Therapeutic Recreation (RTH) - Graduate Courses

Courses

RTH 400/500 Cr.3
Child Life Theory and Practice
This course introduces future certified child life specialists and others to theories and techniques of providing services to reduce anxiety of children and families in hospitals and alternative settings. This course develops understanding and affirmation of the values of supporting individual development, family-centered care, play, therapeutic relationships, developmentally appropriate communication, professional collaboration, defined clinical competencies, and research findings that examine the practice of child life. Prerequisite: PSY 210 or PSY 212 or CYC 301. Offered Spring.

RTH 401/501 Cr.2
Child Life Facilitation of Psychosocial Support
This course introduces future certified child life specialists and others to providing psychosocial support and intervention techniques that help children and families cope with stress from hospitalization or life events that disrupt normal development. Techniques for using play, recreation, creative arts modalities, and supportive activities including volunteer provision are explored. Prerequisite: PSY 210 or PSY 212 or CYC 301. Offered Fall.

RTH 402/502 Cr.3
Helping Children Cope with Grief and Loss
This online course provides in-depth knowledge of pediatric practice in the area of grief and death to students majoring in Therapeutic Recreation. The course will examine personal responses to grief and death; multicultural responses to grief and death; ethical and moral issues related to death and dying; how children deal with death and dying of a sibling or parent; and how children deal with their own impending death. The course will provide the current thoughts and practices necessary for students to prepare for the job market. Prerequisite: PSY 210 or PSY 212 or CYC 301. Offered Fall.

RTH 403/503 Cr.3
Helping Children Cope with and Manage Pain
The intent of this online course is to provide in-depth knowledge of pediatric practice in the area of coping and pain management for students majoring in Therapeutic Recreation. The course will examine: current thoughts and practices on the subject of pain and how it affects the body; tools that assess pain; ways to help children cope with their own pain; and techniques that supplement common pain medications. The course will provide the current thoughts and practices necessary for students to prepare for the job market. Prerequisite: PSY 210 or PSY 212 or CYC 301. Offered Spring.

RTH 404/504 Cr.3
Coping with Pediatric Disabling Condition
This online course provides in-depth knowledge of pediatric practice in the area of coping with pediatric disabling conditions for students majoring in Therapeutic Recreation. The course will examine common disabling conditions and diseases that affect infants, children, and adolescents; how these conditions affect the child and the family; and how chronically ill children are impacted at each stage of their development. The course will provide the current thoughts and practices necessary for students to prepare for the job market. PSY 210 or PSY 212 or CYC 301. Offered Summer.

RTH 456/556 Cr.3
Program Design and Administration of Therapeutic Recreation
This course is designed to present a rationale and foundation for systematic program design, program implementation and program evaluation in various therapeutic recreation settings. Prerequisite: MTH 145; RTH 326 or RTH 327. Offered Fall, Spring.

RTH 462/562 Cr.3
Inclusive Recreation Program Administration
This course is designed to provide the student with information relating to recreation in inclusive settings. General administration concepts, management concepts, advocacy, legislation, and therapeutic recreation as a related service in the schools will receive special emphasis in this course. Prerequisite: RTH 456/556. Offered Fall, Spring.

RTH 470/570 Cr.3
Facilitation Techniques in Therapeutic Recreation
This course presents an overview of concepts and interaction techniques used in the provision of goal-oriented therapeutic recreation services. Included are counseling techniques, leadership and instructional techniques appropriate for use in treatment, leisure education, and recreation participation. Prerequisite: MTH 145; RTH 326 or RTH 327 and RTH 456/556 or concurrent enrollment. Offered Fall, Spring.

RTH 474/574 Cr.3
Experiential Education: Facilitation Techniques for a Ropes Course
This course is designed to present in-depth information, skills and knowledge of the concepts and facilitation techniques used in experiential education. This course is primarily designed using the ropes and challenge course on the UW-L campus. Prerequisite: students must provide a statement of health and complete an assumption of risk/waiver. Offered Occasionally.

RTH 476/576 Cr.3
Assessment and Treatment Planning in Therapeutic Recreation
Overview of individual client assessments used in therapeutic recreation practice; development of individualized treatment/program plans in a therapeutic recreation context; review resources, standards and issues related to client assessment and program planning in therapy, leisure education and recreation participation programs. Prerequisite: RTH 456/556, RTH 470/570. Offered Fall, Spring.

RTH 480/580 Cr.3
Leisure Education
This course is designed to provide a philosophical understanding and overview of leisure education as well as to emphasize the approaches and strategies that can be utilized in enabling people to enhance the quality of their own lives in leisure. The focus will be leisure education as a major component of therapeutic recreation services. Topics included are leisure theory, leisure education conceptual models, leisure education programming techniques, facilitation of leisure education groups for various ages. Prerequisite: RTH 456/556, RTH 470/570. Gerontology students should have completed one core gerontology course and have permission from the director of therapeutic recreation. Offered Fall.

RTH 483/583 Cr.3
Leisure Counseling in Therapeutic Recreation
A course designed to demonstrate how leisure counseling has become an important phase of therapeutic recreation services. Students will practice intermediate level counseling skills. They will be able to conceptualize and implement leisure counseling services from assessment stage, implementation stages (both individual and group), to evaluation and referral stages. Students will learn strategies for dealing with different types of leisure-related problems. Prerequisite: RTH 470/570 and RTH 480/580. Offered Occasionally.
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**Therapeutic Recreation (RTH) - Graduate Courses**

**RTH 491/591 Cr.2**

**Workshops in Therapeutic Recreation**

Group study of varying therapeutic recreation topics. University professors as well as visiting lecturers will be invited to address the students and conduct specialized phases of the workshops. Repeatable for credit under different subtitles. No student may earn more than six credits in REC 591 or RTH 591. Offered Occasionally.

**RTH 493/593 Cr.3**

**Therapeutic Recreation Trends and Issues**

This course provides an examination of current issues, trends and professionalization concerns in therapeutic recreation, including professional organizations, ethics, current legislation, professional development, professional standards, credentialing, accreditation standards, improving organizational performance, and current professional controversies. Course should be taken last fall semester prior to internship. Prerequisite: MTH 145 and RTH 456/556. Offered Fall, Spring.

**RTH 700 Cr.1-6**

**Internship in Therapeutic Recreation**

Application of therapeutic recreation leadership and administration methods/techniques through an on-the-job or laboratory experience. Study of a significant problem, development of professionally related competencies, and/or acquisition of job-related knowledge. Conducted on or off-campus under the direction of a faculty member. Repeatable for credit - maximum six. Prerequisite: therapeutic recreation graduate student, RTH 456/556, RTH 470/570, RTH 476/576, RTH 480/580, or equivalents and/or approval of graduate program director and internship coordinator. Offered Fall, Spring, Summer.

**RTH 702 Cr.3**

**Foundations in Therapeutic Recreation**

This course will provide a graduate level overview of Therapeutic Recreation including: historical and philosophical foundations of Therapeutic Recreation; disability education and medical language; and Service Learning applications. This course is specifically designed to help Therapeutic Recreation graduate students who do not have a Therapeutic Recreation undergraduate degree. Offered Fall.

**RTH 730 Cr.3**

**Advanced Clinical Aspects/Therapeutic Recreation**

An investigation of the concepts and techniques utilized by the experienced and advanced Therapeutic Recreation Specialist including clinical issues, comprehensive program concerns, administrative functions and trends in the practice of therapeutic recreation service. Offered Fall.

**RTH 790 Cr.1-3**

**Special Projects in Therapeutic Recreation**

Students pursue individualized study areas not available in existing courses or independent study. These projects will be completed under the supervision and direction of a faculty member within the department of recreation management and therapeutic recreation. Examples include: wheelchair sports/coaching, special recreation programs, Special Olympics, development of professional materials/programs, and other topics. Repeatable for credit - maximum six. Prerequisite: consent of instructor and student’s adviser, REC 300 or RTH 456/556. Consent of instructor. Offered Fall, Spring, Summer.

**RTH 797 Cr.1-3**

**Independent Study in Therapeutic Recreation**

Individualized study of areas not available in existing courses. Repeatable for credit - maximum six. Consent of instructor. Consent of department. Offered Fall, Spring, Summer.