ESS - Clinical Exercise Physiology Graduate Program

Clinical Exercise Physiology Program
Director: John Porcari
141 Mitchell Hall; 608.785.8684
Email: jporcari@uwlax.edu
www.uwlax.edu/grad/clinical-exercise-physiology/

The Master of Science in Clinical Exercise Physiology Program is a 46-credit program that provides the theoretical, laboratory, research and clinical experiences necessary for a career in a cardiopulmonary rehabilitation setting. Each year’s class (15 students) entering the four-semester program - summer, fall, spring, summer - receives practical, hands-on experience in Phases I and II cardiac rehabilitation, as well as graded exercise testing, in cooperation with area hospitals and clinics.

In addition, students participate in the on-campus La Crosse Exercise and Health Program (LEHP), which provides adult fitness, Phases III and IV cardiac rehabilitation programming, and health and nutrition services to over 300 participants each week. The required internship - three months during the last semester - presents opportunities for further experience at a site of the student’s choosing. The completion of a thesis project is required before the student is allowed to begin the internship.

Degree candidates typically have an undergraduate degree in physical education, fitness, exercise science, or other allied health related fields such as biology, health education, nursing, or physical therapy. A minimum undergraduate grade point average of 3.00 is required for admission. Application deadline is February 1 of each year.

Graduates are prepared to:

• Conduct graded exercise tests
• Design exercise programs for healthy and diseased populations
• Organize and administer adult fitness, corporate fitness, and cardiopulmonary rehabilitation programs

Graduates are employed in:

• Colleges and universities
• Adult fitness centers (public, private, and corporate)
• Clinic, hospital, and “free standing” rehabilitation facilities
• Sports medicine centers

Graduate degree

• Clinical exercise physiology - MS (http://catalog.uwlax.edu/graduate/programrequirements/clinicalexercisephysiology/clinical-exercise-physiology-ms)