Health Education: School Health Education Concentration - Master of Science

The Master of Science degree in school health education prepares professionals for positions in schools as licensed health education teachers and coordinators. Graduates gain an overview of the content areas of health and an in-depth understanding of behavior change, leadership styles and strategies, learning theories, instructional methods and materials, and curriculum design.

Graduates are prepared to:

• Provide leadership in establishing and maintaining a healthy school environment
• Understand public policy related to school health programs
• Demonstrate effective public relations and leadership methods
• Understand functions of community agencies
• Assist other teachers in upgrading skills and knowledge
• Evaluate the teaching-learning process to determine health needs and interests, students’ progress, and school health education success
• Conduct research and interpret the results of health-related research

Graduates are employed in:

• Public and private schools
• Regional education agencies
• State education agencies
• Public and private agencies
• And/or pursue further graduate education

Program requirements

Admission requirements

The following requirements must be satisfied in order to be admitted into the Master of Science degree program in health education and health promotion.

1. Students must receive acceptance to graduate study in health education and health promotion from the graduate admissions office. The letter of acceptance from the graduate admissions office may include an evaluation of previous academic work including deficiencies and/or specific prerequisite program requirements.

2. Applicants must be granted unconditional admission to graduate study (a 2.85 GPA or above will satisfy grade point requirement), or must be admitted on probation to graduate study.

3. Students must complete deficiencies as determined by the respective health education and health promotion graduate faculty.

All deficiencies and/or special prerequisites must be satisfied before the student has accumulated 12 graduate credits. Students have the option of completing these requirements prior to attending the university or prior to the accumulation of 12 graduate credits.

Appeals

Any student denied admission into the master’s program may request a program admission review. A written request for review must be submitted to the health education and health promotion department chair. This request will be forwarded to an appeals committee for the review of the admission status.

Curriculum

THESIS OPTION (32 credits)

Required courses:

Research core

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HED 706</td>
<td>Research Tools and Processes</td>
<td>6</td>
</tr>
<tr>
<td>HED 799</td>
<td>Research: Master’s Thesis</td>
<td>3</td>
</tr>
<tr>
<td>Total Credits</td>
<td></td>
<td>9</td>
</tr>
</tbody>
</table>

Health core

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>SHE 710</td>
<td>Leadership in Health Education</td>
<td>3</td>
</tr>
<tr>
<td>SHE 715</td>
<td>Health Education Curriculum and Pedagogy</td>
<td>3</td>
</tr>
<tr>
<td>SHE 720</td>
<td>Health Issues of Youth &amp; Adults</td>
<td>4</td>
</tr>
<tr>
<td>Total Credits</td>
<td></td>
<td>10</td>
</tr>
</tbody>
</table>

1 Students who do not have an undergraduate degree in health education also will be required to test out of or take SHE 705 Introduction to School Health Education (2 cr.).

Elective courses:

Minimum elective credits: 13 (11)

With an adviser’s approval, elective courses are selected to develop a health education emphasis (i.e., curriculum content, health as a lifestyle, administration, or adventure education). A maximum of 12 credits may be taken outside the Health Education and Health Promotion Department. Students who are seeking state health education certification can select elective courses to meet Wisconsin Department of Public Instruction (DPI) requirements.

NON-THESIS OPTION (32 Credits)

Required courses:

Research core

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HED 706</td>
<td>Research Tools and Processes</td>
<td>3</td>
</tr>
<tr>
<td>HED 798</td>
<td>Graduate Project in Health Education</td>
<td>3</td>
</tr>
<tr>
<td>Total Credits</td>
<td></td>
<td>6</td>
</tr>
</tbody>
</table>

Health core

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>SHE 710</td>
<td>Leadership in Health Education</td>
<td>3</td>
</tr>
<tr>
<td>SHE 715</td>
<td>Health Education Curriculum and Pedagogy</td>
<td>3</td>
</tr>
<tr>
<td>SHE 720</td>
<td>Health Issues of Youth &amp; Adults</td>
<td>4</td>
</tr>
<tr>
<td>Total Credits</td>
<td></td>
<td>10</td>
</tr>
</tbody>
</table>

1 Students who do not have an undergraduate degree in health education also will be required to test out of or take SHE 705 Introduction to School Health Education (2 cr.).

Elective courses:

Minimum elective credits: 16 (14)
With an adviser’s approval, elective courses are selected to develop a health education emphasis (i.e., curriculum content, health as a lifestyle, administration, or adventure education). A maximum of 12 credits may be taken outside the Health Education and Health Promotion Department. Students who are seeking state health education certification can select elective courses to meet Wisconsin Department of Public Instruction (DPI) requirements.

Degree requirements

UW-L graduate degree policy

After being admitted to the program of one’s choice, candidates for a graduate degree must:

1. Complete any preliminary course work and deficiencies.
2. Complete all courses and other program requirements, including residence requirements prescribed for the degree desired in the respective school or college within a seven-year period from the date of initial enrollment.
3. Earn at least one-half of the minimum number of credits required in the program in graduate-only level courses (non-slash courses).
4. Earn a cumulative grade point average of at least 3.00.
5. Satisfy thesis, seminar paper, terminal/graduate projects, or comprehensive examination, where applicable. A thesis approved by the committee must be submitted to the Director of Graduate Studies for approval at least two weeks before commencement. Ordinarily, a seminar paper or project report does not have to be approved by the Director of Graduate Studies. However, if the seminar paper or project report is to be archived in Murphy Library, the student must follow the same rules as they apply to the thesis requiring approval from the Director of Graduate Studies. For further research/thesis guidelines (http://www.uwlax.edu/Graduate-studies/Research/thesis-information), see the Office of Graduate Studies.
6. File a completed “Intent to Graduate” form online via the WINGS Student Center immediately following registration for the final semester or summer term in residence. December graduates and winter intersession should file by May 1. May and summer graduates should file by December 1.
7. Pay the graduation fee and remove all other indebtedness to the university. Payment of graduation fees does not imply readiness for graduation and does not take the place of applying for graduation.
8. Complete all requirements within 30 days after the official ending date of a term in order for a degree to be awarded for that term. (See #5 above for separate deadline for written capstone experience.)