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Academic advising

Faculty advisers are assigned to each student based on academic major. Advisor assignments can be found in the WINGS Student Center. Advisers may be consulted for major and career choices and concerns, course sequencing and selection, and a variety of other issues. Students should schedule a minimum of one conference per semester with their advisers. Frequently this is done when planning next semester's class schedule.

Other advising resources include the Academic Advising Center, Career Services Office, and the Counseling and Testing Center. The staff in these offices provide academic, career and personal counseling, and make referrals when appropriate. These resources, particularly

the Academic Advising Center, are useful for students who have not declared an academic major or are uncertain about a major or career.

College Academic Services Directors are knowledgeable about university policies and procedures. They assign faculty advisers and notify students of their academic status. They determine whether students have completed all General Education, college core, major, minor, and university requirements for graduation. You should schedule an appointment with the Academic Services Director in your college one semester prior to graduation to confirm that all requirements will be met.

The Advisement Report (AR) is an important advising tool and is available in the WINGS Student Center under "Academic Requirements." The AR identifies requirements that have been completed and those that remain. Using your AR is the best way to ensure that you are taking exactly the courses you need for graduation. You may be thinking of changing your program of study and wonder how that change would affect your progress. You can use the What If AR to set up and request a simulated or "what-if" advisement report based on alternate programs of study. This provides an opportunity to determine how one's courses fit into a different major, and what requirements would need to be met. ARs are available in the online WINGS Student Center. If you have any questions about how your courses are applying in the AR, please see your dean's office.

Academic Advising Center

1140 Centennial Hall
608.785.6950
advising@uw lax.edu
www.uwlax.edu/Academic-Advising-Center

The University of Wisconsin-La Crosse Academic Advising Center is committed to providing all students developmental academic advising grounded in teaching and based on valuing a liberal arts education. Through this process, students develop the skills and self knowledge to be adaptable and reflective life-long learners. This results in the ability to set personal goals and to make intelligent educational, career, and life choices to achieve those goals.

Undeclared majors: Most of the center's work is focused on students who have not decided on an academic major. In addition to a staff of professional advisers, there are resources to assist with academic and career decision-making, including web-based assessments and other programs that can help students explore their interests, values, skills, potential majors and occupations. Staff members meet individually and in group advising sessions to assist students with their majors and career choices, course registration, Advisement Reports, general education requirements and academic policies and procedures.

Declared majors: The Academic Advising Center staff supports the advising that is carried out by faculty and academic staff in the colleges, departments, and other academic units. While students who have declared their major/minor should meet every semester with their designated faculty adviser, they are also welcome to utilize the services of the Academic Advising Center.

The ACCESS Center

165 Murphy Library Resource Center
608.785.6900
www.uwlax.edu/access-center

The ACCESS Center provides services to students attending The University of Wisconsin-La Crosse who have a documented disability.
The ACCESS Center staff will meet with students and - based on documentation - determine appropriate academic accommodations to help you accomplish your academic goals and give you the support you need through graduation.

If you have a physical, sensory, psychological, or learning disability that is challenging you, get the support and assistance you deserve to help make the most of your education and campus life activities.

**Campus Climate**

1120 Centennial Hall
608.785.5094
www.uwlax.edu/campus-climate

Formed in 2005 as a project of Plan 2008, the Research & Resource Center for Campus Climate envisions a campus environment where the individual and collective are committed to welcoming, including, and engaging the experiences and perspectives of all. Through fostering dialogue, respect, critical thinking, personal growth, and social action, we believe in the power of awareness, the strength of understanding, and the potential of bridging cultures across difference. To that end, our mission is to facilitate, sustain and advance an organizational culture and climate that supports principles of social justice, equity, inclusion and community.

A couple of our most recognized efforts include:

- **AWARENESS THROUGH PERFORMANCE** (https://www.uwlax.edu/campus-climate/awareness-through-performance) - Awareness through Performance is a student group that works toward promoting greater consciousness around social justice, diversity, and climate issues on the UWL campus and beyond. Using the stage as their forum, students creatively challenge systems of privilege and oppression and strive to plant seeds of social responsibility, inspire critical thought, and spark a campus-wide conversation.

- **HATE & BIAS RESPONSE** (https://www.uwlax.edu/campus-climate/hatebias-response) - The Hate Response Team (HRT) exists to combat the many forms of hate/bias and all manifestations of prejudice and intolerance through consistent assessment of the campus climate, proactive educational efforts for all, and comprehensive response and counsel to the individual and collective impacted by hate/bias. Through the online Hate/Bias Incident Report (https://www.uwlax.edu/campus-climate/hatebias-request), the Hate Response Team seeks to collect information on any and all incidents of hate, bias and discrimination motivated by a person's actual or perceived identity, which could include race, ethnic background, nationality, sex, sexual orientation, gender identity, gender expression, disability, or religious affiliation.

**Campus safety and parking**

**Police Services**
605 17th St. N.
608.789.9000
www.uwlax.edu/police

The University Police Department exists for the protection of people and property within and adjacent to the university community. The staff of certified (commissioned) police officers strives to provide a safe and secure campus environment. This is done through enforcement as well as engaging in activities with the Student Life Office and Residence Life Office to promote safety and responsible behavior. The officers are available 24 hours a day, seven days a week.


**Campus Parking**
605 17th St. N.
608.785.8061
www.uwlax.edu/parking/

This unit is located in the Police Services Office. Parking space is very limited. Lots designated as commuter parking for students and staff are controlled by permits sold on a first-come, first-served basis. Residence hall parking permits for students living on campus are sold on a priority basis, depending on students’ year in school. Daily and hourly parking is available in the commuter lots.

**Career Services**

1140 Centennial Hall
608.785.8514
www.uwlax.edu/career-services

The Career Services Office assists students in finding meaningful careers. The following services are available to assist in this process:

- **Career Advising:** Students can meet individually with a career advisor to discuss career exploration, job and internship search strategies, resume and cover letter writing, interviewing skills, and graduate school application process.

- **Career Events:** Each year, Career Services coordinates several major career events that allow students to meet employers on an informal basis to discuss career options, internship positions, and employment opportunities.

- **Online Services:** From the Career Services’ home page, students can view and apply for regularly updated internships and jobs, sign up for on-campus interviews and upload resumes for employers to view online. The home page also provides a complete schedule of Career Services sponsored career fairs, events and workshops, extensive “how to” information for resume writing, cover letter writing and interviewing, links to the top job web sites and major employer home pages, graduate and professional school information, links to career guidance information, and an annually updated report on employment information of recent UWL graduates.

- **On-Campus Interviewing:** Employers from business, industry, government, and education visit the campus to interview students for employment opportunities.

- **Internship Program:** Internships help students integrate the classroom with practical experience through work related to their academic and occupational goals. These experiences, for which a student can receive credit, include working for regional, national, and international businesses, government agencies, and community organizations.

To gain academic credit for an internship, students must meet grade point average and course prerequisites. Students must be at their internship site during the academic term for which they are registered for academic credit. Thirty credits may be taken and recorded on the academic record; however no more than 15 credits are applicable to a degree. Students should contact the Career Services Office to learn more.

Departmental internships also are offered. See Cooperative Education and Internships (http://catalog.uwlax.edu/undergraduate/cooperativeeducationandinternships) for a list of the departments.
The Campus Child Center was established in 1985 to provide care for the children of University of Wisconsin-La Crosse students, staff, and faculty. The Center has built and maintained a reputation for providing quality care to the families they serve. For more information, visit the Campus Child Center (http://www.uwlax.edu/campus-child-center).

Cooperative Program with Viterbo University

The University of Wisconsin-La Crosse and Viterbo University, also located in La Crosse, have an agreement for inter-institutional cooperation. The program is designed to enhance the educational opportunities for students of both institutions and to optimize the use of personnel, financial, and physical resources. Authorized students from each institution will be allowed to enroll in selected courses at the other institution.

Specific conditions:

1. Enrollment of any student in any course will be contingent upon the written permission of both institutions.
2. Students must be enrolled as full-time students at their home institution to be eligible for participation in the program.
3. Priority will be given to students from the home institution in courses where enrollments are limited.
4. Students will be allowed to carry a maximum of six credits at the sister institution.
5. Payment of general tuition and fees will be made at the institution at which the student is enrolled full-time.
6. Any special course fees, i.e. for laboratories, physical education, etc., will be paid at the institution at which the course is taken.
7. Only under special circumstances will students be allowed to enroll in courses at the sister institution that are available at the home institution. This will be determined on a case-by-case basis.
8. Summer and winter terms are excluded from the agreement.

If you are interested in participating in the program, contact the Cooperative Program Advisory Coordinator in the College of Science and Health, 105 Graff Main Hall.

Counseling & Testing Center

The Counseling & Testing Center (CTC) offers a wide range of mental health and testing services designed to help college students adjust to the university environment and cope with emotional and psychological difficulties, as well as academic and social pressures.

Our counselors strive to empower students to recognize and improve their own capacity for wellness and healing, and believe that good mental and emotional health are imperative to both academic and interpersonal success. The professional staff consists of licensed psychologists, licensed professional counselors, and supervised professionals-in-training. Staff members have considerable experience in working with college students and use various short-term methods of individual and group counseling to help students achieve their goals.

• Individual counseling provides an opportunity to talk with a professional counselor about any topic or personal concern.
• Groups and workshops help students learn new interpersonal skills, improve study skills, or discuss personal concerns in a safe and supportive atmosphere.
• The CTC staff works closely with the primary care and psychiatric providers at the Student Health Center to coordinate any medical care that might be needed. Information shared in counseling sessions is confidential in accordance with Wisconsin Statutes.
• The CTC is a training site for graduate level practicum and intern students, as well as post-doctoral psychology residents who work under the supervision of licensed professional psychologists and counselors. Most of our counseling center services are funded by student segregated fees and are available to all currently enrolled students.
• The CTC is also home to our Relaxation Room: a quiet, calm, low-light space, equipped with reclining chairs and massage pads. Great for a timeout, a break, or even a quick nap.

Our Testing Center administers numerous regional and national testing programs in a paper & pencil format to UWL Students and La Crosse area community members, including ACT, LSAT, SAT, UW Placement Tests, and Wisconsin Department of Agriculture exams for Pesticide Applicators and Weights and Measures inspectors. We are also a computer-based testing center for ACTFL, CLEP, Comira, DSST, Kryterion, Miller Analog, Performance Assessment Network, Pearson/VUE, ProV, PSI, Scantron-Castle, and Educational Testing Service (GRE, Praxis and TOEFL exams). We are a member of the National College Testing Association and provide proctoring services for correspondence, distance learning, and online courses, and those needing professional certification or licensure exams for employment. For more information on proctoring, see the National College Testing Association website at https://www.ncta-testing.org.

Information Technology Services (ITS)/Help Desk

Information Technology Services

(ITS) provides our campus community with the technology necessary to facilitate and enhance learning through these services: computer labs and classrooms, personal file storage, distance education, lecture capture, Eagle Help Desk, EagleApps (email) powered by Google, network, and personal file storage. Students can access their academic information, tuition, and fees and register for classes online using WINGS. Many courses offer online resources through Desire2Learn (D2L), the campus supported course management system. Many of these resources are available on or off campus through a web browser. Computing and network information resources are widely used to support instruction, research, student services, and communication and to create a community of shared inquiry. Principles of responsible use, to which all users are bound, are included in the student (https://www.uwlax.edu/its/knowledge-base/student-technology-guide) and
university experience and enhance career opportunities. Education encourages students to study in a foreign country to enrich their lives and education. UWL students have an opportunity to find a program abroad through our international university partnerships, faculty led study abroad programs, and partnerships with study abroad program providers. UWL students have an opportunity to find a program abroad that matches their academic, financial and personal needs.

The campus network reaches all buildings, including residence halls. Residence halls have individual network connections in each room; plus, a computer lab in each hall is available to residents. Wireless network connectivity is available in all academic buildings, residence halls, and many public areas on campus, both inside and outside, for students with mobile computers.

International Education & Engagement

1209 Centennial Hall
608.785.8016
www.uwlax.edu/international-education

International student & scholar services

International Education & Engagement (IEE) is dedicated to serving the internationalization efforts at the University of Wisconsin-La Crosse. International Student & Scholar Services (ISSS) serves UWL's international community by providing comprehensive services to international students and scholars through immigration advising; assisting departments to bring international researchers and scholars in collaborative projects on campus; and by offering events and programs on campus that bridge understanding and linkages between the United States and international communities on campus and in the community.

Our professional ISSS advisers and coordinators are professionally trained to provide information about non-immigrant visa rules and regulations for students and scholars holding F and J visas. Our advisers and coordinators are also trained to provide counseling to international students and scholars about academic, personal, and cultural matters, as well as cross-cultural adjustment concerns. Our dedicated staff administers comprehensive guidance to international students, beginning with new student orientation through advising on work opportunities upon graduation.

Education abroad programs

IEE is UWL's comprehensive resource for education abroad opportunities worldwide. IEE offers a full range of advising and support services to students, including program selection, academic planning, financial planning, registration, credit, cultural adjustment, travel planning, and reentry.

Through our international university partnerships, faculty led study abroad programs, and partnerships with study abroad program providers, UWL students have an opportunity to find a program abroad that matches their academic, financial and personal needs. UWL encourages students to study in a foreign country to enrich their university experience and enhance career opportunities. Education abroad programs provide special opportunities for advanced study of the humanities, social sciences, international business, the arts, and more.

IEE has a resource room with information on UWL programs including course catalogs, videos and host country information. International Education Ambassadors (IEA) are also available to share a student perspective on study abroad experiences in a variety of countries and programs.

Education abroad program categories

1. Exchange programs allow students to enroll directly at a foreign host university for a semester or year while allowing an international student from the host university to enroll at UWL. Exchange students enroll in university courses and participate as regular students at the host university. Students on these program pay UWL resident tuition plus minimal additional fees — exchange programs are a very affordable way to study abroad. UWL is also a member of National Student Exchange, a member-based organization that allows students to study away at another U.S. university. UWL students pay UWL tuition while studying in another part of the United States.

2. Direct-Enroll study abroad programs also allow students to enroll directly in courses at a foreign university. Students participating in a direct-enroll program pay host university tuition/fees and minimal UWL administrative fees.

3. Provider programs are study abroad companies that offer international programs for American students. Their sites may be affiliated with a foreign university or designed as a study center exclusively for American students. These programs offer comprehensive on-site support for students.

4. Faculty-led programs are short-term credit-bearing programs (summer, winter intersession, or spring break) led by UWL faculty which allow students to focus on specific issues, themes, or world regions. Destinations vary each academic year.

5. Service learning programs are non-credit bearing experiences that offer students the opportunity to take part in a volunteer or service learning project abroad.

6. International Undergraduate Research (https://www.uwlax.edu/urc)

More information about the many different programs available, please visit www.uwlax.edu/international-education.

Education abroad program academic requirements

Selection of the appropriate program for each student requires careful consideration of the academic, personal, and financial factors that determine a successful international experience. Group and individual advising sessions with the IEE advisers assist students in choosing an appropriate program. Applicants for education abroad programs are expected to have a good record of academic achievements. UWL requires a minimum grade point average (GPA) of 2.50 for most programs and successful completion of one semester on campus. However, some programs may require a higher GPA and class standing in order to be eligible.

Academic credit is for study abroad programs are subject to approval of transfer by specific departments. Credits from study abroad are calculated in a separate transfer GPA and are averaged with the overall (cumulative) GPA to create a "combined" GPA. Programs offering UWL resident credit, such as faculty led programs where courses are taught by UWL faculty, will be included in the overall (cumulative) GPA.
Students wishing to participate in non-UWL study abroad programs may do so pending review and approval by International Education & Engagement.

Education abroad program cost and financial aid

The university makes every effort to provide academically sound exchange and study abroad programs at reasonable costs. Exchange program fees may be based on tuition, room, and board at UWL with some additional administrative fees. Direct-enroll study abroad program fees are set by the sponsoring institution. Provider programs have a set program price that includes tuition and fees. Students may apply for financial aid to assist with the cost of the programs. Wisconsin residents may also be eligible for a need-based grant of up to $2,000. Veterans' benefits may apply; however, students should check with the UWL Veteran Services Office to see which benefits are applicable. In addition to financial aid, International Education & Engagement has information on scholarship opportunities and grants that may be used to offset the cost of studying abroad.

La Crosse Exercise and Health Program (LEHP)

221 Mitchell Hall
608.785.8683
www.uwlax.edu/La-Crosse-Exercise-and-Health

The LEHP program, in conjunction with the La Crosse area medical profession, comprises two community service units, Adult Fitness and Cardiac Rehabilitation, as well as professional units in Research and Educational Services. Based on laboratory evaluations, individualized programs of diet and exercise are developed by UWL faculty and technicians in cooperation with area medical personnel. Graduate assistants and undergraduate fitness majors assist during exercise periods in the Mitchell Hall pool and field house or during individual testing sessions in the Human Performance Laboratory. The LEHP offers an opportunity for practical experience, particularly to students who major in exercise and sport science and health education. Both the graduate degree program in clinical exercise physiology and the undergraduate program in exercise and sport science-fitness emphasis enroll students who rely heavily on the LEHP units for their clinical work and supervision opportunities.

La Crosse Medical Health Science Consortium, Inc.

3065 Health Science Center
608.785.5150
www.lacrosseconsortium.org (http://www.lacrosseconsortium.org/content/c/home)

The La Crosse Medical Health Science Consortium (LMHSC) is an alliance of UWL, Viterbo University, Western Technical College, Mayo Clinic Health System-Franciscan Healthcare, Gundersen Health System, the La Crosse County Health Department, and the School District of La Crosse. The medical and higher education partners formed the Consortium in 1993 to provide a means for working collaboratively to provide better healthcare, strengthen the healthcare workforce, and encourage strong health science research initiatives. The Consortium continues to work toward these goals through collaborative projects in population health improvement, nursing, clinical placements, cultural competency, and workforce issues. Its mission is to foster collaboration for healthier communities.

The Consortium is located in, and operates, the $27.1 million Health Science Center (HSC), which opened in 2000. The HSC was built with the support of the five founding partners, the State of Wisconsin, and generous private donations. It houses classrooms and teaching laboratories, research labs, faculty offices, and meeting rooms used by UWL, Western, and Gundersen Health System. It is also home to the Student Health Center, which serves both UWL and Western students.

Legal Aid Service

The Student Association annually contracts with local attorneys to help students who need legal advice. By contacting Student Life, 608.785.8062, you can make an appointment to see an attorney on campus. All information between attorney and student is kept confidential. It should be noted that legal service is limited to advice, not court appearances. For further information contact Student Life, 149 Graff Main Hall.

Murphy Library

Murphy Library is the campus center for academic inquiry. The library provides access to a vast and diverse collection of electronic and print resources, facilities designed to accommodate in a flexible manner a variety of learning needs, and technologies that complement and enhance the acquisition, synthesis, and use of information.

The library building offers open, welcoming spaces for study and collaboration as well as quiet space, individual study carrels, group study rooms, and a café. The book and microform collections are complemented by map collections, the preK-12 Curriculum Center, leisure reading materials, and a media area. Our multimedia collections consists of streaming video as well as physical audio-visual materials located on the main floor of the library. The library is also a selective depository for state and federal government documents. The Special Collections/Area Research Center contains university archives, rare books, oral history interviews, a photographic collection of approximately 170,000 images, books on Wisconsin history, and is a regional depository of over 900 linear feet of manuscripts and public records for the Wisconsin Historical Society. Murphy Library houses the campus’s largest General Computer Access lab. Laptops, iPads, video cameras, and other technology tools are available for checkout. Wireless access is available throughout the library, and adaptive technology is also provided.

The collections includes well over 100,000 full text journals, magazines, and newspapers available electronically. Over 250 scholarly databases are available to library users, on a vast variety of subjects. The library’s systems help users discover full text availability from various databases, Google Scholar, Murphy Library, and UW System-wide collections. In appreciation of the diverse research available to our users, a LibX toolbar enables users to link back to Murphy Library resources and services from anywhere on the web. Our growing collection of electronic books currently numbers tens of thousands of volumes. Electronic library materials are available campus-wide, and in most cases, off-campus as well.

Murphy Library is rich in international and multicultural materials, supporting campus diversity and inclusivity by providing books, multimedia collections, and electronic resources that represent a broad spectrum of groups, cultures, and viewpoints.

All of these materials can be located using Search@UW, our integrated search system linking print materials, full text electronic materials, and request forms into a single interface. Search@UW also allows users to find materials in local and regional catalogs along with resources for finding materials held in libraries worldwide. By cooperative agreement,
students may use the libraries of Viterbo University, Western Wisconsin Technical College, the La Crosse Public Library, and area medical centers. A service called Universal Borrowing allows UWL faculty, staff, and students access to millions of items throughout the University of Wisconsin system, and the Interlibrary Loan service provides access to additional materials throughout the world.

Librarians can help students find the quality information they need. They can also teach how to find relevant and appropriate information resources and to use the services of the entire library. Librarians are available at the research assistance desk, by phone, email, chat, text, or during individual consultation appointments.

For more information, please visit Murphy Library (http://www.uwlax.edu/murphylibrary).

**Mississippi Valley Archaeology Center (MVAC)**

Archaeology Center and Laboratories Building
608.785.8464
mvac/uwlax.edu

MVAC is an archaeological research, preservation and public education unit of the Department of Archaeology and Anthropology that conducts excavations, surveys, pre-collegiate education, and public programs. MVAC preserves sites and collections and works with archaeologists in the Archaeology/Anthropology Department to provide opportunities for student participation in archaeological research and pre-professional training and experience. The archaeology laboratory is a location for much course-related student research and contains space to curate artifacts recovered from field projects. Field studies are conducted regularly to learn about the prehistoric and early historic cultures of the upper Mississippi River Valley. The MVAC website contains much information on the archaeology of the upper Mississippi River and the public events and activities that MVAC sponsors.

**Multicultural Student Services**

1101 Centennial Hall
608.785.8225
www.uwlax.edu/multicultural-student-services

In connection with the University of Wisconsin-La Crosse Mission (http://catalog.uwlax.edu/undergraduate/aboutuw/laxmissions) and the Division for Diversity and Inclusion, the Office of Multicultural Student Services uses a holistic development approach to academic excellence, leadership, and the personal/social development of African American, Indigenous/American Indian, Hispanic/Latinx, Asian American, and biracial or multi-ethnic students at UWL. Our goal is to assist students to succeed academically, to enhance their sense of belonging, and to graduate from the university better prepared to contribute to their communities and the society at large.

**Areas of service and outreach include:** Academic Success Institute (summer bridge program); transfer student advisement, leadership development and advising for multicultural student organizations; academic and financial aid retention; peer tutoring; personal guidance, support and advocacy for students; cultural, educational, and social programming; and year-round pre-college mentoring and tutoring programs. OMSS models inclusive excellence and supports collaborative campus and community efforts that promote equity, access, human understanding, shared values, and respect for individual differences.

The Academic Success Institute (ASI)

ASI is a bridge program designed to help first year multicultural and disadvantaged students adjust to a rigorous college routine during the summer before the regular academic year begins. Between 15 and 20 students are enrolled for six weeks of intensive instruction in college level courses and related college experiences.

Students interested in attending the Academic Success Institute must have a need for academic support to successfully complete a college education and must identify as being from one or more of the following groups:

1. First generation college student (neither parent earned a bachelor’s degree);
2. Historically underrepresented populations (African American, Native American, South-Asian American, and Latinx/Hispanic);
3. Economically disadvantaged.

Submitting an application for admission to the University of Wisconsin-La Crosse is a requirement for participation. Students will also complete an ASI application and be interviewed prior to acceptance into the program. Applications for ASI are accepted until program capacity is reached (usually by April). For additional questions, please contact the Office of Multicultural Student Services, 1101 Centennial Hall, 608.785.8225.

**New Student and Family Programs**

149 Graff Main Hall
608.785.8055
www.uwlax.edu/new-student-and-family/

Student Life - New Student and Family Programs coordinates programs such as START, New Student Orientation, and Family Weekend. It exists as a resource to assist in the transition of new students and their families by building partnerships through communication, programming, and resources. Please call, email, or drop-by to ask a question or to chat about your experience as a new student at UWL.

**Planetarium**

020 Cowley Hall
608.785.8669
www.uwlax.edu/planetarium

The Planetarium has served the university, area schools, private groups, and the general public since 1966. Several thousand people attend presentations at the Planetarium each school year. Bright stars and major constellations are pointed out in the simulated sky for school groups, private groups, and public programs. Each of these programs also includes a multimedia presentation on various subjects in astronomy and space science. There are monthly public programs at 1:00 pm on Saturdays in October, November, December, February, March, and April. Album Encounters are multimedia light and laser shows set to rock music. They are at 8:00 pm on Fridays when classes are in session. For information on programs, see the UW-La Crosse Planetarium (http://www.uwlax.edu/planetarium) or call 608.785.8669.

**Records and Registration**

117 Graff Main Hall
608.785.8576
www.uwlax.edu/records
Residence Life

Eagle Hall
608.785.8075
www.uwlax.edu/reslife

The Office of Residence Life team mission statement reads, "The University of Wisconsin-La Crosse Residence Life Program is an integral component of the University's educational mission. We provide reasonably priced and well maintained living/learning environments which are designed to foster learning, community, personal growth, responsibility, respect, leadership, and citizenship."

Over one-third of the undergraduate students enrolled in the university reside in one of the eleven residence halls with a total occupancy of 3,200 including two new residence halls which provide apartment and suite style living for 880 students.

Residence halls are group living and learning centers financed and maintained solely by revenue from residents. Several living/learning arrangements are offered to meet individual needs: an upper-class hall, first-year experience halls, gender inclusive housing, and specialized living/learning communities exist in our newest residence halls. All halls are co-ed and smoke-free.

Halls are equipped with big screen color TVs, study areas, kitchens, computer rooms, laundry rooms, vending machines, a front desk operation, and games such as ping-pong, pool, and foosball. All student rooms have hard wired internet connection, one port per resident, and wireless connectivity throughout the hall.

Recreation, social, personal development, intramural sports, and diversity programs are some of the activities planned by residents of each hall with guidance and support from residence life staff members. Students are encouraged to assume leadership roles and take an active part of their living community via hall council or the Residence Hall Association Council (RHAC).

Entering students, after paying the $75 housing deposit, may indicate a living arrangement, specific hall, and/or roommate preference when you complete the online housing application. Priority for housing and meeting specific requests is based on the date of your housing application. In addition, a web-based roommate finder program is available.

Specific housing regulations are communicated to all residents through our polices and procedures (https://www.uwlax.edu/reslife/orl-resources/policies-procedures) and the student handbook, Eagle Eye (https://www.uwlax.edu/student-life/student-resources/student-handbook). These regulations are consistent with the conduct code referred to in this catalog and have been formulated by the chancellor under the authorization and direction of the UW System Board of Regents.

Off-campus living opportunities (https://www.uwlax.edu/student-association/off-campus-housing) are also available. Rental agreements are between students and their respective landlords. The university does not inspect or approve off-campus housing.

River Studies Center
105E Graff Main Hall
608.785.6970
www.uwlax.edu/river-studies-center

The River Studies Center, created in 1972, is a non-curricular unit established to focus on research and informational programs pertinent to the Upper Mississippi River and its related resources. During the past 45 years, the Center has expanded its research program to other aquatic resources, including rivers, streams, lakes, and wetlands across Wisconsin, the Upper Midwest, and the nation. The Center has extensive interdisciplinary collaborative partnerships with several state and federal agencies and with other universities, including the U.S. Geological Survey, the Wisconsin Department of Natural Resources, the Minnesota Pollution Control Agency, the National Park Service, the University of Wisconsin-Madison, and the U.S. Environmental Protection Agency. The research of Center faculty addresses resource issues and environmental problems of pressing regional and national concern, such as environmental pollutants and contaminants that have caused widespread degradation of our aquatic resources. Faculty affiliated with the Center are highly competitive and successful in securing financial support for sustained aquatic environmental research. Scholarly investigations by the Center have provided research opportunities to nearly 100 graduate students and more than 250 undergraduates.
Small Business Development Center (SBDC)

120 Wimberly Hall
608.785.8782
www.uwlax.edu/sbdc

The SBDC helps business owners start and grow their businesses through research, on-site programs, advising and educational programming. As one of Wisconsin’s Small Business Development Centers, the SBDC taps statewide resources to help business managers solve business challenges. It provides businesses with information and guidance in starting, maintaining, and expanding a small business including innovative, high potential businesses. Funding from the Small Business Administration supports the counseling.

Case studies sometimes are conducted by advanced students under faculty supervision.

In partnership with UW-Extension, the SBDC provides non-credit continuing education programs for business people in a seven-county region. Topics include business plan development, marketing, sales, finance, human resources, and other small business concerns. The Supervisory Management Certificate Program provides practical training for both new and experienced managers. In addition, the SBDC provides speakers, programs, and trains to individual firms and groups.

Some research, such as feasibility and impact studies, is conducted for area businesses. Local economic data is accessed through the SBDC website.

Student Health Center

1st Floor, Health Science Center
608.785.8558
www.uwlax.edu/student-health-center

The Student Health Center, a member of the American College Health Association, provides medical, nursing, and physical therapy services in the form of outpatient and urgent care as well as prevention of illness or injury. The staff consists of Board Certified physicians, certified nurse practitioners, registered nurses, physical therapists who are also certified athletic trainers, physical therapist assistants, medical lab technologists, health information managers, and office staff. The Health Center staff members are experienced in working with the health care needs of college students and are dedicated to providing high quality care.

Services are available to students who are registered for credits each semester. The student health fee is automatically included in the student fee statement. There are user fees for services such as laboratory, immunizations, x-ray, minor procedures, and physical therapy (https://www.uwlax.edu/student-health-center/fees-costs/).

Students are not required to have insurance to receive care at the Health Center. Payment of student fees covers this cost. However, students are strongly encouraged to obtain supplemental hospital-accident insurance to cover such expenses as hospitalization, emergency services, specialist care, pharmacy, and ambulance transport. The student health fee does not cover these costs. If coverage is available through a family plan, students are urged to have the name of the insurance carrier and policy/subscriber numbers available on campus.

All information in a student’s health record is entirely confidential and is not released to anyone without the student’s written consent. Students may schedule an appointment to review their medical records.

Students can be seen at the Health Center by scheduled appointments, same day appointments, and urgent clinic. Appointments are available weekdays when school is in session from 8 a.m. - 4 p.m. on Monday, Wednesday, Thursday, and Friday; and 9 a.m. - 4 p.m. Tuesday. Limited appointments are available one evening/week. Students who need emergency medical care when the Health Center is closed should go to the emergency department or walk-in clinic of either of the La Crosse hospitals.

Student Life

149 Graff Main Hall
608.785.8062
www.uwlax.edu/student-life

Student Life staff serve as advocates to promote the interest of students within the university. Their goal is to facilitate student success by maximizing the use of the services available and to intervene on students’ behalf when requested and appropriate. Staff are prepared to address the following issues:

• advising and referral of students who experience personal crises
• investigation of student complaints (ombuds role)
• advocacy and advisement for returning adult students (non-traditional aged)

Student Life is also designated with the responsibility of enforcing the various conduct codes on campus, which can be found in the Eagle Eye. If you experience harassment, discrimination, assault (physical or sexual), or have questions regarding your rights and responsibilities, visit Student Life for confidential advice and guidance.

In addition, the staff provides mediation services to students who may experience interpersonal conflict(s) and are interested in working toward resolution.

Student Life/Violence Prevention

149 Graff Main Hall
608.785.8062
www.uwlax.edu/violence-prevention

UWL recognizes that violence in any form interferes with the work and learning taking place in our community. Often, someone who experiences a sexual assault, stalking, or violent abuse in a relationship, may find that they have difficulty focusing on work or on their studies. Violence Prevention is here to assist with advocacy, information, and support, so that you can make informed choices about the options available to you in these situations. Services are free, confidential, and available to all UWL students, faculty, and/or staff members.

In addition to advocacy, the Violence Prevention Specialist is available to provide education and training on campus. Contact us to learn more or to schedule a classroom presentation or training session.

Student Life/Wellness Resource Center

Wellness Resource Center
149 Graff Main Hall
608.785.8977
www.uwlax.edu/wellness

The mission of the Wellness Resource Center is to empower students and staff by providing them with the knowledge and tools necessary to lead a healthy, balanced lifestyle. People have a natural impulse for health and an innate wisdom about what is best for them. The Wellness
Resource Center’s job is to help minimize or remove the barriers that interfere with that impulse and cultivate an environment in which the potential for health flourishes.

The Wellness Resource Center is committed to the UWL campus community. By guiding their behaviors we allow for a more holistic, balanced lifestyle where students, staff and faculty are able to achieve their full potential.

Student Support Services

2131 Centennial Hall
608.785.8535
www.uwlax.edu/student-support-services

Student Support Services (SSS) is a federally funded TRIO program that has been at the university since 1978. Each year, the program provides services to 350 students who meet federal eligibility requirements. A student must meet one of the following criteria to be considered eligible for services:

1. First generation college student (neither parent graduated from a four-year college or university);
2. Receive a substantial amount of financial aid;
3. Have a documented diagnosed physical and/or learning disability.

Services provided through the program include: individualized professional academic, personal, financial, and career advising and peer coaching; professional and peer tutoring in a variety of topics including math, English, and science. In addition, SSS provides workshops in an array of topics including but not limited to study skills improvement, the study abroad process, and applying for scholarship.

Tutoring Services

Murphy Learning Center
256 Murphy Library
www.uwlax.edu/murphy-learning-center
www.uwlax.edu/tutoring/

The Murphy Learning Center

The Murphy Learning Center is a place where all UW-La Crosse students can receive free tutoring services in a variety of general education courses. The Murphy Learning Center is located in 256 and 273 Murphy Library and is staffed by peer tutors. Tutoring is available for Mathematics, Writing, Biology, Chemistry, Earth Science/Geography, Physics, Accountancy, Economics, Public Speaking, Philosophy, History and Psychology. Tutors can assist with homework, preparation for quizzes or tests, learning vocabulary, and special projects as well as gaining an understanding of the general concepts. Hours vary depending on the subject, therefore the tutoring schedule (http://www.uwlax.edu/tutoring) is posted online. Visit the Murphy Learning Center (http://www.uwlax.edu/murphy-learning-center) for more details.

Writing: The Writing Center is housed within the Murphy Learning Center. The center is open at no cost to all students who seek help with their writing in any class. Students may be referred to the center by their professors, but many students come to the center on their own. Students should make appointments to be tutored, but drop-ins are welcome if tutors are available. The Writing Center (https://www.uwlax.edu/murphy-learning-center/subject/writing-center) staff assist students at any stage of the composing process: understanding an assignment, finding a topic, identifying an audience, developing materials, planning and organizing, writing a rough draft, and revising.

The staff does not proofread student papers. Visit the Writing Center for more information.

Public Speaking: The Public Speaking Center (https://www.uwlax.edu/murphy-learning-center/subject/public-speaking-center/#tab-welcome), also housed within the Murphy Learning Center, provides support to students who need to make an oral presentation for any reason, including in-class assignments and off campus activities. The Public Speaking Center can help student with topic selection, preparation and presentation outlines, content development, delivery, presentational aids, managing speaking anxiety and increasing confidence in public speaking.

Undergraduate Research and Creativity Program

223 Graff Main Hall
608.785.8040
www.uwlax.edu/urc

Highly motivated students can gain practical experience in their field of study at UWL by pursuing an undergraduate research/creativity project in close association with a faculty member of their choice. The undergraduate research experience is much like an apprenticeship and is most suitable for students interested in gaining additional experience in their area of discipline.

Course credit may be earned for such research or creative activity, and an undergraduate research project could serve as a basis for a departmental honors thesis. UWL faculty also may have paid summer positions available for student researchers. Because of the wide variety of possibilities for undergraduate research or creative experiences, students should speak directly with individual faculty members to determine the types of opportunities and specific projects available.

In general, the procedure for carrying out an undergraduate research project involves four steps:

1. Selecting a topic of interest and developing an idea for a project.
2. Speak with faculty members about your interests and select one as a mentor to advise you in your research. Most faculty will have projects or research ideas that they would be happy to discuss with you. Be sure to understand the expectations and commitments required of you.
3. Plan the project, seek funding (whenever possible), and carry out the research/creative work.
4. Disseminate your results in the form of a presentation and/or written manuscript.

To assist students in their undergraduate scholarly activity, UWL has initiated the Undergraduate Research and Creativity Program, which makes funds available to student researchers on a competitive basis for their projects, hosts the annual Research & Creativity Symposium, and publishes the UWL Journal of Undergraduate Research. Students (with the help of their faculty mentors) may apply for funding every academic year; awards are made in the fall and spring. Project options are numerous. Proposals can be in your major or another discipline of interest, and could be interdisciplinary. Students may work independently or collaboratively on scholarly work completed in the U.S. or at an international location. Recipients are expected to complete their projects and present their work at the Research & Creativity Symposium one year after receipt of the award. It is advisable that interested students begin speaking and planning their work with faculty mentors as early in their academic career as possible. Visit
Undergraduate Research and Creativity (http://www.uwlax.edu/urc) for additional information and undergraduate research proposal guidelines.

**Upward Bound**

176 Murphy Library Resource Center
608.785.8539
www.uwlax.edu/upward-bound

Upward Bound is a federally funded program for low income and/or first generation college bound high school students. It is funded under Title IV of the Higher Education Act of 1965 and is one of the TRIO programs created by Congress to help students overcome educational, social, cultural, and financial barriers to higher education. Services include weekly tutoring and advising, monthly Saturday activities, college visits, career exploration, and a six-week summer residential program. Funded at UWL since 1979, the program serves eligible students from La Crosse and Monroe counties.

**UW-Credit Union**

First floor, Student Union
608.232.5000, Ext. #3100
https://www.uwcu.org/

Since UW Credit Union’s founding more than 85 years ago, making banking easy for students and faculty has been our mission. With us, students get access to the latest technology and friendly service whenever they need it. Enjoy surcharge-free ATMs plus convenient services like our app and mobile wallet options in addition to affordable loans. Our on-campus branch is located on the first floor of the Student Union next to the Eagle ID office. Hours: Monday - Friday, 9 a.m. to 5 p.m. Or visit us online at uwcu.org (https://www.uwcu.org). Federally Insured by NCUA.

**Veterans Educational Benefits**

116 Graff Main Hall
608.785.8751
www.uwlax.edu/veteran-services

The Veteran Educational Benefits Office provides educational assistance to Veterans, active duty military, National Guard and Reserve Soldiers, and military family members. Our office serves as a focal point for state and federal Veteran education benefits, referral to campus and community resources, and awareness of Veteran topics in order to promote academic success and support the academic and administrative activities of the University. For more information, visit Veterans Educational Benefits (http://www.uwlax.edu/veteran-services).