# At-Risk Child and Youth Care Minor

## Minor requirements

### Declaration requirement

Students who wish to declare the at-risk child and youth care minor must first complete CYC 301 with a grade of "C" or better.

## Curriculum

(All colleges)

24 credits

- **Psychology majors** may apply a maximum of six credits toward the major and minor. 18 credits must be completed outside of psychology.
- **All other majors** may apply a maximum of six credits toward the major and minor if courses from the major are included in the CYC listings.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>CYC 301</td>
<td>Overview of Child and Youth Care</td>
<td>3</td>
</tr>
<tr>
<td>CYC 310</td>
<td>Social Policy for Children and Families</td>
<td>3</td>
</tr>
<tr>
<td>CYC 495</td>
<td>Capstone in Child Youth Care</td>
<td>3</td>
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</tbody>
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### Category II: Human development

#### Special populations development:

Select one of the following (each of which have a prerequisite of PSY 212):

- PSY 356 Infancy and Childhood
- PSY 357 Adolescence

### Category III: Family dynamics

Select one of the following:

- CST 336 Family Communication
- CYC 411 Family Systems Theory
- SOC 212 Marriage and Family

### Category IV: Application skills

Select one of the following:

- CST 230 Interpersonal Communication
- CST 330 Nonverbal Communication
- CST 354 Health Communication
- CST 365 Communication in Teams
- CST 380 Communicating Leadership
- PSY 315 Behavior Modification
- PSY 343 Group Dynamics
- PSY 347 Empathic Listening Skills
- PSY 370 Educational Psychology
- PSY/RGS 415 Multicultural Counseling
- PSY 425 Understanding the Mental Health Counseling Profession
- RTH 470 Recreational Therapy Processes and Facilitation Techniques
- SPE 207 American Sign Language and Deaf Culture I

## Category V: Youth-focused electives

Select one of the following:

- ANT 323 Anthropology of Childhood and Youth
- ESS 231 Introduction to Teaching Adapted Physical Education
- HED 207 Youth Health Issues
- HED 345 Issues in Mental and Emotional Health
- HED 425 Violence and Injury Prevention
- HED 469 Drugs, Society, and Human Behavior
- PSY 316 Child Abuse and Neglect
- PSY 325 LGBTQ+ Youth Psychology
- PSY 417 Child and Adolescent Psychopathology
- PSY 426 Addictive Behaviors
- RGS 320 Violence and Gender
- RTH 333 Therapeutic Recreation and Corrections
- SPE 200 Foundations of Special Education
- SOC 321 Delinquency
- SOC 324 Criminal Justice
- SOC 326 Sociopharmacology

Total Credits: 24

1. A grade of "B" or better in PSY 212 is required in order to enroll in CYC 301.
2. A grade of "C" or better in CYC 301 is required in order to enroll in CYC 310 and CYC 495.