Recreation - Therapeutic Recreation Graduate Program

Therapeutic Recreation
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http://www.uwlax.edu/therapeutic-recreation-ms/

The Master of Science in Therapeutic Recreation Program prepares students for certification as Therapeutic Recreation Specialists. Students learn to develop and implement treatment, leisure education, and recreation programs for individuals with special needs.

Graduates are prepared to:
• Assess the need for therapeutic recreation intervention
• Plan and evaluation individual and group treatment, leisure education and recreation participation programs
• Supervise interdisciplinary teams and human service providers
• Organize and manage services
• Direct outreach, advocacy, and public relations activities
• Assist individuals in the development of life-long leisure independence
• Address therapeutic recreation professionalization issues
• Take the national examination to become a Certified Therapeutic Recreation Specialist
• Use advanced knowledge as a clinical administrator or consultant

Graduates are employed in:
• Hospitals and physical rehabilitation facilities
• County, state, and national mental health treatment centers
• Residential settings
• Long-term care or nursing home facilities
• Community-based centers and human service agencies
• Recreation agencies, including national associations for disabled sport competitors (i.e., Special Olympics)
• Human service areas needing therapeutic recreation consultants

The Master of Science is also available in recreation management (http://catalog.uwlax.edu/graduate/programrequirements/therapeuticrecreation/therapeutic-recreation-ms).

2015-16 Faculty/Staff

The following is the graduate faculty and staff as of the publication date of this catalog. This list will not be updated again until the next catalog is published in June.

Professor
Steven Simpson, Ph.D., Department Chair
Susan Murray, Ed.D.

Associate Professor
Patricia Ardovino, Ph.D.

Jearold Holland, Ph.D.
Gretchen Newhouse, Ph.D.
Nancy Richeson, Ph.D.

Assistant Professor
Katherine Evans, Ph.D.
Laurlyn Harmon, Ph.D.
Daniel Plunkett, Ph.D.

Senior Lecturer
Daniel Widuch, M.S.Ed.

Lecturer
Lisa Savarese, M.S.

Associate Lecturer
Tara DeLong, M.S.

Administrative Support
Janet Craig, Academic Department Associate
Maureen Nelson

Graduate degree
• Therapeutic recreation - MS (http://catalog.uwlax.edu/graduate/programrequirements/therapeuticrecreation/therapeutic-recreation-ms)

Recreation Management Courses

REC 400/500 Cr.3
Planning for Park and Recreation Facilities
Designed to equip the student with the basic knowledge necessary to understand and implement the planning process in the development of park and recreation facilities. This course is also designed to familiarize the student with federal, state and local statutes, and other related documents (U.S Census, Wisconsin Administrative Codes, county and municipal ordinances). Offered Fall, Spring.

REC 402/502 Cr.3
Risk Management in Leisure Service Organizations
This course will identify the primary components of risk management and deals with the legal aspects of tort liability and contracts in leisure service organizations. It is designed to provide students with the basic knowledge necessary to understand and manage legal risks associated with leisure service organizations. Offered Fall, Spring.

REC 420/520 Cr.3
Revenue Management in Recreation Enterprises
This course covers prices and pricing from both managerial and behavioral perspectives in recreation, parks, and tourism settings. While the managerial aspects of pricing include pricing policy/strategy and revenue management (defined as selling perishable service products to the right customer at the right time for the right price), the behavioral aspects include psychology of pricing, price fairness, price perceptions, and willingness-to-pay for non-market goods. Offered Fall, Spring.
Outdoor Pursuits
This course provides skill development and leadership techniques in outdoor recreation activities commonly associated with wilderness and roadless areas. Backcountry ethics and safety will be stressed. A field trip will be required. Examples: backpacking, canoeing, bicycling, rock climbing, fishing, camping, and/or cross-country skiing. Repeatable for credit - maximum six. Offered Occasionally.

Workshops in Recreation and Parks
Group study of varying recreation and parks topics. University professors as well as visiting lecturers will be invited to address the students and conduct specialized phases of the workshops. Repeatable for credit under different topics. No student may earn more than six credits in REC 491/591 and RTH 491/591. Offered Occasionally.

Internship in Guided Learning
Application of the methods and techniques of recreation leadership and administration through a supervised internship experience. Repeatable for credit - maximum six. Prerequisite: completion of all required REC/ RTH courses; approval of recreation management internship coordinator. Consent of instructor. Offered Fall, Spring, Summer.

Philosophical Found of Leisure, Play and Recreation
In-depth study of past and current theories of leisure, play and recreation; concepts of work and time; the influence of technology and societal changes and the role of recreation in modern day society. Offered Fall.

Current Issues and Problems
An examination of current factors that are affecting the field of recreation, parks, and leisure with a major emphasis on special problem areas. Subject matter may vary in areas of interest or experience of the student and the instructor. Offered Occasionally.

Entrepreneurship in Recreation
This course focuses on management processes that the entrepreneur in recreation uses to create new recreation or entertainment services or to reenergize faltering services. Because entrepreneurs create services that are unusual, innovative, or unique, emphasis is given to planning and marketing processes. The course addresses market feasibility studies, business plan development, pricing, advertising, and public relations. Offered Spring.

Management of Leisure Services Organizations
Designed to equip the student with the knowledge and skills necessary to manage a public, not-for-profit, or commercial leisure service organization or a division of a leisure service organization. Emphasis will be placed on management functions (planning, organizing, staffing, leading, and controlling) as they relate to the leisure service organization. Offered Spring.

Research Methods for Recreation, Parks, and Leisure
The course introduces graduate students to research methods used in leisure research and recreation programs. Students learn to develop a research question, collect and analyze research literature, and conduct research using both quantitative and qualitative methods. The course is designed specifically to help students use methods relevant to the recreation field to take the initial steps for a graduate thesis or project. Offered Fall.

Outdoor Education
A study of the philosophy, resources, skills, methods and activities associated with the natural environment as a laboratory for the achievement of some of the purposes and objectives of education. The focus of the course is on direct participation and leadership situations in the out-of-doors. Repeatable for credit - maximum four. Offered Occasionally.

Graduate Project in Recreation
An independent investigation of advanced level study in the leisure service profession. Examples of professional projects include development of agency manuals, development of agency comprehensive assessments, research projects, recreation business proposals, program development and evaluation, and recreation comprehensive plans. Repeatable for credit - maximum six. Consent of department. Offered Fall, Spring, Summer.

A Comparative Approach to Leisure & Society
This course will survey leisure practices throughout the world and make a comparison of how leisure is perceived in other societies. Prerequisite: REC 701. Offered Occasionally.

Advanced Seminar - Recreation Management
Various current professional and theoretical topics will be presented in workshop format. Visiting scholars will supplement faculty presentations. Repeatable for credit - maximum six. Offered Occasionally.

Independent Study in Recreation
Individualized study of areas not available in existing courses. Repeatable for credit - maximum six. Consent of instructor. Offered Fall, Spring, Summer.

Special Projects in Recreation Management
Individualized study areas not available in existing courses or independent study. Emphasis is on the planning, implementation, and evaluation of a recreation leisure project. Projects are completed under the supervision of the director and graduate faculty in the department. Repeatable for credit - maximum six. Offered Fall, Spring, Summer.

Research-Master’s Thesis
Independent research project selected and executed under the direction of a graduate faculty member by students electing to write a thesis. The project may be in any area related to recreation and parks. Maximum six credits allowed toward degree for graduation. Consent of department. Offered Fall, Spring, Summer.

Therapeutic Recreation Courses
RTH 400/500 Cr.3
Child Life Theory and Practice
This course introduces future certified child life specialists and others to theories and techniques of providing services to reduce anxiety of children and families in hospitals and alternative settings. This course develops understanding and affirmation of the values of supporting individual development, family-centered care, play, therapeutic relationships, developmentally appropriate communication, professional collaboration, defined clinical competencies, and research findings that examine the practice of child life. Prerequisite: PSY 210 or PSY 212 or CYC 301. Offered Spring.
RTH 410 Cr.2

**Child Life Facilitation of Psychosocial Support**

This course introduces future certified child life specialists and others to providing psychosocial support and intervention techniques that help children and families cope with stress from hospitalization or life events that disrupt normal development. Techniques for using play, recreation, creative arts modalities, and supportive activities including volunteer provision are explored. Prerequisite: PSY 210 or PSY 212 or CYC 301. Offered Fall.

RTH 402/502 Cr.3

**Helping Children Cope with Grief and Loss**

This online course provides in-depth knowledge of pediatric practice in the area of grief and death to students majoring in Therapeutic Recreation. The course will examine personal responses to grief and death; multicultural responses to grief and death; ethical and moral issues related to death and dying; how children deal with death and dying of a sibling or parent; and how children deal with their own impending death. The course will provide the current thoughts and practices necessary for students to prepare for the job market. Prerequisite: PSY 210 or PSY 212 or CYC 301. Offered Fall.

RTH 403/503 Cr.3

**Helping Children Cope with and Manage Pain**

The intent of this online course is to provide in-depth knowledge of pediatric practice in the area of coping and pain management for students majoring in Therapeutic Recreation. The course will examine: current thoughts and practices on the subject of pain and how it affects the body; tools that assess pain; ways to help children cope with their own pain; and techniques that supplement common pain medications. The course will provide the current thoughts and practices necessary for students to prepare for the job market. Prerequisite: PSY 210 or PSY 212 or CYC 301. Offered Fall.

RTH 404/504 Cr.3

**Coping with Pediatric Disabling Condition**

This online course provides in-depth knowledge of pediatric practice in the area of coping with pediatric disabling conditions for students majoring in Therapeutic Recreation. The course will examine: common disabling conditions and diseases that affect infants, children, and adolescents; how these conditions affect the child and the family; and how chronically ill children are impacted at each stage of their development. The course will provide the current thoughts and practices necessary for students to prepare for the job market. PSY 210 or PSY 212 or CYC 301. Offered Fall.

RTH 456/556 Cr.3

**Program Design and Administration of Therapeutic Recreation**

This course is designed to present an overview of concepts and interaction techniques used in the provision of goal-oriented therapeutic recreation services. Included are counseling techniques, leadership and instructional techniques appropriate for use in treatment, leisure education, and recreation participation. Prerequisite: MTH 145; RTH 326 or RTH 327 and RTH 456/556 or concurrent enrollment. Offered Fall, Spring.

RTH 474/574 Cr.3

**Experiential Education: Facilitation Techniques for a Ropes Course**

This course is designed to present in-depth information, skills and knowledge of the concepts and facilitation techniques used in experiential education. This course is primarily designed using the ropes and challenge course on the UW-L campus. Prerequisite: students must provide a statement of health and complete an assumption of risk/waiver. Offered Occasionally.

RTH 476/576 Cr.3

**Assessment and Treatment Planning in Therapeutic Recreation**

Overview of individual client assessments used in therapeutic recreation practice; development of individualized treatment/program plans in a therapeutic recreation context; review resources, standards and issues related to client assessment and program planning in therapy, leisure education and recreation participation programs. Prerequisite: RTH 456/556, RTH 470/570. Offered Fall. Spring.

RTH 480/580 Cr.3

**Leisure Education**

This course is designed to provide a philosophical understanding and overview of leisure education as well as to emphasize the approaches and strategies that can be utilized in enabling people to enhance the quality of their own lives in leisure. The focus will be leisure education as a major component of therapeutic recreation services. Topics included are leisure theory, leisure education conceptual models, leisure education programming techniques, facilitation of leisure education groups for various ages. Prerequisite: RTH 456/556, RTH 470/570. Gerontology students should have completed one core gerontology course and have permission from the director of therapeutic recreation. Offered Fall.

RTH 483/583 Cr.3

**Leisure Counseling in Therapeutic Recreation**

A course designed to demonstrate how leisure counseling has become an important phase of therapeutic recreation services. Students will practice intermediate level counseling skills. They will be able to conceptualize and implement leisure counseling services from assessment stage, implementation stages (both individual and group), to evaluation and referral stages. Students will learn strategies for dealing with different types of leisure-related problems. Prerequisite: RTH 470/570 and RTH 480/580. Offered Occasionally.

RTH 491/591 Cr.2

**Workshops in Therapeutic Recreation**

Group study of varying therapeutic recreation topics. University professors as well as visiting lecturers will be invited to address the students and conduct specialized phases of the workshops. Repeatable for credit under different subtitles. No student may earn more than six credits in REC 591 or RTH 591. Offered Occasionally.
RTH 493/593 Cr.3
Therapeutic Recreation Trends and Issues
This course provides an examination of current issues, trends and professionalization concerns in therapeutic recreation, including professional organizations, ethics, current legislation, professional development, professional standards, credentialing, accreditation standards, improving organizational performance, and current professional controversies. Course should be taken last fall semester prior to internship. Prerequisite: MTH 145 and RTH 456/556. Offered Fall, Spring.

RTH 700 Cr.1-6
Internship in Therapeutic Recreation
Application of therapeutic recreation leadership and administration methods/techniques through an on-the-job or laboratory experience. Study of a significant problem, development of professionally related competencies, and/or acquisition of job-related knowledge. Conducted on or off-campus under the direction of a faculty member. Repeatable for credit - maximum six. Prerequisite: therapeutic recreation graduate student, RTH 456/556, RTH 470/570, RTH 476/576, RTH 480/580, or equivalents and/or approval of graduate program director and internship coordinator. Offered Fall, Spring, Summer.

RTH 702 Cr.3
Foundations in Therapeutic Recreation
This course will provide a graduate level overview of Therapeutic Recreation including: historical and philosophical foundations of Therapeutic Recreation; disability education and medical language; and Service Learning applications. This course is specifically designed to help Therapeutic Recreation graduate students who do not have a Therapeutic Recreation undergraduate degree. Offered Fall.

RTH 730 Cr.3
Advanced Clinical Aspects/Therapeutic Recreation
An investigation of the concepts and techniques utilized by the experienced and advanced Therapeutic Recreation Specialist including clinical issues, comprehensive program concerns, administrative functions and trends in the practice of therapeutic recreation service. Offered Fall.

RTH 790 Cr.1-3
Advanced Seminar - Therapeutic Recreation
Various current professional and theoretical topics will be presented in workshop format. Visiting scholars will supplement faculty presentations. Repeatable for credit - maximum six. Offered Occasionally.

RTH 795 Cr.1-3
Independent Study in Therapeutic Recreation
Individualized study of areas not available in existing courses. Repeatable for credit - maximum six. Consent of instructor. Consent of department. Offered Fall, Spring, Summer.

RTH 797 Cr.1-3
Special Projects in Therapeutic Recreation
Students pursue individualized study areas not available in existing courses or independent study. These projects will be completed under the supervision and direction of a faculty member within the department of recreation management and therapeutic recreation. Examples include: wheelchair sports/coaching, special recreation programs, Special Olympics, development of professional materials/programs, and other topics. Repeatable for credit - maximum six. Prerequisite: consent of instructor and student’s adviser, REC 300 or RTH 456/556. Consent of instructor. Offered Fall, Spring, Summer.