources/student-handbook/>). These regulations are consistent with the conduct code referred to in this catalog.

River Studies Center

105E Graff Main Hall
608.785.6970
sbdc@uwlax.edu

www.uwlax.edu/river-studies-center (<http://www.uwlax.edu/river-studies-center/>)

The River Studies Center, created in 1972, is a non-curricular unit established to focus on research and informational programs pertinent to the Upper Mississippi River and its related resources. During the past 45 years, the Center has expanded its research program to other aquatic resources, including rivers, streams, lakes, and wetlands across Wisconsin, the Upper Midwest, and the nation. The Center has extensive interdisciplinary collaborative partnerships with several state and federal agencies and with other universities, including the U.S. Geological Survey, the Wisconsin Department of Natural Resources, the Minnesota Pollution Control Agency, the National Park Service, the University of Wisconsin-Madison, and the U.S. Environmental Protection Agency. The research of Center faculty addresses resource issues and environmental problems of pressing regional and national concern, such as environmental pollutants and contaminants that have caused widespread degradation of our aquatic resources. Faculty affiliated with the Center are highly competitive and successful in securing financial support for sustained aquatic environmental research. Scholarly investigations by the Center have provided research opportunities to nearly 100 graduate students and more than 250 undergraduates.

Small Business Development Center (SBDC)

120 Wimberly Hall
608.785.8782
www.uwlax.edu/sbdc (<http://www.uwlax.edu/sbdc/>)

The SBDC helps business owners start and grow their businesses through research, on-site programs, advising, and educational programming. As one of Wisconsin's Small Business Development Centers, the SBDC taps statewide resources to help business managers solve business challenges. It provides businesses with information and guidance in starting, maintaining, and expanding a small business including innovative, high potential businesses. Funding from the Small Business Administration supports the counseling.

Case studies sometimes are conducted by advanced students under faculty supervision.

In partnership with UW-Extension, the SBDC provides non-credit continuing education programs for business people in a seven-county region. Topics include business plan development, marketing, sales, finance, human resources, and other small business concerns. The Supervisory Management Certificate Program provides practical training for both new and experienced managers. In addition, the SBDC provides speakers, programs, and trainers to individual firms and groups.

Some research, such as feasibility and impact studies, is conducted for area businesses. Local economic data is accessed through the SBDC website.

Student Health Center

1st Floor, Health Science Center
608.785.8558
shcnetworking@uwlax.edu

www.uwlax.edu/student-health-center (<http://www.uwlax.edu/student-health-center/>)

The Student Health Center is operated by Mayo Clinic Health System in La Crosse, and provides medical, nursing, and physical therapy services in the form of outpatient and same day care, as well as prevention of illness or injury. The staff consists of Board Certified physicians, certified nurse practitioners and physicians assistants, registered nurses, physical therapists, physical therapy assistants, medical lab technologists, health information managers, and office staff. The Health Center staff members are experienced in working with the health care needs of college students and are dedicated to providing high quality care.

Services are available to students who are registered for credits each semester. The student health fee is automatically included in the student fee statement. There are user fees for services (<https://www.uwlax.edu/student-health-center/fees-costs/>) such as laboratory, immunizations, minor procedures, and physical therapy. Select medications are also available for a small fee.

Students are not required to have insurance to receive care at the Health Center. Payment of student fees covers this cost. However, students are strongly encouraged to obtain supplemental hospital-accident insurance to cover such expenses as hospitalization, emergency services, specialist care, pharmacy, and ambulance transport. The student health fee does not cover these costs. If coverage is available through a family plan, students are urged to have the name of the insurance carrier and policy/subscriber numbers available on campus.

All information in a student's health record is entirely confidential and is not released without the student's written consent. Students may schedule an appointment to review their medical records.

Students can be seen at the Health Center by scheduled appointments and same day appointments by scheduling online or calling the clinic. Appointments are available weekdays when school is in session from 8 a.m. - 4 p.m. on Monday-Friday. Hours may be reduced during the summer term and winter intersession. Students who need emergency medical care when the Health Center is closed should go to the local emergency departments or walk-in clinics.

Student Life

149 Graff Main Hall
608.785.8062
studentlife@uwlax.edu

www.uwlax.edu/student-life (<http://www.uwlax.edu/student-life/>)

Student Life staff serve as advocates to promote the interest of students within the university. Their goal is to facilitate student success by maximizing the use of the services available and to intervene on students' behalf when requested and appropriate. Staff are prepared to address the following issues:

- advising and referral of students who experience personal crises
- investigation of student complaints (ombuds role)
- advocacy and advisement for returning adult students (non-traditional aged)

Student Life is also designated with the responsibility of enforcing the various conduct codes on campus, which can be found in the *Eagle Eye*. If you experience harassment, discrimination, assault (physical or sexual), or have questions regarding your rights and responsibilities, visit Student Life for confidential advice and guidance.

In addition, the staff provides mediation services to students who may experience interpersonal conflict(s) and are interested in working toward a resolution.

Student Life: Violence Prevention

149 Graff Main Hall
608.785.8062
www.uwlax.edu/violence-prevention/ (<http://www.uwlax.edu/violence-prevention/>)

UWL recognizes that violence in any form interferes with the work and learning taking place in our community. Often, someone who experiences a sexual assault, stalking, or violence or abuse in a relationship, may find that they have difficulty focusing on work or on their studies. Violence Prevention is here to assist with advocacy, information, and support, so that you can make informed choices about the options available to you in these situations. Services are free, confidential, and available to all UWL students, faculty, and/or staff members.

In addition to advocacy, the Violence Prevention Specialist is available to provide education and training on campus. Contact us to learn more or to schedule a classroom presentation or training session.

Student Life: Wellness and Health Advocacy

149 Graff Main Hall
608.785.8977
wellness@uwlax.edu

www.uwlax.edu/wellness/ (<http://www.uwlax.edu/wellness/>)

The mission of Wellness and Health Advocacy is to provide the UWL campus community with culturally competent health education, health promotion programming, alcohol and other drug education/prevention, and community engagement. It is our goal to engage in partnerships across the campus community that support and empower students to make choices and create lifelong habits that promote health and well-being across all seven dimensions.

As each individual in the campus community is unique, with different goals, values, strengths, and experiences, so are their perceptions of and potentials for wellness. Wellness and Health Advocacy respects and values these differences and will provide tools, education, guidance, and support to cultivate an inclusive environment in which the potential for health flourishes for everyone.

Student Support Services

2131 Centennial Hall
608.785.8535
sss@uwlax.edu

www.uwlax.edu/student-support-services/ (<http://www.uwlax.edu/student-support-services/>)

Student Support Services (SSS) is a federally funded TRIO program that has been serving UWL students since 1978. Each year, the program provides free services to 350 students who meet federal eligibility requirements. To apply (<https://www.uwlax.edu/globalassets/offices-services/student-support-services/sss-getting-started.pdf>), a student

must be a citizen or national of the United States, or meet the residency requirements for federal student financial assistance. A student must also meet one of the following criteria to be considered eligible for services:

1. First-generation college student (neither parent/guardian graduated from a four-year college or university); OR
2. Receive a substantial amount of financial aid and meet Department of Education guidelines for income eligibility; OR
3. Have a documented diagnosed physical and/or learning disability.

Services provided through the program include:

- Individualized success coaching, advising, and mentoring: students are assigned an SSS advisor and a peer mentor for help successfully navigating academic, personal, and financial issues, as well as help with career readiness and graduate school admissions. Students work with SSS staff to create individual success plans. Based on plans, staff connect students to the resources available that meet their unique needs.
- Unlimited, free, on-demand tutoring: students have access to professional specialists and peer tutors in math, science, and writing. SSS will also arrange for individualized tutoring in subjects not currently staffed.
- Grant aid awards: students who are SSS participants and are Pell-eligible can apply to receive extra grant aid.
- Student success, financial literacy, graduate school preparations, and career readiness programming: programming is offered to SSS students to help with study skills improvement, financial literacy, career readiness, the study abroad process, applying for scholarships, graduate school, and so much more.

Tutoring Services

Murphy Learning Center
256 Murphy Library
mlc@uwlax.edu

www.uwlax.edu/murphy-learning-center/ (<http://www.uwlax.edu/murphy-learning-center/>)

www.uwlax.edu/tutoring/ (<http://www.uwlax.edu/tutoring/>)

The Murphy Learning Center

The Murphy Learning Center is a place where all UW-La Crosse students can receive free tutoring services in a variety of general education courses. The Murphy Learning Center is located in 256 and 273 Murphy Library and is staffed by peer tutors. Tutoring is available for Mathematics, Writing, Biology, Chemistry, Earth Science/Geography, Physics, Accountancy, Economics, Public Speaking, Philosophy, History and Psychology. Tutors can assist with homework, preparation for quizzes or tests, learning vocabulary, and special projects as well as gaining an understanding of the general concepts. Hours vary depending on the subject, therefore the tutoring schedule (<https://www.uwlax.edu/info/tutoring/>) is posted online. Visit the Murphy Learning Center (<http://www.uwlax.edu/murphy-learning-center/>) for more details.

Writing: The Writing Center is housed within the Murphy Learning Center. The center is open at no cost to all students who seek help with their writing in any class. Students may be referred to the center by their professors, but many students come to the center on their own. Students should make appointments to be tutored, but drop-ins are welcome if tutors are available. The Writing Center (<https://www.uwlax.edu/murphy-learning-center/subject/writing-center/>) staff assist students at any stage of the composing process: understanding an assignment, finding a topic, identifying an audience, developing

materials, planning and organizing, writing a rough draft, and revising. The staff does not proofread student papers. Visit the Writing Center for more information.

Public Speaking: The Public Speaking Center (<https://www.uwlax.edu/murphy-learning-center/subject/public-speaking-center/#tab-welcome>), also housed within the Murphy Learning Center, provides support to students who need to make an oral presentation for any reason, including in-class assignments and off campus activities. The Public Speaking Center can help student with topic selection, preparation and presentation outlines, content development, delivery, presentational aids, managing speaking anxiety and increasing confidence in public speaking.

Undergraduate Research and Creativity Program

243 Graff Main Hall
608.785.8040
www.uwlax.edu/urc (<http://www.uwlax.edu/urc/>)

Highly motivated students can gain practical experience in their field of study at UWL by pursuing an undergraduate research/creativity project in close association with a faculty member of their choice. The undergraduate research experience is much like an apprenticeship and is most suitable for students interested in gaining additional experience in their area of discipline.

Course credit may be earned for such research or creative activity, and an undergraduate research project could serve as a basis for a departmental honors thesis. UWL faculty also may have paid summer positions available for student researchers. Because of the wide variety of possibilities for undergraduate research or creative experiences, students should speak directly with individual faculty members to determine the types of opportunities and specific projects available. In general, the procedure for carrying out an undergraduate research project involves four steps:

1. Selecting a topic of interest and developing an idea for a project.
2. Speak with faculty members about your interests and select one as a mentor to advise you in your research. Most faculty will have projects or research ideas that they would be happy to discuss with you. Be sure to understand the expectations and commitments required of you.
3. Plan the project, seek funding (whenever possible), and carry out the research/creative work.
4. Disseminate your results in the form of a presentation and/or written manuscript.

To assist students in their undergraduate scholarly activity, UWL has initiated the Undergraduate Research and Creativity Program, which makes funds available to student researchers on a competitive basis for their projects, hosts the annual Research & Creativity Symposium, and publishes the UWL Journal of Undergraduate Research. Students (with the help of their faculty mentors) may apply for funding every academic year; awards are made in the fall and spring. Project options are numerous. Proposals can be in your major or another discipline of interest, and could be multidisciplinary. Students may work independently or collaboratively on scholarly work completed in the U.S. or at an international location. Recipients are expected to complete their projects and present their work at the Research & Creativity Symposium one year after receipt of the award. It is advisable that interested students begin speaking and planning their work with faculty mentors as early in their academic career as possible. Visit

Undergraduate Research and Creativity (<http://www.uwlax.edu/urc/>) for additional information and undergraduate research proposal guidelines.

UW Credit Union

First floor, Student Union
608.232.5000, Ext. #3100
www.uwcu.org (<https://www.uwcu.org/>)

Official campus provider of financial services to the UW-La Crosse community

Founded by University of Wisconsin faculty & staff over 90 years ago, UW Credit Union is a Wisconsin-based nonprofit on campus offering financial education, affordable loans and our exclusive Eagles debit card. Enjoy anytime, anywhere access with the UWCU mobile app and mobile wallet, surcharge-free campus ATMs, and a full-service branch located on the first floor of the Student Union next to the Eagle ID office. Hours: Monday - Friday, 9 a.m. to 5 p.m. Learn more at uwcu.org (<https://www.uwcu.org/>). Federally Insured by NCUA.

Veterans Educational Benefits

223 Graff Main Hall
608.785.8751
uwlveted@uwlax.edu

www.uwlax.edu/veteran-services (<http://www.uwlax.edu/veteran-services/>)

The Veteran Educational Benefits Office provides educational assistance to veterans, active duty military, National Guard and Reserve military, and military family members. Our office serves as a focal point for state and federal veteran education benefits, referral to campus and community resources, and awareness of veteran topics in order to promote academic success and support the academic and administrative activities of the University. For more information, visit Veterans Educational Benefits (<http://www.uwlax.edu/veteran-services/>).